Paisley medallion

6 inch (15 cm) hoop, 4.8 × 4.8 in (12.2 × 12.2 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

16 colors of floss (page 2): 2 skeins of DMC 3809, 2 of DMC 823 and 2 of DMC 741; one of each other color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   1 strand, colors 8, 9, 10, 14, 15
   Outer lotus petals, middle lotus petals, inner lotus petals



2. **Satin stitch**
   2 strands, colors 1, 3, 4, 5, 8, 9, 10, 11, 13
   Ring petals, paisley borders, teal paisleys, magenta bands, window rings, windows, lotus center



3. **Fishbone stitch**
   2 strands, colors 12, 13
   Sprigs, leaves



4. **Split stitch**, color 2
   1 strand: ring petal edges, window edges, lotus edges
   3 strands: ring edge
   2 strands: paisley edges

5. **Trellis stitch**, 1 strand, colors 6, 7
   Trellis



6. **Stem stitch**, colors 3, 12
   2 strands: edges of the sprigs
   3 strands: star

7. **French knot**
   2 strands, two wraps, color 16
   Lotus seeds



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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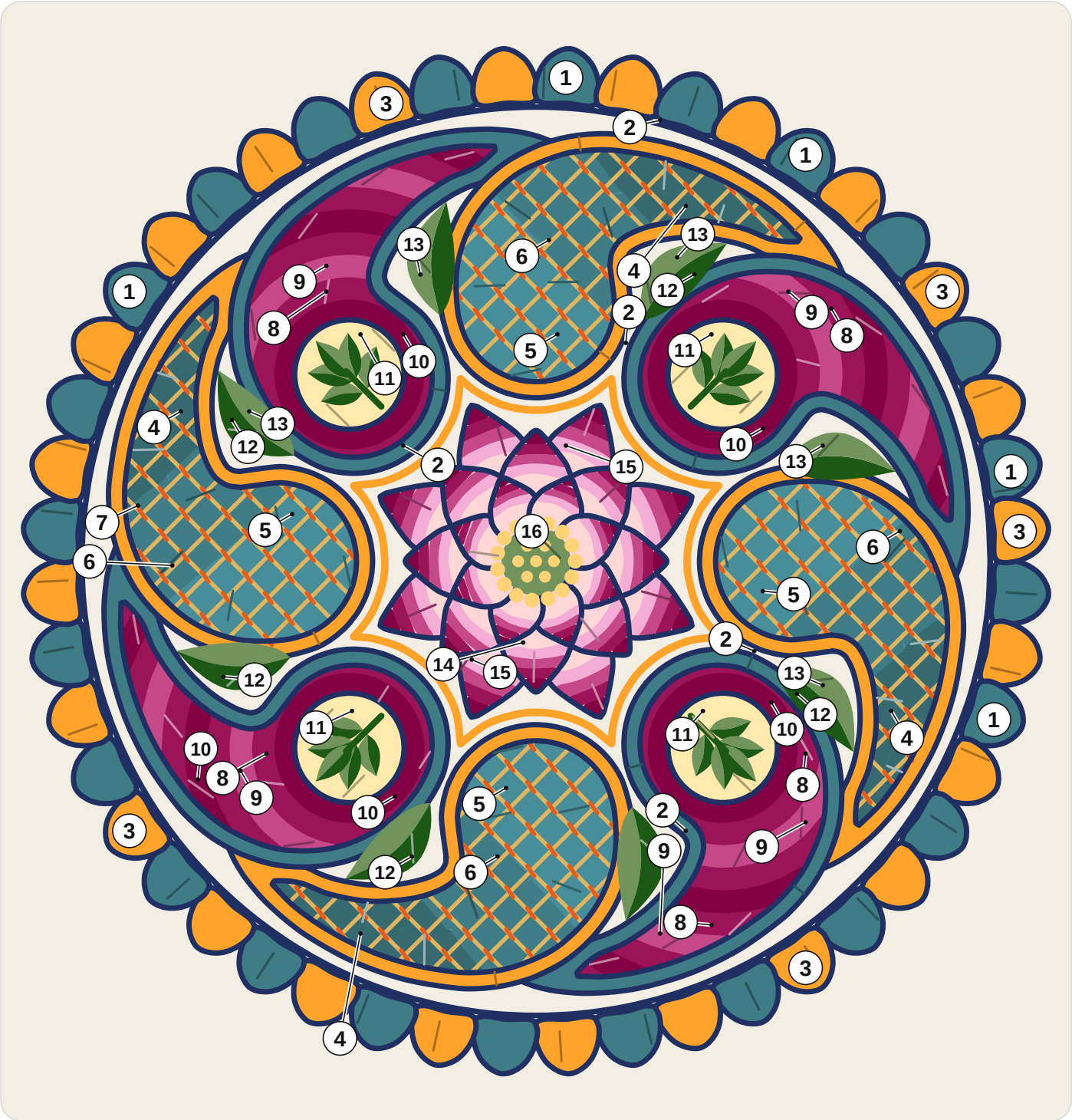
6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3809 Very Dark Turquoise	7	DMC 720 Dark Orange Spice	13	DMC 3347 Medium Yellow Green
2	DMC 823 Dark Navy Blue	8	DMC 917 Medium Plum	14	DMC 963 Ultra Very Light Dusty Rose
3	DMC 741 Medium Tangerine	9	DMC 3607 Light Plum	15	DMC 3609 Ultra Light Plum
4	DMC 3808 Ultra Very Dark Turquoise	10	DMC 915 Dark Plum	16	DMC 743 Medium Yellow
5	DMC 3810 Dark Turquoise	11	DMC 745 Light Pale Yellow		
6	DMC 3820 Dark Straw	12	DMC 3345 Dark Hunter Green		

