Heart wreath in a hoop

6 inch (15 cm) hoop, 4.1 × 4.5 in (10.4 × 11.4 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of pale blue cotton or linen.

An embroidery needle, size 9.

16 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands, color 7
   Stems

2. **Long and short stitch**
   1 strand, colors 1, 2, 3
   Outer hoop, inner hoop



3. **Satin stitch**
   2 strands, colors 5, 6, 16
   Screw, brass tabs, nut, knob, needle



4. **Fishbone stitch**
   2 strands, colors 7, 8
   Rose leaves



5. **Split stitch**, colors 4, 7, 15
   2 strands: hoop edges, traced rose
   1 strand: brass edges, traced leaves

6. **Straight stitch**
   1 strand, colors 4, 11
   Screw thread, knob ridges, lines of the daisies



7. **Whipped back stitch**
   3 strands, color 12
   Pink thread

8. **Lazy daisy stitch**
   2 strands, colors 11, 16
   Loops of the daisies, needle eye



9. **French knot**
   two wraps, colors 4, 6, 9, 10, 12
   2 strands: rivets, lavender, forget-me-nots, rosebuds
   1 strand: flower centers



10. **Bullion knot**
    3 strands, colors 12, 13, 14, 15
    Bullion roses, rose center



Take out lines that still show, press face down, finish the hoop.

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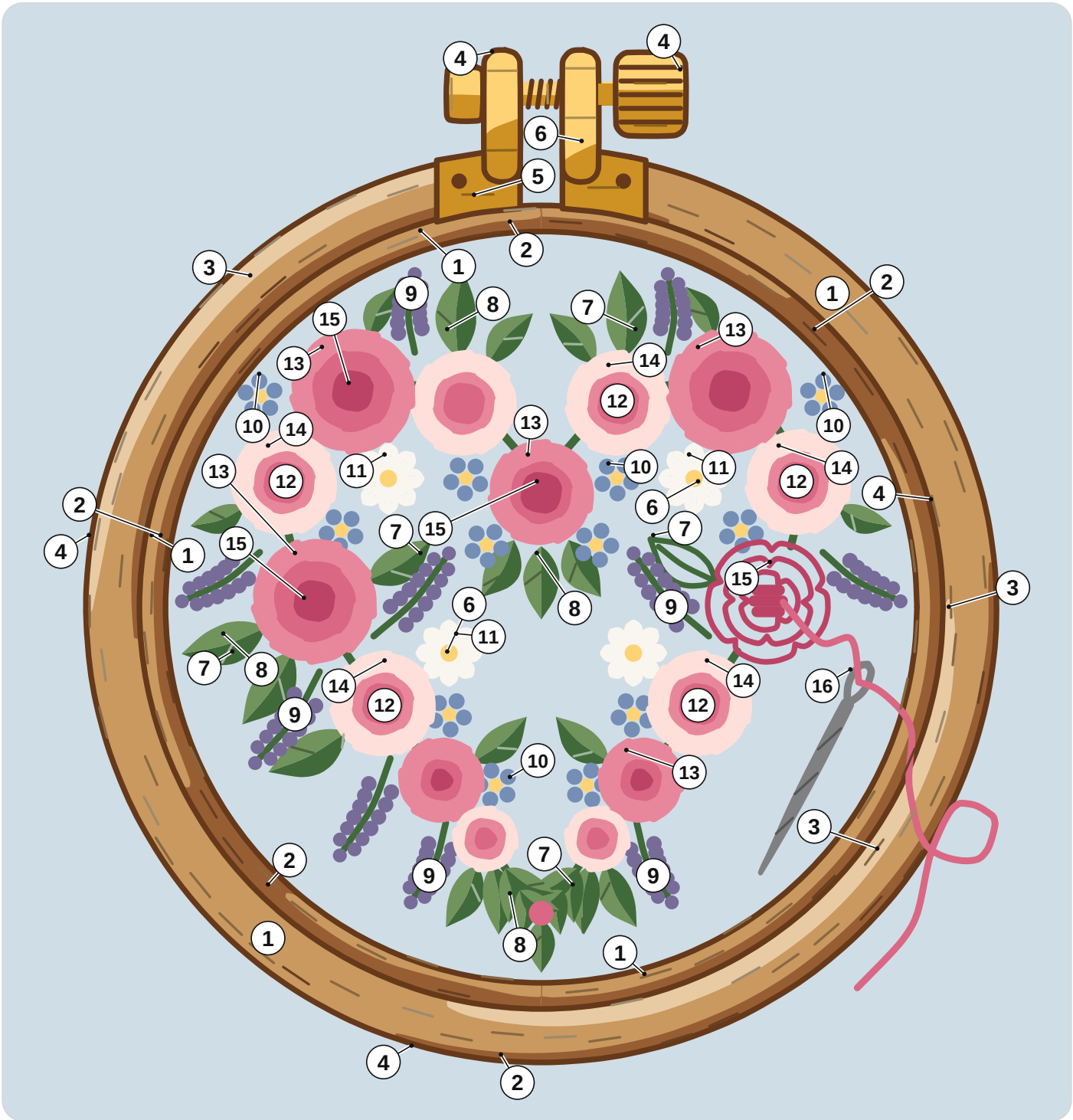
A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



