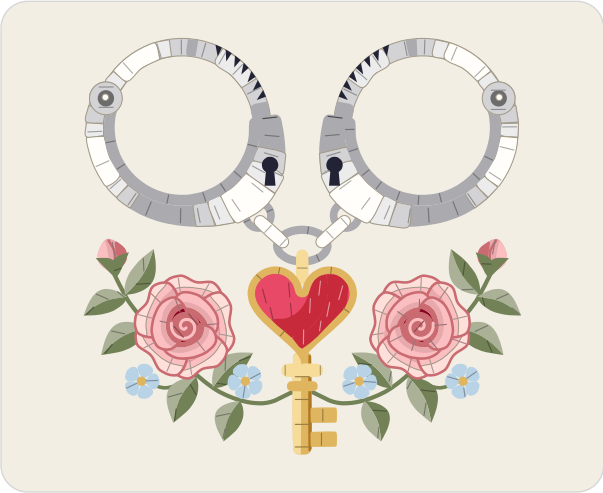
Handcuffs with a heart key

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.3 × 4.1 in (10.9 × 10.4 cm).



Which color goes where.

Stitches

- **Satin stitch**, 2 strands
  Chain, cuff bows, ratchet teeth, cuff plates, plate bevels, hinges, hinge pins, keyholes, bud sepals, rose hearts, forget-me-nots, and 5 more
- **French knot**, 2 strands, two wraps
  Pin lights, flower eyes
- **Stem stitch**, 2 to 4 strands
  Stems, rose swirls
- **Fishbone stitch**, 2 strands
  Leaves
- **Long and short stitch**, 1 strand
  Rosebuds, roses, heart
- **Split stitch**, 1 strand
  Petal edges

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **DMC 318 Light Steel Gray**
  Cuff plates and cuff bows (darkest), plate bevels, chain (darker)
- **DMC 415 Pearl Gray**
  Cuff bows and cuff plates (dark), hinges
- **DMC 762 Very Light Pearl Gray**
  Cuff plates and cuff bows (light)
- **DMC BLANC White**
  Cuff plates and cuff bows (lightest), chain (lighter), pin lights
- **DMC 310 Black** Keyholes and ratchet teeth
- **DMC 317 Pewter Gray** Hinge pins
- **DMC 3363 Medium Pine Green**
  Leaves (darker), stems and bud sepals
- **DMC 523 Light Fern Green** Leaves (lighter)
- **DMC 3688 Medium Mauve**
  Roses and rosebuds (middle)
- **DMC 3687 Mauve**
  Roses and rosebuds (dark), petal edges and rose hearts
- **DMC 3689 Light Mauve**
  Roses and rosebuds (light), rose swirls
- **DMC 818 Baby Pink** Roses (lightest)
- **DMC 815 Medium Garnet** Roses (darkest)
- **DMC 3325 Light Baby Blue** Forget-me-nots
- **DMC 3820 Dark Straw**
  Heart rim, key bits and flower eyes, key shaft (middle), key collar (darker)
- **DMC 3822 Light Straw**
  Key shaft (light), key collar (lighter), key loop
- **DMC 782 Dark Topaz** Key shaft (dark)
- **DMC 3801 Very Dark Melon** Heart (lighter)
- **DMC 321 Red** Heart (darker)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

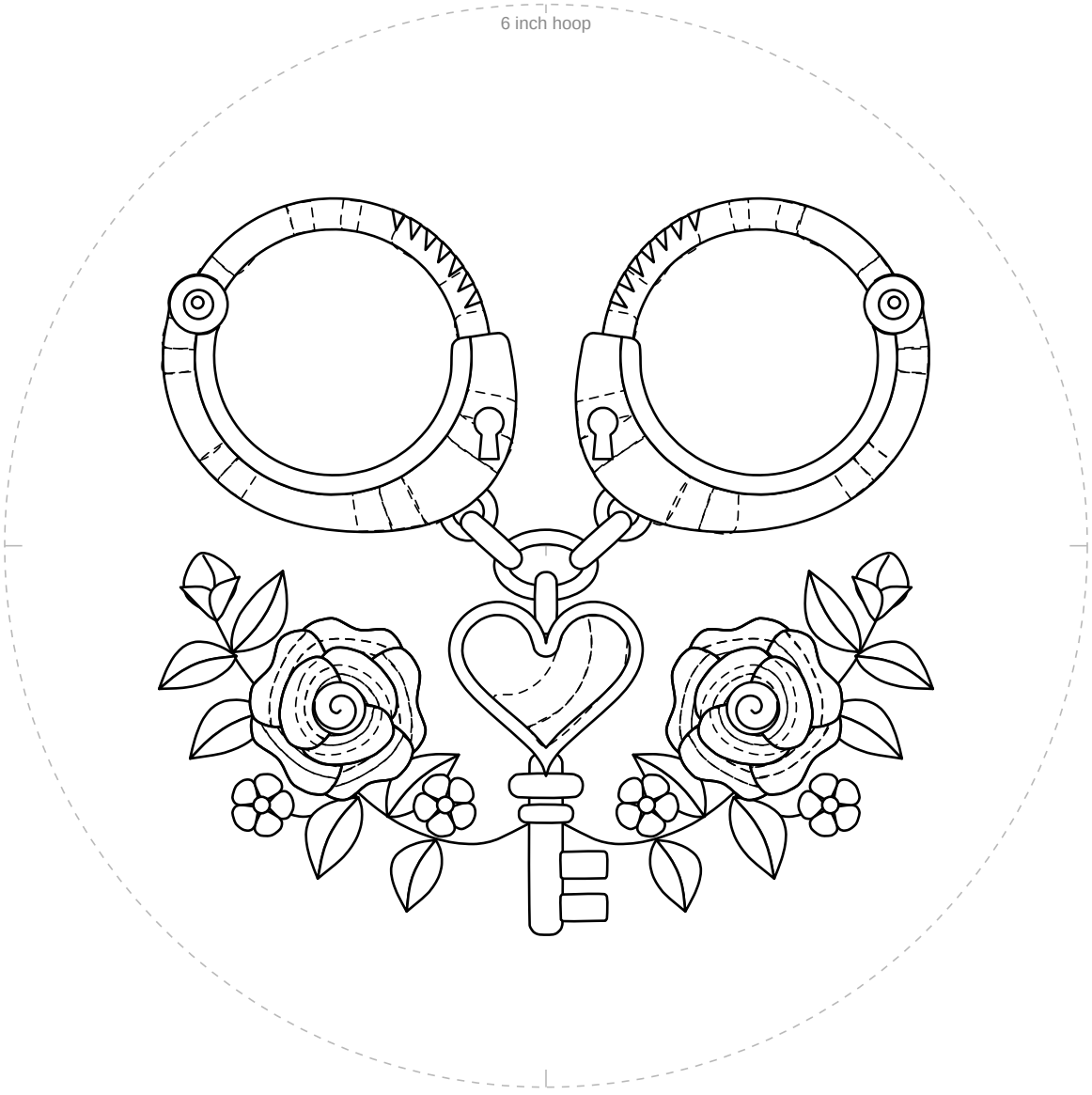
Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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Handcuffs with a heart key