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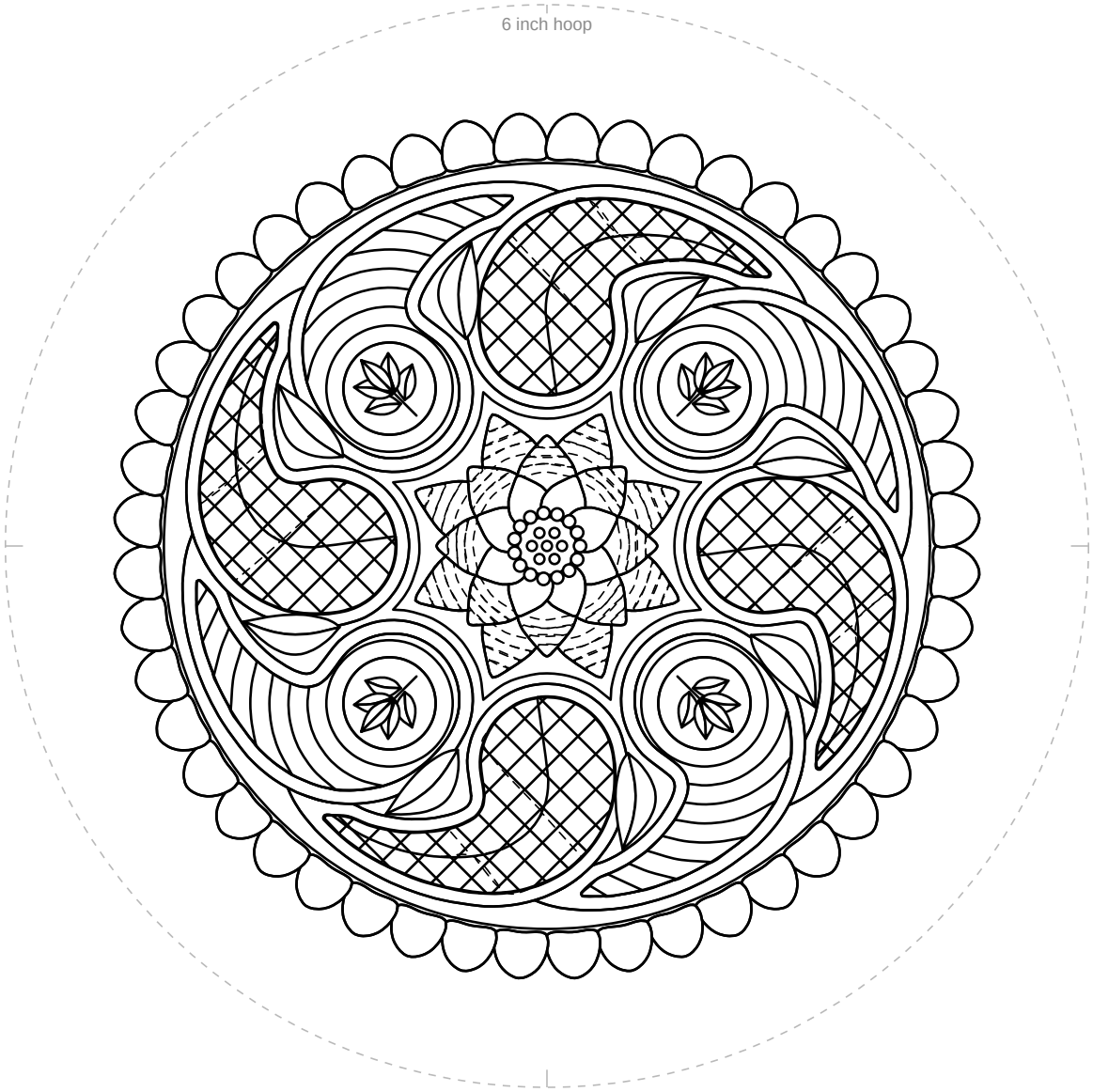
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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