In a world full of roses be a sunflower

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.5 in (11.9 × 11.4 cm).



Which color goes where: by number on page 2.
Fabric: blush pink cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Sunflower stem, sunflower lettering



2. **Long and short stitch**
   1 strand
   Sunflower leaves, sunflower petals, sunflower heart



3. **Stem stitch**
   strands by part on page 2
   Sunflower leaf veins, rose stems

4. **Back stitch**
   strands by part on page 2
   Rose leaves, roses, small words

5. **Split stitch**, 1 strand
   Petal edges

6. **French knot**
   2 strands, two wraps
   Sunflower seeds



In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 3011 Dark Khaki Green**
  Sunflower leaves (middle), sunflower stem (darker)
- **2 DMC 3012 Medium Khaki Green**
  Sunflower leaves (light), sunflower stem (lighter)
- **3 DMC 936 Very Dark Avocado Green**
  Sunflower leaves (dark), sunflower leaf veins
- **4 DMC 3799 Very Dark Pewter Gray**
  Roses, rose leaves and rose stems
- **5 DMC 783 Medium Topaz**
  Sunflower petals (dark)
- **6 DMC 780 Ultra Very Dark Topaz**
  Petal edges, sunflower petals (darkest)
- **7 DMC 3852 Very Dark Straw**
  Sunflower petals (light)
- **8 DMC 3822 Light Straw**
  Sunflower petals (lightest)
- **9 DMC 3371 Black Brown**
  Small words and sunflower heart, sunflower seeds (dark)
- **10 DMC 975 Dark Golden Brown**
  Sunflower lettering, sunflower seeds (light)
- **11 DMC 801 Dark Coffee Brown**
  Sunflower seeds (middle)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3011 Dark Khaki Green	**5**	DMC 783 Medium Topaz	**9**	DMC 3371 Black Brown
2	DMC 3012 Medium Khaki Green	**6**	DMC 780 Ultra Very Dark Topaz	**10**	DMC 975 Dark Golden Brown
3	DMC 936 Very Dark Avocado Green	**7**	DMC 3852 Very Dark Straw	**11**	DMC 801 Dark Coffee Brown
4	DMC 3799 Very Dark Pewter Gray	**8**	DMC 3822 Light Straw		

How many strands

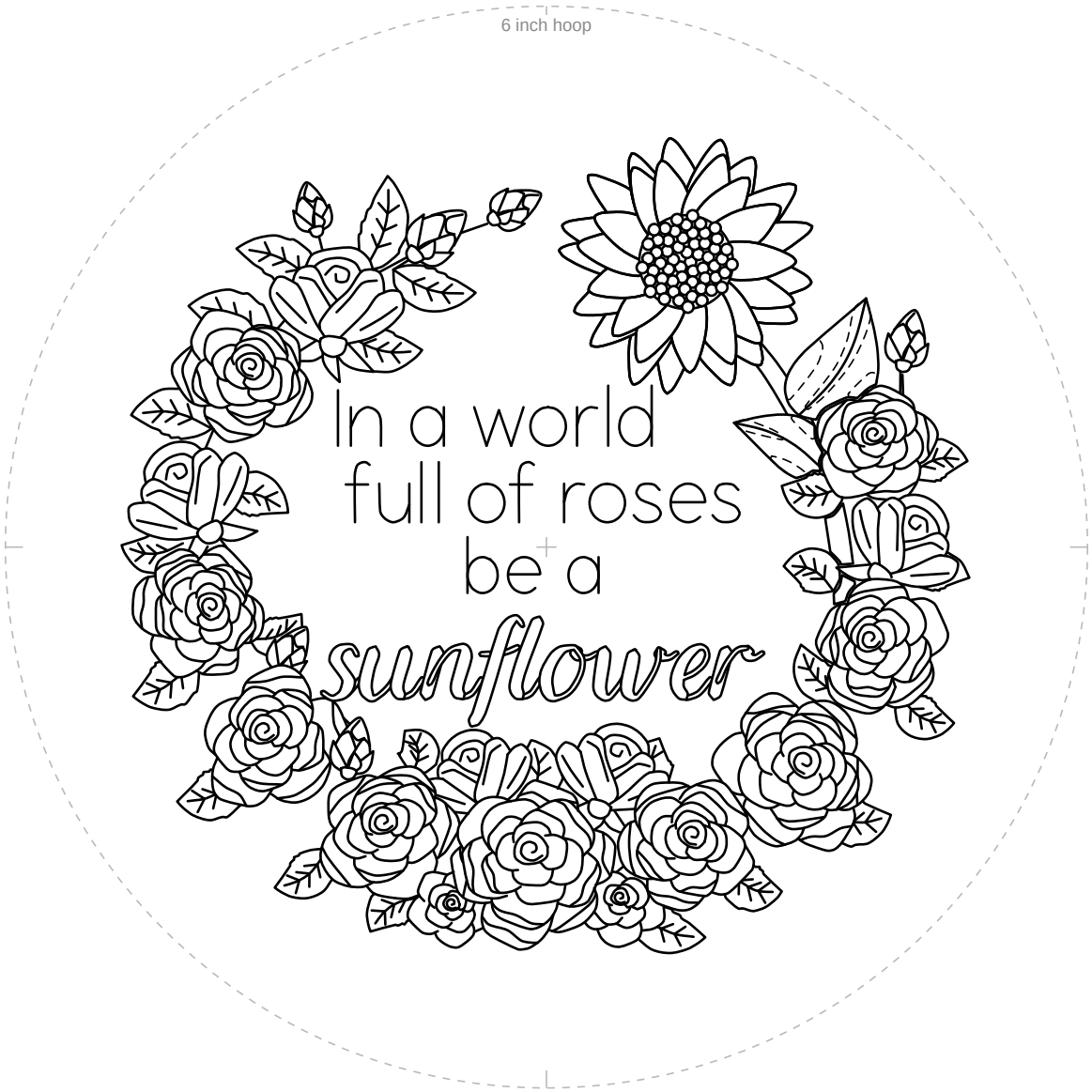
Stem stitch. 1 or 2 strands: rose stems; 1 strand: sunflower leaf veins.
Back stitch. 2 strands: small words; 1 strand: rose leaves, roses.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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