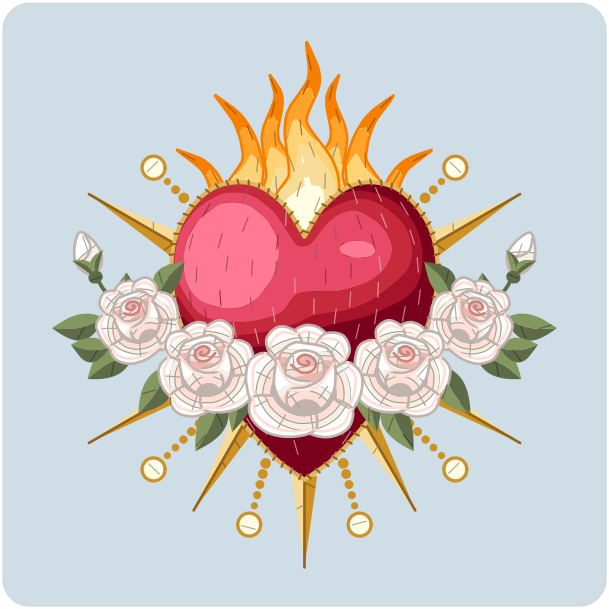
Immaculate Heart of Mary with roses

6 inch (15 cm) hoop, 4.7 × 5 in (11.9 × 12.7 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Bud stalks

2. **Fishbone stitch**, 2 strands
   Leaves, sepals (colors 14 and 15)



3. **Long and short stitch**
   2 strands
   Flame, heart, rosebuds, roses, rose centers (colors 17 and 20)



4. **Satin stitch**, 2 strands
   Gold rays, sepals (color 15), rolled rims, rose centers (color 20)



5. **Stem stitch**, 2 strands
   Pearl rings

6. **Couching**, 5 strands
   Heart edge



7. **Split stitch**, 1 strand
   Gold ray ridges, flame edges, petal edges

8. **Padded satin stitch**, 2 strands
   Pearls



9. **French knot**
   2 strands, two wraps
   Gold beads



Take out lines that still show, press face down, finish the hoop or sew a pillow.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

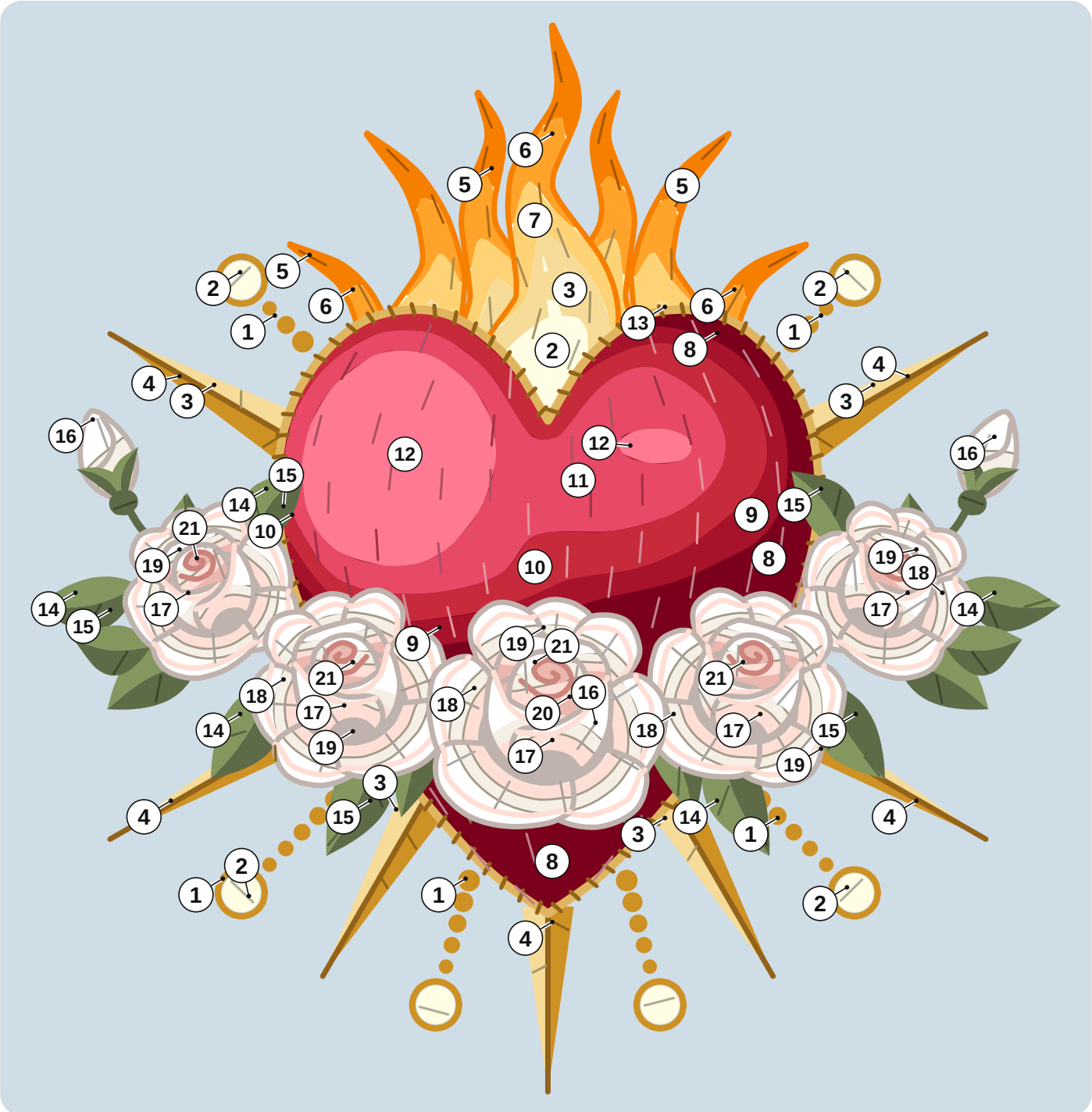
Buy: 21 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), embroidery needles size 9, and size 3 for 4 or 5 strands, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of pale blue cotton or linen, a water-soluble pen.

