Pair of heart mittens

6 inch (15 cm) hoop, 4.4 × 4.3 in (11.2 × 10.9 cm)



Colors by number: page 2.
Fabric: indigo cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of indigo cotton or linen.

An embroidery needle, size 7.

10 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Straight stitch**, 3 strands
   Fir needles
2. **Stem stitch**, 2 strands
   Fir twig
3. **Satin stitch**, 2 strands
   Cord, mittens, white stripe, hearts
4. **Stem stitch**, 2 strands
   Mitten edge, thumb fold
5. **Straight stitch**
   3 strands: cord twist, snowflakes
   2 strands: berry highlight
6. **Padded satin stitch**, 2 strands
   Berries
7. **Turkey work**, 2 strands
   Cuffs
8. **French knot**
   2 strands, two wraps
   Snow on the fingertips, snow

Take out lines that still show, press face down, finish the hoop or sew a pillow.

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Pair of heart mittens

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 321 Red	**5**	DMC 666 Bright Red	**9**	DMC 3345 Dark Hunter Green
2	DMC BLANC White	**6**	DMC 762 Very Light Pearl Gray	**10**	DMC 895 Very Dark Hunter Green
3	DMC 498 Dark Red	**7**	DMC 415 Pearl Gray		
4	DMC 814 Dark Garnet	**8**	DMC 3346 Hunter Green		

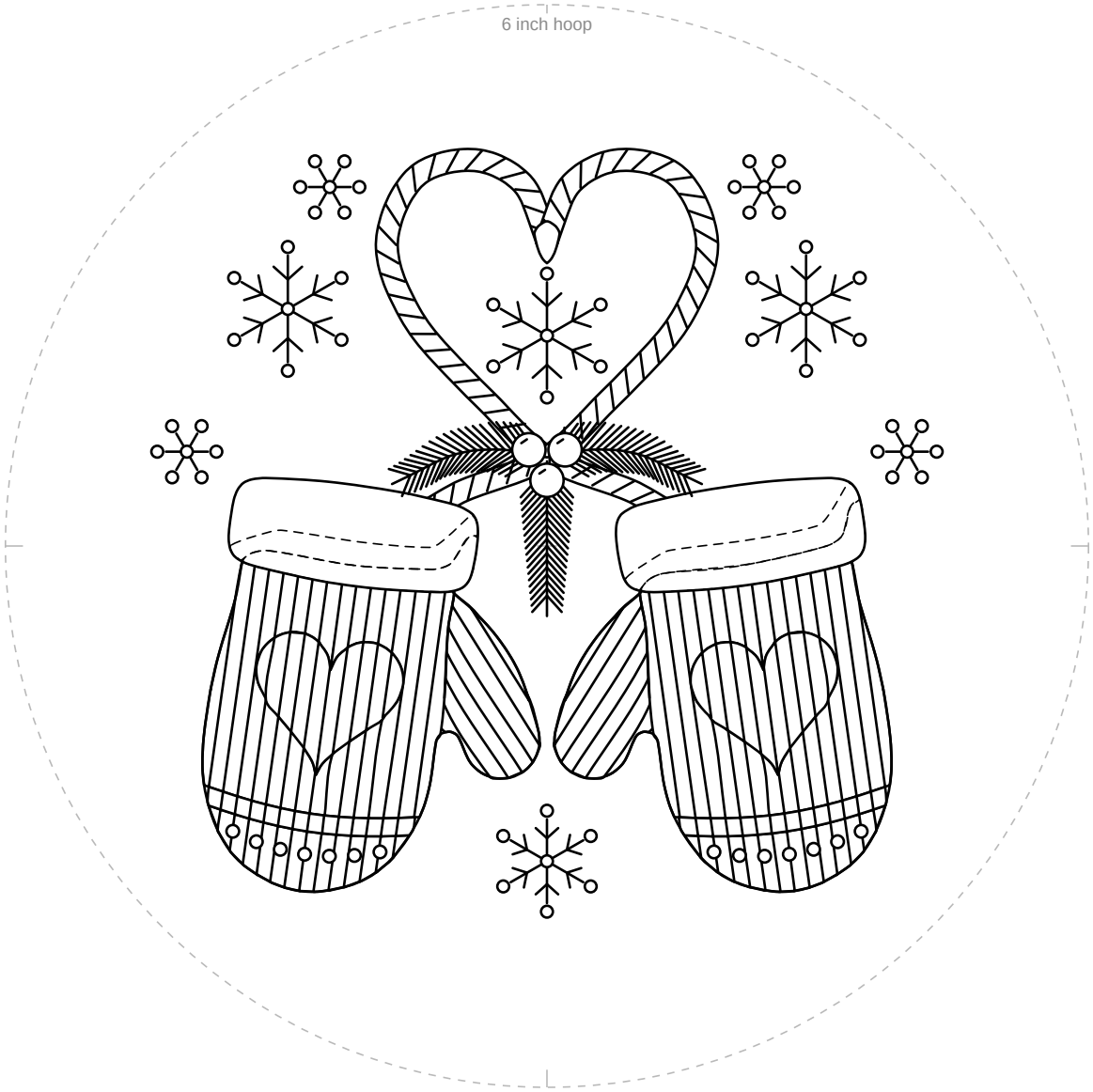
For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Pair of heart mittens

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.