Hen and flowers, Kashubian manner

Sized for a 6 inch hoop (15 cm). The stitched design is about 5 × 4.8 in (12.7 × 12.2 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Bells, bell lights, bell caps, tulips, tulip lights, tulip drops, flower cups, pomegranate crowns, pomegranate skins, trellis hearts, and 22 more



2. **Fishbone stitch**, 2 strands
   Flower cups, leaves, wing cup



3. **Trellis stitch**, 1 strand
   Trellis hearts



4. **Stem stitch**
   strands by part on page 2
   Vines, heart edges, berry stems, leaf veins, tendrils, legs

5. **Straight stitch**, 1 strand
   Bell stamens



6. **French knot**
   2 strands, two wraps
   Bell stamens, berries, eye



Floss

- **1 DMC 701 Light Green**
  Leaves, scroll leaves, flower cups, vines, sprig, berry stems, wing cup and tendrils
- **2 DMC 310 Black**
  Bell stamens (dark), eye (darker)
- **3 DMC 743 Medium Yellow**
  Trellis hearts and great heart (lighter), tulips (lightest) and 9 more parts
- **4 DMC 336 Navy Blue**
  Hackle and head, tulips (darkest), wing and pomegranate skins (darker) and 6 more parts
- **5 DMC 3755 Baby Blue**
  Body, tulip lights, bell lights, wing lights and leaf veins and 3 more parts
- **6 DMC 321 Red**
  Great heart (darker), tulips and tail (light), wing (lighter), comb and 8 more parts
- **7 DMC 798 Dark Delft Blue**
  Pomegranate skins and bells (lighter), tulips (dark), tail (middle) and 4 more parts

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 701 Light Green
2 DMC 310 Black
3 DMC 743 Medium Yellow
4 DMC 336 Navy Blue
5 DMC 3755 Baby Blue
6 DMC 321 Red
7 DMC 798 Dark Delft Blue

How many strands

Stem stitch. 4 or 6 strands: vines; 4 strands: legs; 2 strands: heart edges, berry stems, tendrils; 1 strand: leaf veins.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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