Happiness is homemade, kneading bread

6 inch (15 cm) hoop, 4.9 × 4.9 in (12.4 × 12.4 cm)



Colors by number: page 2.
Fabric: teal cotton or linen.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

Buy: 21 colors of floss (page 2), 2 skeins of DMC 922; one of each other color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of teal cotton or linen, a white pencil.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Straight stitch**, 1 strand
   Wheat awns
2. **Stem stitch**, 3 strands
   Wheat stems
3. **Long and short stitch**
   1 strand: dough, heart hollow, rolling pin, scraper blade
   2 strands: hands and forearms, sleeves, flour (color 5), butter dish (color 5), eggs, eggshell
4. **Satin stitch**, 2 strands
   Fingernails, rolled cuffs, wheat grains, wheat tie, pin handles, bowl rim, bowl stripe, spoon, flour (color 5), butter dish (color 1), dish stripe, butter, shell inside, scraper handle, words
5. **Back stitch**, 1 strand
   Butter edges
6. **Straight stitch**, 2 strands
   Yolk highlight
7. **Stem stitch**, 3 strands
   Table edge, lines of the ring
8. **Split stitch**
   2 strands: dough edge, heart edge
   1 strand: dough folds, hand edges, knuckle lines, edges of the sleeves, cuff edges, edges of the rolling pin, yolk edge, edges of the scraper blade, edges of the words
9. **Padded satin stitch**, 2 strands
   Yolk
10. **French knot**, 2 strands, two wraps
    Scraper rivets, knots of the ring

Take out lines that still show, press face down, finish the hoop.

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 739 Ultra Very Light Tan	8	DMC 3772 Very Dark Desert Sand	15	DMC 783 Medium Topaz
2	DMC 436 Tan	9	DMC 407 Dark Desert Sand	16	DMC 3822 Light Straw
3	DMC 437 Light Tan	10	DMC 898 Very Dark Coffee Brown	17	DMC 3820 Dark Straw
4	DMC 738 Very Light Tan	11	DMC 402 Very Light Mahogany	18	DMC 930 Dark Antique Blue
5	DMC 712 Cream	12	DMC 922 Light Copper	19	DMC 745 Light Pale Yellow
6	DMC 632 Ultra Very Dark Desert Sand	13	DMC 921 Copper	20	DMC 743 Medium Yellow
7	DMC 801 Dark Coffee Brown	14	DMC 918 Dark Red Copper	21	DMC 3752 Very Light Antique Blue

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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