Hot off the grill, chilies and herbs

6 inch (15 cm) hoop, 4.6 × 4.5 in (11.7 × 11.4 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 3 for 4 to 6 strands.

14 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**
   4 strands: twining stems
   2 strands: rosemary stems
   3 strands: chive stems
   6 strands: skewers

2. **Fly stitch**, 2 strands
   Rosemary (color 2)



3. **Straight stitch**, 2 strands
   Rosemary (color 2)



4. **Fishbone stitch**, 2 strands
   Bay leaves, corn husk



5. **Satin stitch**, 2 strands
   Chilies, chili caps, lemon, lemon pith, lemon rind, corn, peppers, onion, lettering



6. **Straight stitch**, 3 strands
   Lines of the chive flowers, char marks



7. **Stem stitch**
   3 strands: edges of the lemon pith
   4 strands: chili stems
   2 strands: onion layers (color 7), smoke

8. **Split stitch**
   1 strand: chili shine
   2 strands: pepper edges, onion layers (color 8)

9. **French knot**, two wraps
   3 strands: knots of the chive flowers, corn kernels
   1 strand: knots of the lettering



Take out lines that still show, press face down, finish the hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3345 Dark Hunter Green	6	DMC 3865 Winter White	11	DMC 3822 Light Straw
2	DMC 3363 Medium Pine Green	7	DMC 553 Violet	12	DMC 838 Very Dark Beige Brown
3	DMC 3347 Medium Yellow Green	8	DMC 209 Dark Lavender	13	DMC 414 Dark Steel Gray
4	DMC 321 Red	9	DMC 307 Lemon	14	DMC 154 Very Dark Grape
5	DMC 815 Medium Garnet	10	DMC 3820 Dark Straw		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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