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

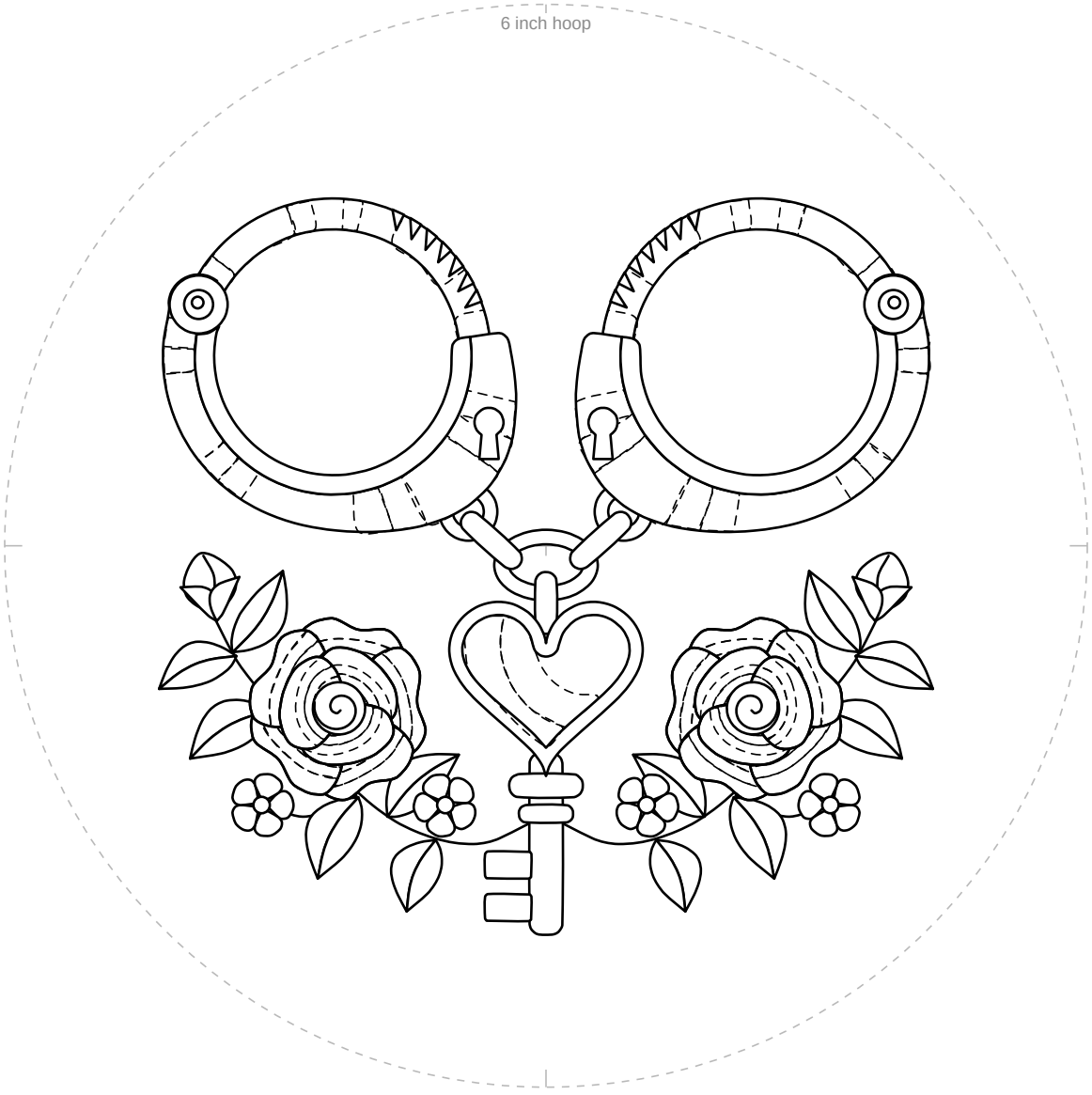
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Handcuffs with a heart key

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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