Gratitude

6 inch (15 cm) hoop, 4.8 × 4.9 in (12.2 × 12.4 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

21 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Fly stitch**, 2 strands
   Lines of the oak leaves



2. **Long and short stitch**
   1 strand
   Limb, oak leaves (colors 7, 8 and 11), tail, body, rump, wing feathers, shoulder, head, throat



3. **Trellis stitch**, 2 strands
   Oak leaves (colors 7, 8 and 11)



4. **Satin stitch**, 2 strands
   Cut end, oak leaves, acorns, acorn cups, white patch, blue wing patch, moustache, beak, eye ring, eye, words



5. **Stem stitch**
   1 strand: edges of the cut end, acorn edges
   3 strands: leaf stalks, acorn stalks, legs
   2 strands: leaf edges, leaf veins, feet

6. **Chain stitch**, 2 strands
   Lines of the oak leaves, leaf veins (color 8)



7. **Trellis stitch**, 1 strand
   Edges of the acorn cups



8. **Straight stitch**, 1 strand
   Wing bars, crown streaks, eye highlight



9. **Split stitch**, 1 strand
   Leaf veins, feather edges, body edge, edges of the words

10. **French knot**, 1 strand, two wraps
    Knots of the oak leaves



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 433 Medium Brown	8	DMC 730 Very Dark Olive Green	15	DMC 796 Dark Royal Blue
2	DMC 898 Very Dark Coffee Brown	9	DMC 733 Medium Olive Green	16	DMC 3064 Desert Sand
3	DMC 435 Very Light Brown	10	DMC 3347 Medium Yellow Green	17	DMC 3772 Very Dark Desert Sand
4	DMC 783 Medium Topaz	11	DMC 3346 Hunter Green	18	DMC 950 Light Desert Sand
5	DMC 918 Dark Red Copper	12	DMC 895 Very Dark Hunter Green	19	DMC 712 Cream
6	DMC 922 Light Copper	13	DMC 780 Ultra Very Dark Topaz	20	DMC 3325 Light Baby Blue
7	DMC 920 Medium Copper	14	DMC 3799 Very Dark Pewter Gray	21	DMC 798 Dark Delft Blue

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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Gratitude

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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