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Immaculate Heart of Mary with roses

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 783 Medium Topaz	8	DMC 814 Dark Garnet	15	DMC 3362 Dark Pine Green
2	DMC 3823 Ultra Pale Yellow	9	DMC 498 Dark Red	16	DMC B5200 Snow White
3	DMC 3822 Light Straw	10	DMC 321 Red	17	DMC 225 Ultra Very Light Shell Pink
4	DMC 780 Ultra Very Dark Topaz	11	DMC 3801 Very Dark Melon	18	DMC 3866 Ultra Very Light Mocha
5	DMC 971 Pumpkin	12	DMC 3705 Dark Melon	19	DMC 452 Medium Shell Gray
6	DMC 741 Medium Tangerine	13	DMC 3820 Dark Straw	20	DMC 224 Very Light Shell Pink
7	DMC 743 Medium Yellow	14	DMC 3364 Pine Green	21	DMC 223 Light Shell Pink

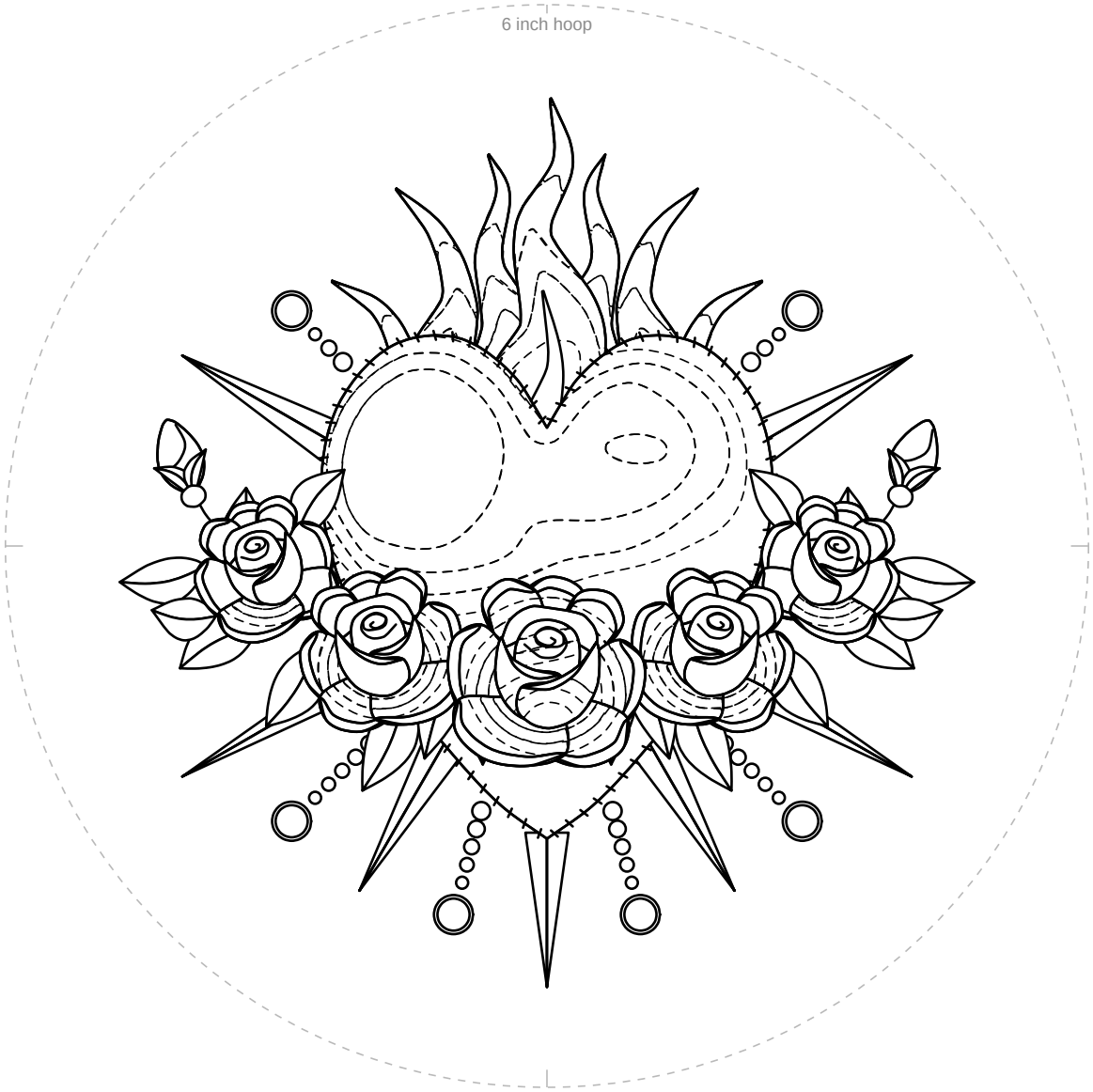
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Immaculate Heart of Mary with roses