- **1** DMC 436 Tan
- **2** DMC 434 Light Brown
- **3** DMC 738 Very Light Tan
- **4** DMC 801 Dark Coffee Brown
- **5** DMC 783 Medium Topaz
- **6** DMC 743 Medium Yellow
- **7** DMC 3346 Hunter Green
- **8** DMC 3347 Medium Yellow Green
- **9** DMC 3746 Dark Blue Violet
- **10** DMC 799 Medium Delft Blue
- **11** DMC 3865 Winter White
- **12** DMC 3731 Very Dark Dusty Rose
- **13** DMC 3733 Dusty Rose
- **14** DMC 818 Baby Pink
- **15** DMC 3350 Ultra Dark Dusty Rose
- **16** DMC 414 Dark Steel Gray

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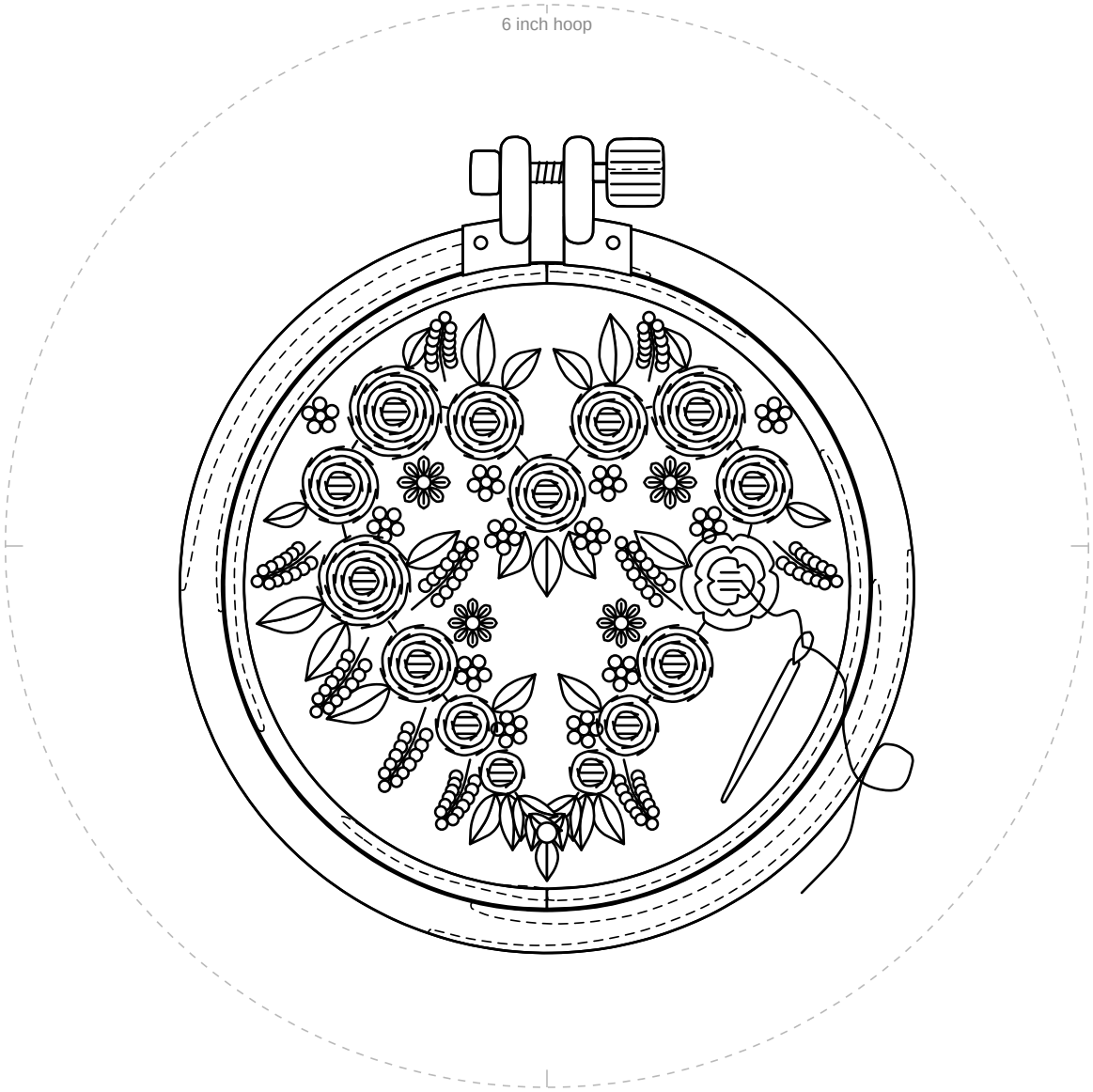
Heart wreath in a hoop

