Heart box of chocolates

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.5 × 4.2 in (11.4 × 10.7 cm).



Which color goes where: by number on page 2.
Fabric: blush pink cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Satin stitch**, 2 strands
   Lid rim, ribbon, bow tails, bow folds, box rim, pleated cups, violet, piped swirl, empty cup
2. **Long and short stitch**, 1 strand
   Lid, box floor, dark dome, white chocolate, piped swirl, nut cluster, striped round
3. **Padded satin stitch**, 2 strands
   Bow, bow knot, dark dome, ruby heart, shell
4. **Fishbone stitch**, 2 strands
   Violet leaves
5. **Woven filling stitch**, 4 strands
   Caramel square
6. **Stem stitch**, strands by part on page 2
   Box edge, piped swirl, shadow line, cup fold
7. **Couching**, 4 strands
   Lid cord, box cord
8. **Split stitch**, strands by part on page 2
   Ribbon edges, shadow line, cup fold
9. **Straight stitch**, strands by part on page 2
   Bow folds, shine, shell ribs, icing stripes
10. **Lazy daisy stitch**, 1 strand
    Piped flower
11. **French knot**
    strands by part on page 2, two wraps
    Piped flower, violet heart, piped swirl, salt, nut cluster

Floss

- **1 DMC 498 Dark Red** Lid rim, lid and box rim (middle)
- **2 DMC 814 Dark Garnet**
  Lid, lid rim, box rim and shadow line (dark), box floor and box edge
- **3 DMC 3831 Dark Raspberry** Box rim, lid and lid rim (light)
- **4 DMC 3820 Dark Straw**
  Pleated cups (darker), lid cord and box cord (lighter) and 3 more parts
- **5 DMC 782 Dark Topaz**
  Caramel square, lid cord and box cord (darker), empty cup (middle), cup fold (lighter)
- **6 DMC 3350 Ultra Dark Dusty Rose**
  Ribbon (darker), ribbon edges and bow folds, bow tails and bow (dark) and 2 more parts
- **7 DMC 3731 Very Dark Dusty Rose**
  Bow tails, ruby heart, bow and bow knot (middle), ribbon (lighter)
- **8 DMC 3733 Dusty Rose**
  Bow, ruby heart, bow tails and bow knot (light)
- **9 DMC 3822 Light Straw** Pleated cups (lighter)
- **10 DMC 938 Ultra Dark Coffee Brown**
  Dark dome and striped round (dark), shadow line and piped swirl (darkest), shell ribs
- **11 DMC 801 Dark Coffee Brown**
  Piped swirl (dark), nut cluster (darkest), dark dome (middle) and 4 more parts
- **12 DMC 433 Medium Brown**
  Striped round (light), shell (middle), nut cluster (dark) and 3 more parts
- **13 DMC 435 Very Light Brown**
  Piped swirl and shadow line (lightest), nut cluster (light) and 2 more parts
- **14 DMC 3865 Winter White**
  White chocolate (lighter), icing stripes, salt and shine
- **15 DMC 739 Ultra Very Light Tan**
  Nut cluster (lightest), white chocolate (darker)
- **16 DMC 3346 Hunter Green** Violet leaves
- **17 DMC 333 Very Dark Blue Violet** Violet

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Heart box of chocolates

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 498 Dark Red	**7**	DMC 3731 Very Dark Dusty Rose	**13**	DMC 435 Very Light Brown
2	DMC 814 Dark Garnet	**8**	DMC 3733 Dusty Rose	**14**	DMC 3865 Winter White
3	DMC 3831 Dark Raspberry	**9**	DMC 3822 Light Straw	**15**	DMC 739 Ultra Very Light Tan
4	DMC 3820 Dark Straw	**10**	DMC 938 Ultra Dark Coffee Brown	**16**	DMC 3346 Hunter Green
5	DMC 782 Dark Topaz	**11**	DMC 801 Dark Coffee Brown	**17**	DMC 333 Very Dark Blue Violet
6	DMC 3350 Ultra Dark Dusty Rose	**12**	DMC 433 Medium Brown		

