His and hers with two folk birds

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.6 in (12.4 × 11.7 cm).



Which color goes where.

Stitches

- **Stem stitch**, 2 to 4 strands
  Branches, legs, feet, crests, berry stalks
- **Fishbone stitch**, 2 strands
  Leaves
- **Satin stitch**, 2 strands
  Buds, tulip cups, tulips, tails, bills, breasts, breast bands, heads, collars, eyes, wings, wing scallops, shoulders, heart, heart center, and 3 more
- **French knot**, 1 to 2 strands, two wraps
  Breast knots, crest knots, eye centers, wing knots, twig knobs, berries
- **Split stitch**, 1 to 2 strands
  Wing edges, heart edge, words
- **Back stitch**, 1 strand
  Heart seam

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **DMC 3362 Dark Pine Green**
  Branches and leaves (darker), wing edges (middle), tulip cups and berry stalks
- **DMC 3363 Medium Pine Green**
  Wings, leaves and branches (lighter)
- **DMC 347 Very Dark Salmon**
  Words and breasts (lighter), tulips and rosettes (darker), heart and 5 more parts
- **DMC 3852 Very Dark Straw**
  Tulips (lighter), wing scallops and breast bands, tails (light) and 8 more parts
- **DMC 311 Medium Navy Blue**
  Words and buds (darker), heads and crests, tails and wing edges (dark)
- **DMC 680 Dark Old Gold**
  Wing edges (light), legs and feet
- **DMC 815 Medium Garnet**
  Breasts (darker), heart edge and heart seam
- **DMC 823 Dark Navy Blue**
  Eye centers
- **DMC 932 Light Antique Blue**
  Shoulders, rosettes (lighter)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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His and hers with two folk birds

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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His and hers with two folk birds

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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