Heart key with a bow

6 inch (15 cm) hoop, 4.2 × 4.5 in (10.7 × 11.4 cm)



Colors by number: page 2.
Fabric: navy cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of navy cotton or linen.

An embroidery needle, size 9.

20 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Fishbone stitch**
   2 strands, colors 1, 2, 3
   Leaves



2. **Satin stitch**
   2 strands, colors 1, 3, 4, 5, 6, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20
   Rosebuds, sepals, ribbon reverse, bow tails, tip, collar rings, cleft ball, bow loops, rose centers



3. **Long and short stitch**
   1 strand, colors 4, 5, 6, 7, 15, 16, 17, 18, 19, 20
   Rosebuds, bit, shaft, heart, roses



4. **Padded satin stitch**
   2 strands, colors 8, 11, 12, 13, 14
   Little heart, knot



5. **Stem stitch**, colors 1, 4, 17
   2 or 3 strands: spray stems
   2 strands: filigree
   1 strand: rose centers

6. **Split stitch**
   1 strand, colors 4, 10, 18
   Rosebud folds, ribbon edges, key edge, little heart edge, rose folds

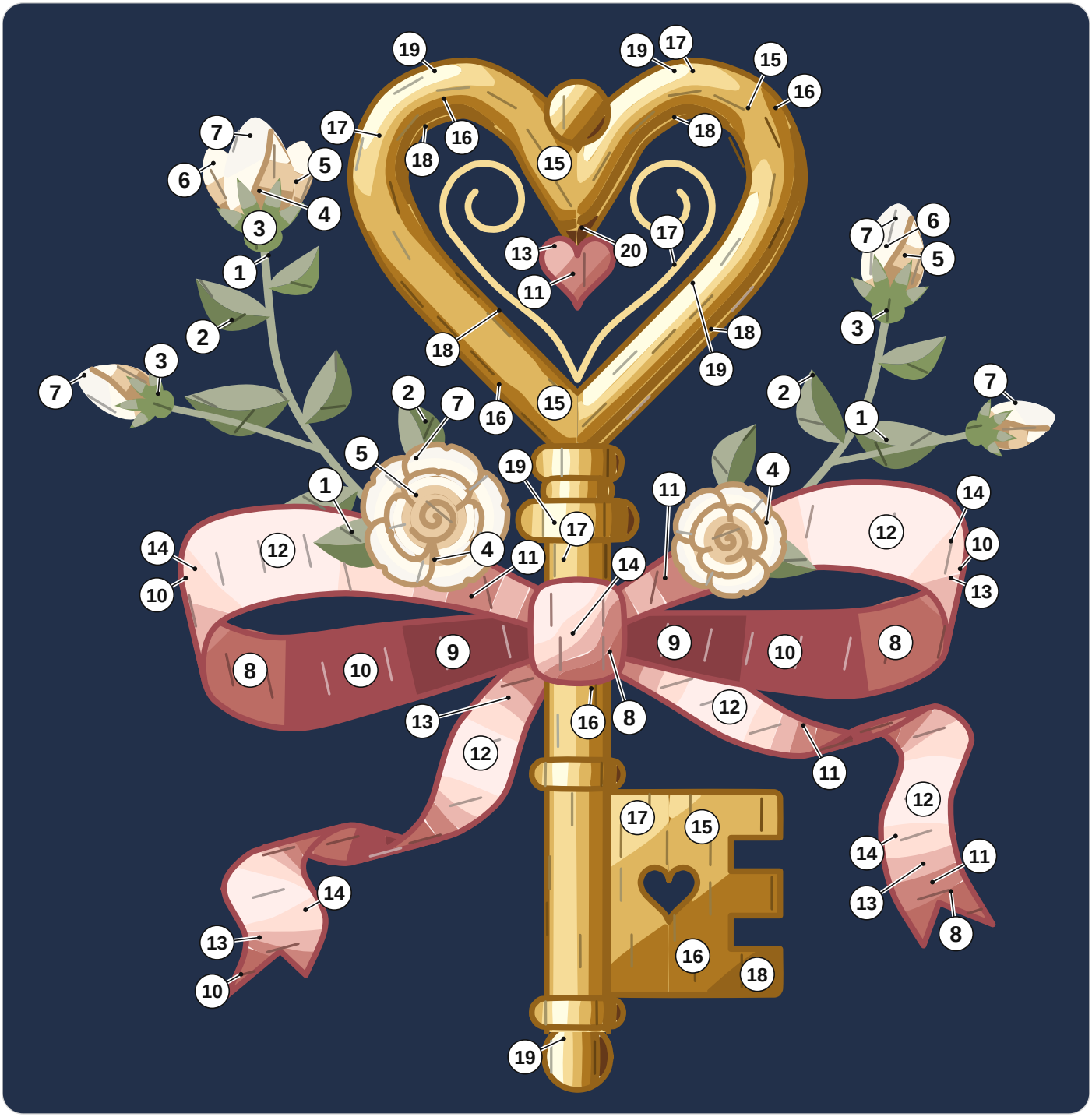
Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 523 Light Fern Green	8	DMC 3722 Medium Shell Pink	15	DMC 3820 Dark Straw
2	DMC 3363 Medium Pine Green	9	DMC 221 Very Dark Shell Pink	16	DMC 782 Dark Topaz
3	DMC 3364 Pine Green	10	DMC 3721 Dark Shell Pink	17	DMC 3822 Light Straw
4	DMC 3045 Dark Yellow Beige	11	DMC 223 Light Shell Pink	18	DMC 780 Ultra Very Dark Topaz
5	DMC 738 Very Light Tan	12	DMC 819 Light Baby Pink	19	DMC 3823 Ultra Pale Yellow
6	DMC 712 Cream	13	DMC 224 Very Light Shell Pink	20	DMC 801 Dark Coffee Brown
7	DMC 3865 Winter White	14	DMC 225 Ultra Very Light Shell Pink		