How many strands

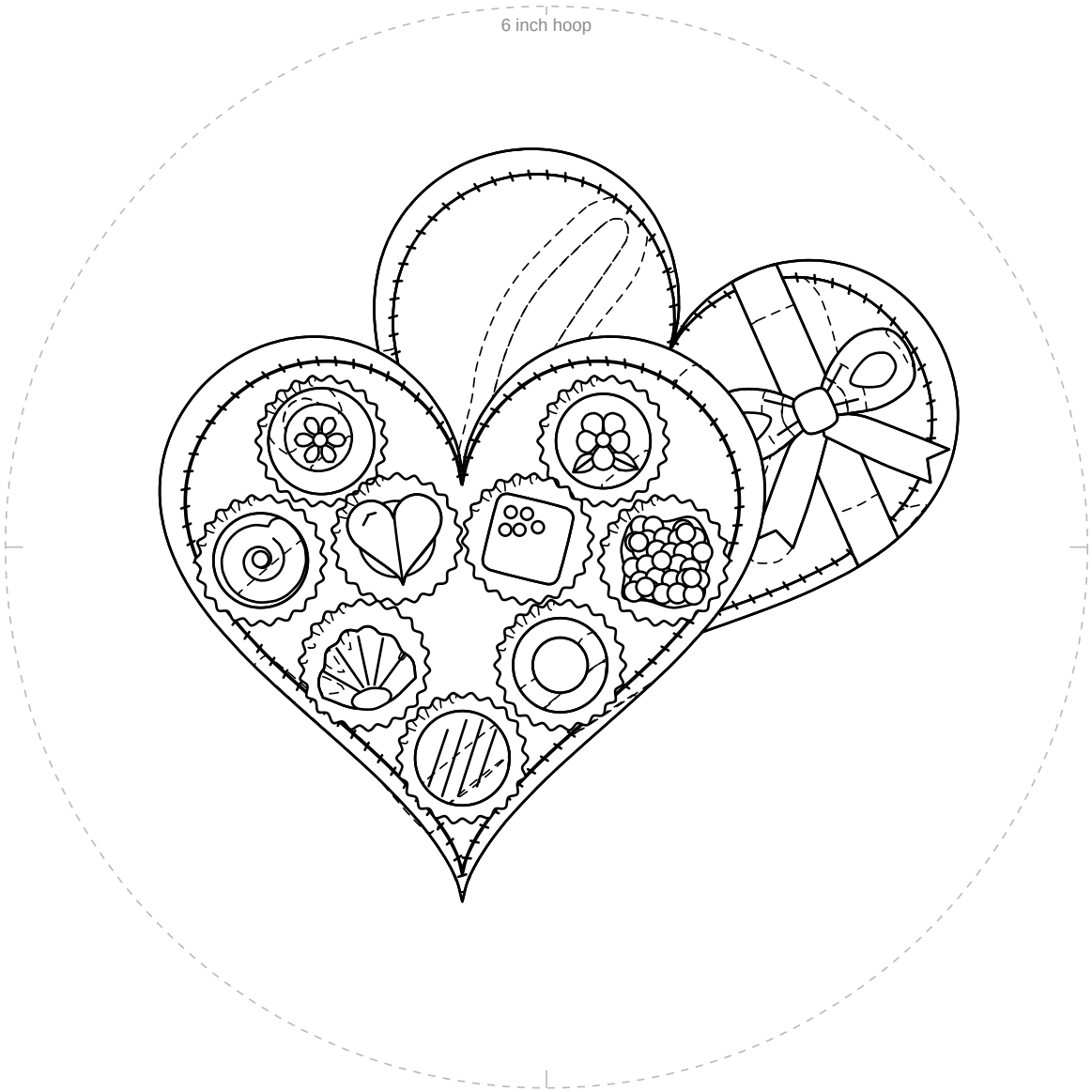
Stem stitch. 3 strands: shadow line; 2 strands: box edge, cup fold; 1 strand: piped swirl.
Split stitch. 1 or 2 strands: shadow line; 1 strand: ribbon edges, cup fold.
Straight stitch. 3 strands: icing stripes; 2 strands: shine; 1 strand: bow folds, shell ribs.
French knot. 2 strands: piped flower, violet heart, piped swirl, nut cluster; 1 strand: salt.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