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a loop is one lazy daisy, begun at its point; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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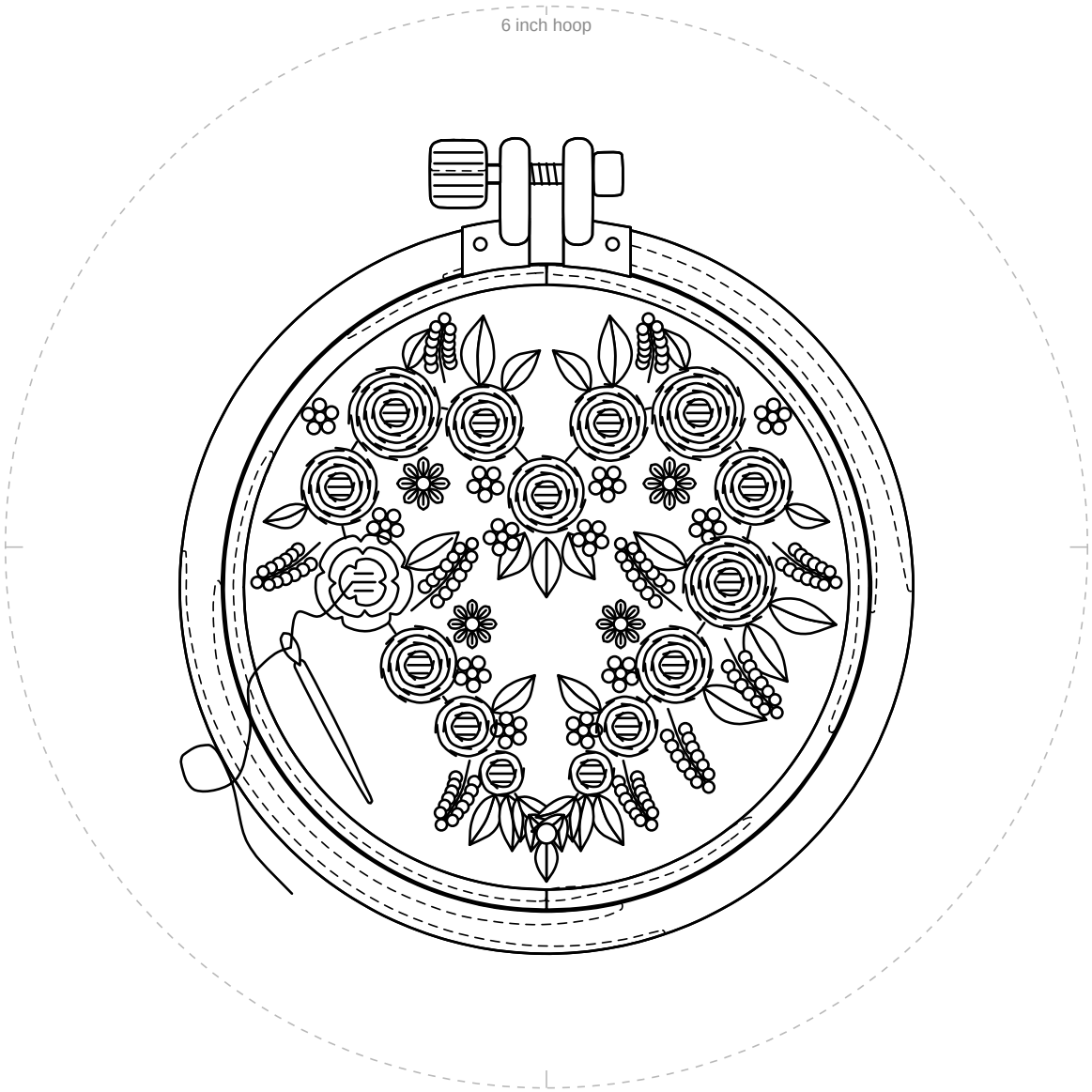
6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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