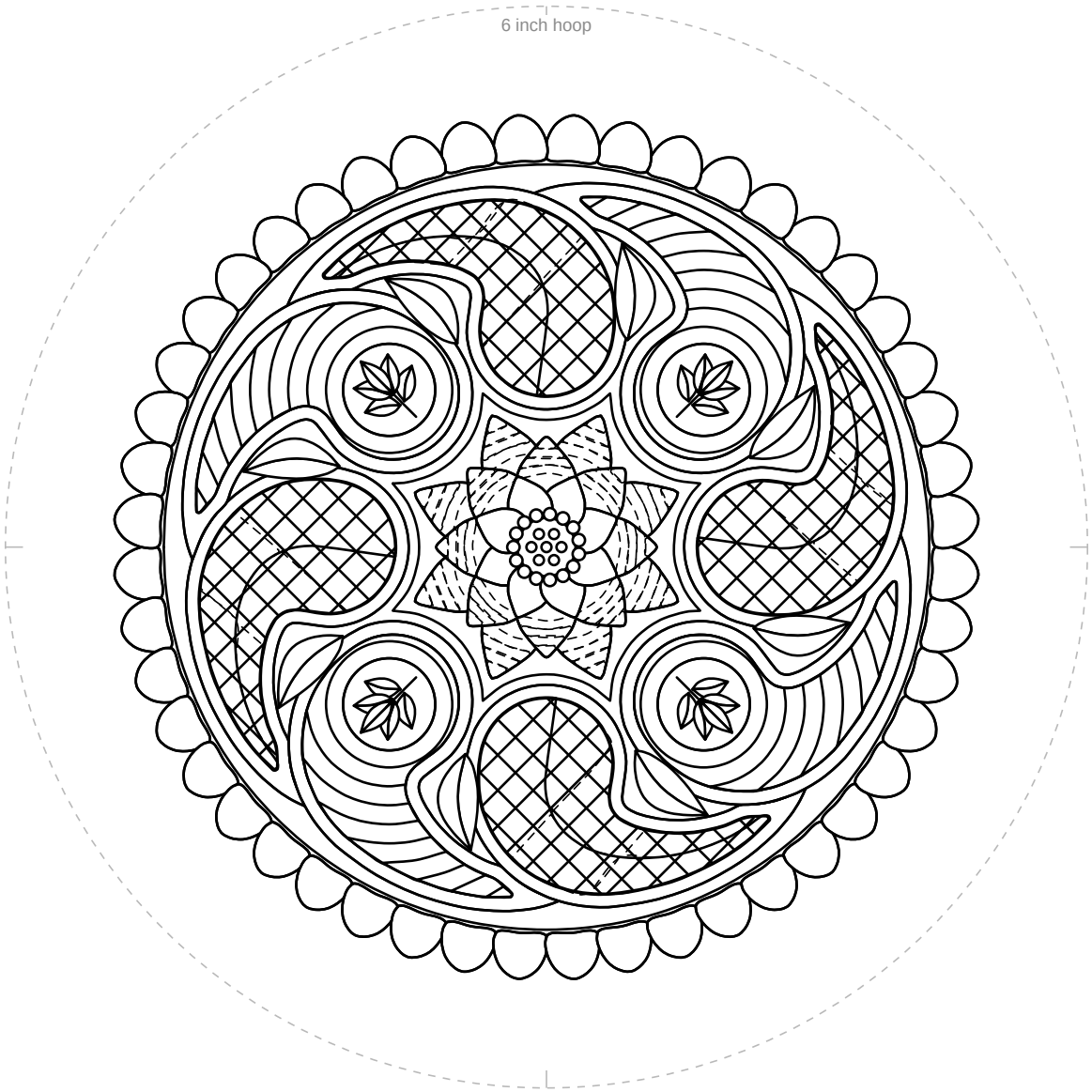
Paisley medallion

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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