I teach, therefore I drink coffee

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.2 × 4.5 in (10.7 × 11.4 cm).



Which color goes where: by number on page 2.
Fabric: dark green cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines.

1. **Satin stitch**, 2 strands
   Pages, red book cover, blue book cover, shadows on the book, blue book spine, gold bands, gold title line, gold stars, mug handle, mug rim, and 6 more
2. **Long and short stitch**, 1 strand
   Mug, coffee, apple
3. **Fishbone stitch**, 2 strands
   Apple leaf
4. **Stem stitch**, strands by part on page 2
   Page lines, coffee light
5. **Back stitch**, 3 strands
   Small capitals

Floss

- **1 DMC 3865 Winter White**
  Mug and letters (light), small capitals and pages and 4 more parts
- **2 DMC 647 Medium Beaver Gray**
  Page lines, mug and chalks (dark)
- **3 DMC 815 Medium Garnet**
  Red book cover (dark), apple (darkest)
- **4 DMC 304 Medium Red**
  Red book cover (middle), apple (dark)
- **5 DMC 321 Red** Apple and red book cover (light)
- **6 DMC 932 Light Antique Blue**
  Blue book cover, blue book spine (light)
- **7 DMC 930 Dark Antique Blue**
  Blue book spine (dark), shadows on the book
- **8 DMC 931 Medium Antique Blue**
  Blue book spine (middle)
- **9 DMC 783 Medium Topaz**
  Gold bands and coffee light, gold star (darker), chalks (darkest)
- **10 DMC 726 Light Topaz**
  Gold title line and gold stars, gold star (lighter)
- **11 DMC 3072 Very Light Beaver Gray**
  Mug (middle), mug handle (darker), letters (darkest)
- **12 DMC 898 Very Dark Coffee Brown**
  Coffee (darker), apple stem
- **13 DMC 433 Medium Brown** Coffee (lighter)
- **14 DMC 3801 Very Dark Melon** Apple (lightest)
- **15 DMC 3346 Hunter Green** Apple leaf (darker)
- **16 DMC 3348 Light Yellow Green**
  Apple leaf (lighter)
- **17 DMC 744 Pale Yellow**
  Letters (dark), chalks (light), small stars
- **18 DMC 3078 Very Light Golden Yellow**
  Letters (lightest)
- **19 DMC 745 Light Pale Yellow** Letters (middle)

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3865 Winter White	**8**	DMC 931 Medium Antique Blue	**15**	DMC 3346 Hunter Green
2	DMC 647 Medium Beaver Gray	**9**	DMC 783 Medium Topaz	**16**	DMC 3348 Light Yellow Green
3	DMC 815 Medium Garnet	**10**	DMC 726 Light Topaz	**17**	DMC 744 Pale Yellow
4	DMC 304 Medium Red	**11**	DMC 3072 Very Light Beaver Gray	**18**	DMC 3078 Very Light Golden Yellow
5	DMC 321 Red	**12**	DMC 898 Very Dark Coffee Brown	**19**	DMC 745 Light Pale Yellow
6	DMC 932 Light Antique Blue	**13**	DMC 433 Medium Brown		
7	DMC 930 Dark Antique Blue	**14**	DMC 3801 Very Dark Melon		

How many strands

Stem stitch. 2 strands: coffee light; 1 strand: page lines.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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