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

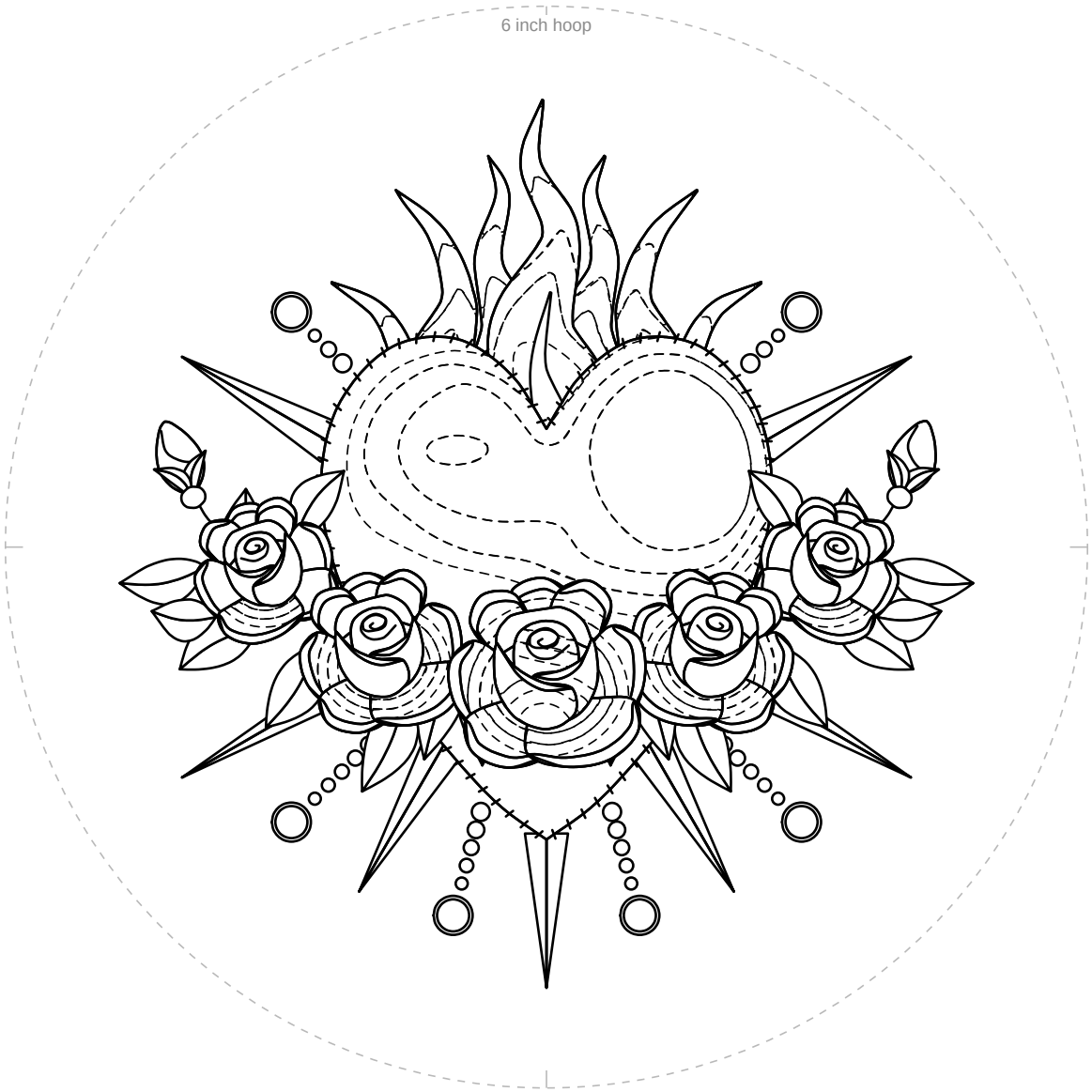
Not 1 inch (25.4 mm)? Print again at 100%.

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Immaculate Heart of Mary with roses

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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