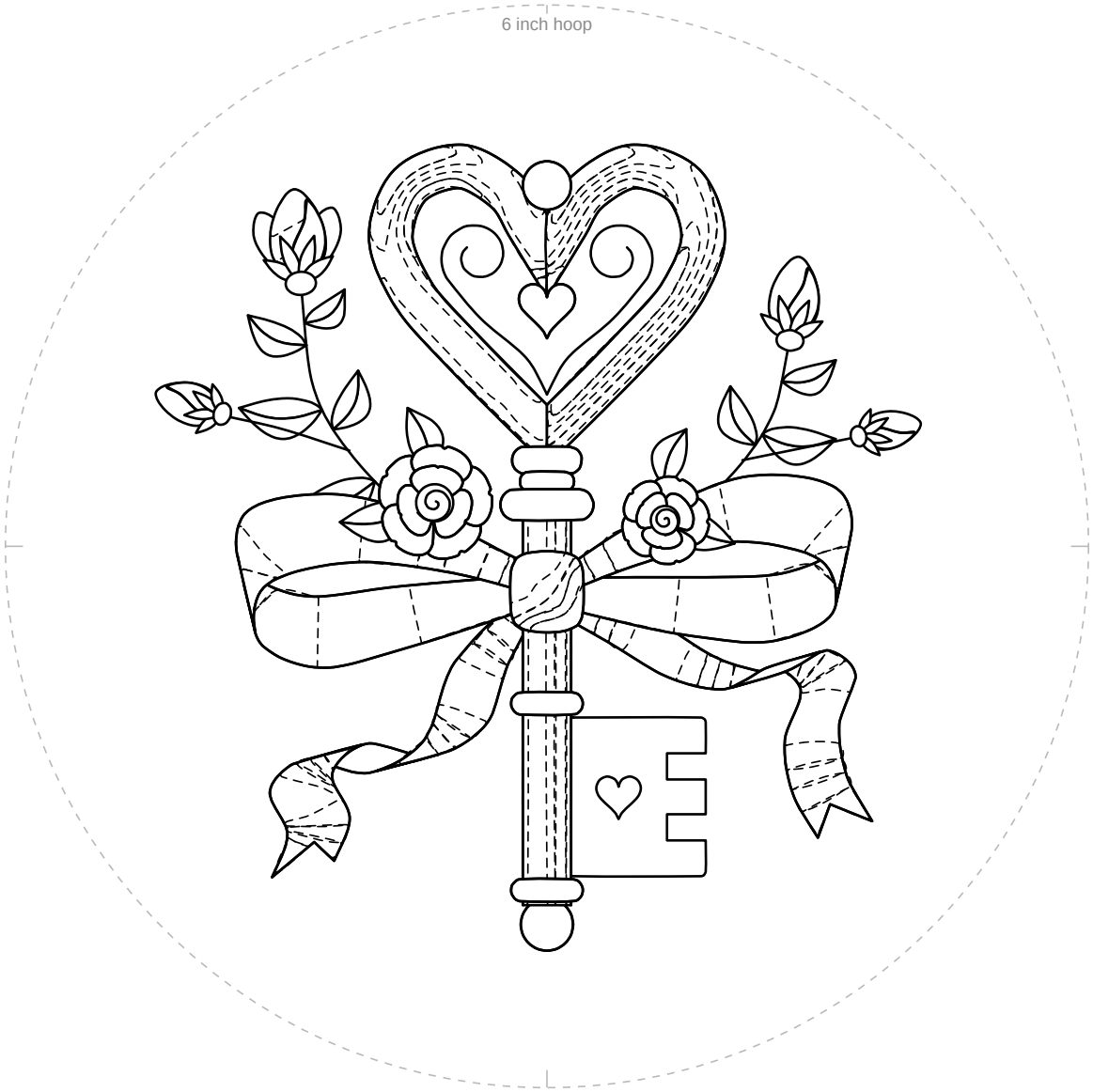
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Heart key with a bow

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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