Grandma’s kitchen

6 inch (15 cm) hoop, 4.6 × 4.9 in (11.7 × 12.4 cm)



Colors by number: page 2.
Fabric: navy cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of navy cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

14 colors of floss (page 2): one skein of each color (an estimate from the drawing’s lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Straight stitch**, 4 strands, color 8
   Bird legs



2. **Stem stitch**, colors 2, 8
   4 strands: boughs
   2 strands: lines of the bird crests

3. **Satin stitch**, 2 strands
   Vines, small leaves, blue flowers, flower centers, coral flowers, marigolds, tulips, tulip drops, dots, bird tails, tail drops, bird bills, birds, bird collars, bird eyes, bird wings, great rose, rose centers, heart, words



4. **Fishbone stitch**
   2 strands, colors 1, 2
   Leaves



5. **Split stitch**, colors 8, 12, 13
   2 strands: lines of the heart
   1 strand: edges of the words

6. **French knot**
   two wraps, colors 8, 9, 10, 13
   2 strands: knots of the flower centers, knots of the bird crests, knots of the rose centers
   1 strand: knots of the bird eyes



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3847 Dark Teal Green	6	DMC 3841 Pale Baby Blue	11	DMC 3852 Very Dark Straw
2	DMC 563 Light Jade	7	DMC 350 Medium Coral	12	DMC 353 Peach
3	DMC 471 Very Light Avocado Green	8	DMC 3821 Straw	13	DMC 712 Cream
4	DMC 322 Dark Baby Blue	9	DMC 352 Light Coral	14	DMC 823 Dark Navy Blue
5	DMC 3755 Baby Blue	10	DMC 817 Very Dark Coral Red		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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