Heart and sole, boots and a cactus

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.7 in (11.9 × 11.9 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Long and short stitch**, 1 strand
   Sand, cactus, pink flowers, hat, boot shafts, boot feet
2. **Satin stitch**, 2 strands
   Rope, rope wrap, hat band, prickly pear, pink flowers, yellow flowers, white flowers, boot heels, boot soles, boot diamonds, boot straps, words
3. **Fishbone stitch**, 2 strands
   Leaves
4. **Straight stitch**, strands by part on page 2
   Rope twist, rope ends, rope wrap, spines, grass
5. **Stem stitch**, strands by part on page 2
   Rope shade, flower stems, boot toe edge
6. **Back stitch**, 1 strand
   Cactus ribs, boot heels
7. **Split stitch**, strands by part on page 2
   Hat crease, prickly pear, boot seams, boot tops, boot scrolls, words
8. **Fly stitch**, 1 strand
   Spines
9. **Lazy daisy stitch**, 2 strands
   Boot scrolls
10. **French knot**, 1 to 2 strands, two wraps
    Flower hearts, blue flowers

Floss

- **1 DMC 3046 Medium Yellow Beige** Rope, sand and hat (light)
- **2 DMC 420 Dark Hazelnut Brown**
  Rope twist, rope shade and hat crease, sand and hat (darkest)
- **3 DMC 3045 Dark Yellow Beige** Sand and hat (dark), rope ends
- **4 DMC 677 Very Light Old Gold**
  Hat and sand (lightest), white flowers (darker)
- **5 DMC 355 Dark Terra Cotta**
  Boot shafts (dark), hat band, rope wrap (lighter)
- **6 DMC 3857 Dark Rosewood**
  Words, boot shafts (darkest), rope wrap (darker)
- **7 DMC 3364 Pine Green** Cactus, leaves and prickly pear (light)
- **8 DMC 3362 Dark Pine Green**
  Leaves, cactus and prickly pear (dark), flower stems and cactus ribs
- **9 DMC 3363 Medium Pine Green**
  Cactus, prickly pear and leaves (middle), grass
- **10 DMC 712 Cream**
  Boot scrolls, spines, boot tops and boot seams, white flowers (lighter)
- **11 DMC 3733 Dusty Rose** Pink flowers (light)
- **12 DMC 3731 Very Dark Dusty Rose** Pink flowers (middle)
- **13 DMC 3820 Dark Straw**
  Yellow flowers (lighter), flower hearts (light), boot diamonds
- **14 DMC 932 Light Antique Blue** Blue flowers (lighter)
- **15 DMC 931 Medium Antique Blue** Blue flowers (darker)
- **16 DMC 782 Dark Topaz** Yellow flowers (darker), flower hearts (middle)
- **17 DMC 801 Dark Coffee Brown** Boot feet and flower hearts (dark)
- **18 DMC 3350 Ultra Dark Dusty Rose** Pink flowers (dark)
- **19 DMC 3371 Black Brown** Boot soles, boot heels (dark)
- **20 DMC 3830 Terra Cotta** Boot shafts (light)
- **21 DMC 898 Very Dark Coffee Brown**
  Boot feet (darkest), boot heels (middle)
- **22 DMC 433 Medium Brown** Boot feet and boot heels (light), boot straps
- **23 DMC 3778 Light Terra Cotta** Boot shafts (lightest)
- **24 DMC 435 Very Light Brown** Boot feet (lightest), boot toe edge

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3046 Medium Yellow Beige	9	DMC 3363 Medium Pine Green	17	DMC 801 Dark Coffee Brown
2	DMC 420 Dark Hazelnut Brown	10	DMC 712 Cream	18	DMC 3350 Ultra Dark Dusty Rose
3	DMC 3045 Dark Yellow Beige	11	DMC 3733 Dusty Rose	19	DMC 3371 Black Brown
4	DMC 677 Very Light Old Gold	12	DMC 3731 Very Dark Dusty Rose	20	DMC 3830 Terra Cotta
5	DMC 355 Dark Terra Cotta	13	DMC 3820 Dark Straw	21	DMC 898 Very Dark Coffee Brown
6	DMC 3857 Dark Rosewood	14	DMC 932 Light Antique Blue	22	DMC 433 Medium Brown
7	DMC 3364 Pine Green	15	DMC 931 Medium Antique Blue	23	DMC 3778 Light Terra Cotta
8	DMC 3362 Dark Pine Green	16	DMC 782 Dark Topaz	24	DMC 435 Very Light Brown

How many strands

Straight stitch. 3 strands: rope wrap; 2 strands: rope ends, grass; 1 strand: rope twist, spines.
Stem stitch. 3 strands: rope shade; 2 strands: flower stems, boot toe edge.
Split stitch. 2 strands: boot seams, boot tops, boot scrolls; 1 strand: hat crease, prickly pear, words.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Heart and sole, boots and a cactus

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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