Head and neck cancer ribbon with a wren

6 inch (15 cm) hoop, 4.6 × 4.6 in (11.7 × 11.7 cm)



Colors by number: page 2.
Fabric: sage green cotton or linen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Main stem, branches
2. **Fishbone stitch**, 2 strands
   Leaves, bud cups, bloom sepals
3. **Long and short stitch**, 1 strand
   Buds, petals, tail, breast, head and back, wing
4. **Trellis stitch**, 2 strands
   Trellis heart
5. **Stem stitch**, 3 strands
   Burgundy half
6. **Satin stitch**, 2 strands
   Scrolling leaves, bloom collar, ivory half, eye, bill
7. **Fly stitch**, 2 strands
   Fly leaves (color 3)
8. **Stem stitch**
   2 strands: tendrils, leaf veins, petal edges, trellis edge, ivory edge, burgundy edge, brow
   1 strand: fly leaves (color 3), bud edges
9. **Straight stitch**
   1 strand: petal veins, tail bars, wing bars, eye highlight
   2 strands: legs, feet
10. **French knot**, 1 strand, two wraps
    Knots of the trellis heart

Take out lines that still show, press face down, finish the hoop or sew a pillow.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

Buy: 15 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of sage green cotton or linen, a water-soluble pen.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 934 Black Avocado Green	6	DMC 712 Cream	11	DMC 3721 Dark Shell Pink
2	DMC 3363 Medium Pine Green	7	DMC 3790 Ultra Dark Beige Gray	12	DMC 3722 Medium Shell Pink
3	DMC 3362 Dark Pine Green	8	DMC 842 Very Light Beige Brown	13	DMC 437 Light Tan
4	DMC 3364 Pine Green	9	DMC 814 Dark Garnet	14	DMC 434 Light Brown
5	DMC 739 Ultra Very Light Tan	10	DMC 3685 Very Dark Mauve	15	DMC 801 Dark Coffee Brown

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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