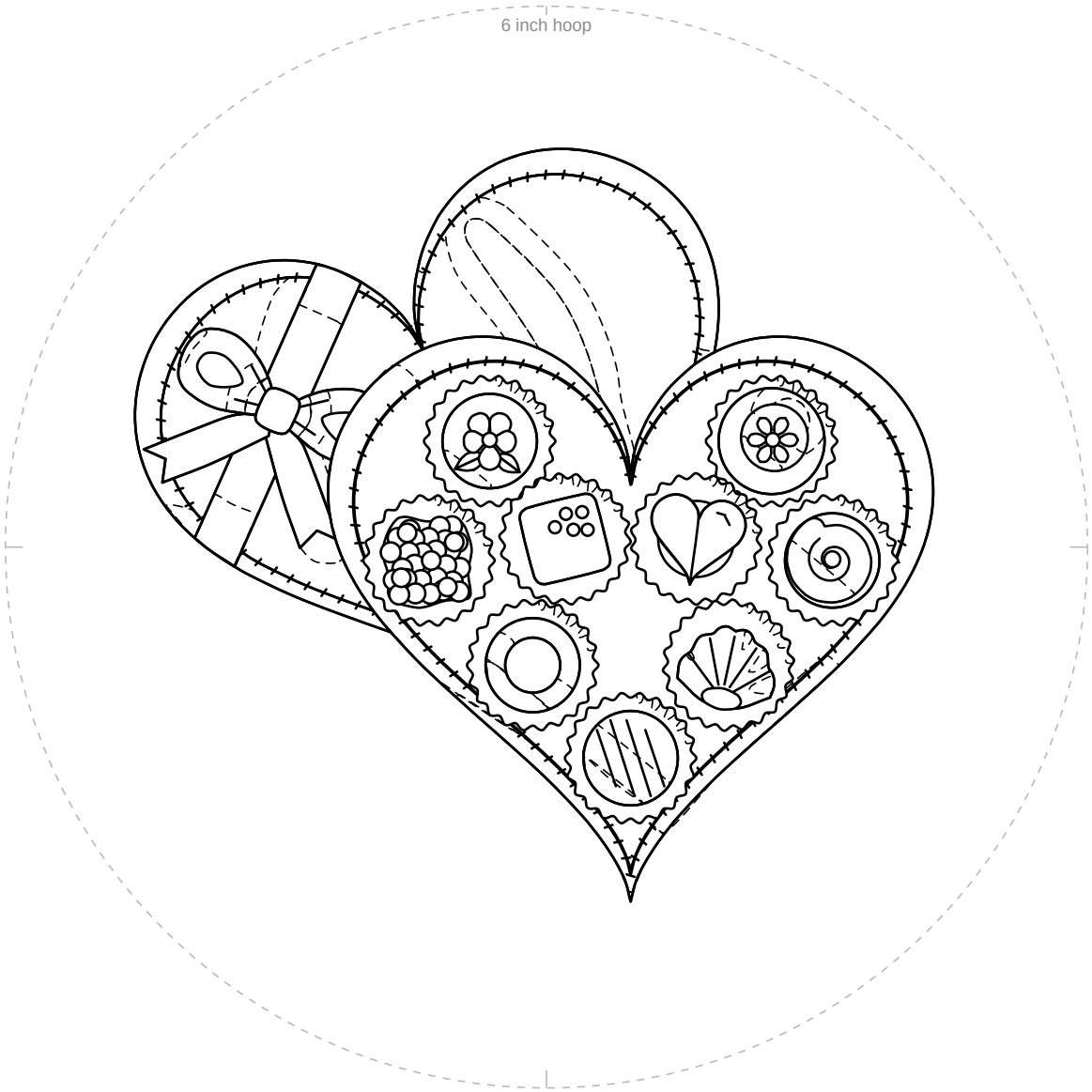
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Heart box of chocolates

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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