Indian beach, kantha waves and shells

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.7 × 3.7 in (9.4 × 9.4 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Scallop hinge, scallop rim, scallop ribs, fins, scales, whelk tip, whelk bands, whelk mouth, sun petals, sun heart
2. **Chain stitch**, 3 strands
   Wavy border
3. **Running stitch**, strands by part on page 2
   Border inner line, small wave rows, small wave swell, middle wave rows, middle wave swell, great wave rows, great wave swell, scallop rows, and 7 more
4. **Stem stitch**, strands by part on page 2
   Small wave outline, middle wave outline, great wave outline, scallop lines, fish outline, eye ring, mouth, whelk outline, whelk lip
5. **Back stitch**, 2 strands
   Scales
6. **Straight stitch**, 4 strands
   Scales
7. **French knot**, 2 strands, two wraps
   Border seeds outside, border seeds inside, eye

Floss

- **1 DMC 3809 Very Dark Turquoise**
  Wavy border, great wave swell, middle wave outline and middle wave rows
- **2 DMC 351 Coral**
  Scallop ribs and border seeds outside, scales (middle) and 4 more parts
- **3 DMC 3820 Dark Straw**
  Scallop rows and border seeds inside, scallop hinge (lighter) and 6 more parts
- **4 DMC 347 Very Dark Salmon**
  Border inner line, scallop lines, fish outline, whelk outline and fins and 8 more parts
- **5 DMC 597 Turquoise**
  Sea ripples, small wave outline, middle wave swell, small wave swell and small wave rows
- **6 DMC 312 Very Dark Baby Blue**
  Great wave rows, great wave outline, eye ring and eye
- **7 DMC 738 Very Light Tan**
  Ripples

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A dashed line is running stitch.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 3809 Very Dark Turquoise
2 DMC 351 Coral
3 DMC 3820 Dark Straw
4 DMC 347 Very Dark Salmon
5 DMC 597 Turquoise
6 DMC 312 Very Dark Baby Blue
7 DMC 738 Very Light Tan

How many strands

Running stitch. 4 strands: small wave rows, small wave swell, middle wave rows, middle wave swell, great wave rows, great wave swell, scallop rows; 3 strands: border inner line, tail, fish head, whelk whorls, whelk body, sun ring, ripples, sea ripples.
Stem stitch. 3 strands: small wave outline, middle wave outline, great wave outline; 2 or 3 strands: fish outline; 2 strands: scallop lines, eye ring, whelk outline, whelk lip; 1 strand: mouth.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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