Good vibes with an overflowing cup

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.6 × 4 in (11.7 × 10.2 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Grass heads, harebell mouths, daisy petals, daisy hearts, yellow petals, pink buds, flower cups, lilac petals, lilac domes, saucer, handle, and 3 more
2. **Fishbone stitch**, 2 strands
   Leaves
3. **Long and short stitch**, 1 strand
   Harebells, pink petals, cup
4. **Stem stitch**, strands by part on page 2
   Grass stems, flower stems, saucer edge, saucer band, cup edge, lip, cup band, cup vine, words
5. **Split stitch**, 1 strand
   Harebell edges, heart shade
6. **Straight stitch**, 2 strands
   Sepals
7. **Back stitch**, 1 strand
   Daisy edges, yellow edges, petal edges, lilac edges, saucer ring
8. **French knot**
   strands by part on page 2, two wraps
   Sepals, daisy hearts, flower hearts, lilac domes, forget-me-nots, cup berries, words

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 988 Medium Forest Green**
  Leaves (middle), grass stems and flower cups, sepals (lighter)
- **2 DMC 782 Dark Topaz**
  Yellow edges, grass heads and heart shade, flower hearts (darker)
- **3 DMC 986 Very Dark Forest Green**
  Flower stems, leaves (dark), sepals (darker)
- **4 DMC 3348 Light Yellow Green** Leaves (light)
- **5 DMC 333 Very Dark Blue Violet**
  Lilac edges, harebell edges and harebell mouths, lilac domes (darker), harebells (dark)
- **6 DMC 340 Medium Blue Violet**
  Lilac petals (darker), harebells (middle), lilac domes (lighter)
- **7 DMC 3747 Very Light Blue Violet** Lilac petals (lighter), harebells (light)
- **8 DMC 3756 Ultra Very Light Baby Blue**
  Daisy petals (darker), cup, saucer and handle (middle)
- **9 DMC BLANC White** Cup, saucer and handle (light), daisy petals (lighter)
- **10 DMC 3752 Very Light Antique Blue**
  Saucer, handle and cup (dark), daisy edges (lighter), foot
- **11 DMC 743 Medium Yellow**
  Yellow petals and daisy hearts, flower hearts (lighter)
- **12 DMC 3733 Dusty Rose** Pink petals (light)
- **13 DMC 3350 Ultra Dark Dusty Rose** Petal edges, pink petals (dark)
- **14 DMC 3731 Very Dark Dusty Rose** Pink petals (middle), pink buds
- **15 DMC 798 Dark Delft Blue**
  Saucer band, forget-me-nots, saucer ring, cup band and cup berries, cup leaves (lighter)
- **16 DMC 796 Dark Royal Blue**
  Cup edge, saucer edge, lip and cup vine, cup leaves (darker)
- **17 DMC 931 Medium Antique Blue** Cup inside, daisy edges (darker)
- **18 DMC 820 Very Dark Royal Blue** Words

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Good vibes with an overflowing cup

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 988 Medium Forest Green	7	DMC 3747 Very Light Blue Violet	13	DMC 3350 Ultra Dark Dusty Rose
2	DMC 782 Dark Topaz	8	DMC 3756 Ultra Very Light Baby Blue	14	DMC 3731 Very Dark Dusty Rose
3	DMC 986 Very Dark Forest Green	9	DMC BLANC White	15	DMC 798 Dark Delft Blue
4	DMC 3348 Light Yellow Green	10	DMC 3752 Very Light Antique Blue	16	DMC 796 Dark Royal Blue
5	DMC 333 Very Dark Blue Violet	11	DMC 743 Medium Yellow	17	DMC 931 Medium Antique Blue
6	DMC 340 Medium Blue Violet	12	DMC 3733 Dusty Rose	18	DMC 820 Very Dark Royal Blue

How many strands

Stem stitch. 3 strands: words; 2 or 3 strands: lip; 1 to 3 strands: flower stems; 2 strands: grass stems, saucer edge, cup edge; 1 strand: saucer band, cup band, cup vine.
French knot. 2 strands: forget-me-nots, cup berries, words; 1 strand: sepals, daisy hearts, flower hearts, lilac domes.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Good vibes with an overflowing cup

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Good vibes with an overflowing cup

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.