Italian chef with pasta

Sized for a 6 inch hoop (15 cm). The stitched design is about 4 × 4.6 in (10.2 × 11.7 cm).



Which color goes where: by number on page 2.
Fabric: dark teal cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines.

1. **Satin stitch**, 2 strands
   Fork, tablecloth, bowl inside, spaghetti, tomatoes, basil, bowl, bowl rim, bowl flowers, cheek, hair, eyes, brows, mouth, scarf, tomato leaves
2. **Long and short stitch**, 1 strand
   Jacket, cuffs, hands, bowl, neck, hair, face, ear, mustache, hat, scarf tails, scarf, tomatoes
3. **Split stitch**, strands by part on page 2
   Jacket lines, cuffs lines, hand lines, face lines, hat lines, scarf lines, tomato lines, spaghetti lines
4. **Stem stitch**, strands by part on page 2
   Jacket lines, tablecloth edge, face lines, hat lines, basil stems
5. **Straight stitch**, 1 strand
   Eye light, smile lines

Floss

- **1 DMC 3752 Very Light Antique Blue**
  Jacket, hat and cuffs (dark), fork
- **2 DMC BLANC White**
  Jacket and hat (lightest), tablecloth and cuffs (light), bowl rim and 2 more parts
- **3 DMC 762 Very Light Pearl Gray**
  Jacket and hat (light), cuffs (middle)
- **4 DMC 931 Medium Antique Blue**
  Jacket lines, hat lines and cuffs lines
- **5 DMC 3064 Desert Sand**
  Hands, face and ear (dark), neck (middle)
- **6 DMC 3772 Very Dark Desert Sand**
  Neck (dark), hand lines and smile lines, face lines (lighter), hands (darkest)
- **7 DMC 21 Light Alizarin**
  Hands and neck (light), face and ear (middle), cheek
- **8 DMC 3856 Ultra Very Light Mahogany**
  Face and ear (light), hands (lightest)
- **9 DMC 321 Red**
  Tablecloth (dark), tomatoes (middle), scarf and scarf tails (lighter)
- **10 DMC 760 Salmon** Tablecloth (middle), tomatoes (light)
- **11 DMC 815 Medium Garnet**
  Scarf and scarf tails (darker), tablecloth edge, tomatoes (dark) and 3 more parts
- **12 DMC 336 Navy Blue** Bowl and bowl inside
- **13 DMC 780 Ultra Very Dark Topaz**
  Spaghetti (darkest), spaghetti lines
- **14 DMC 783 Medium Topaz** Spaghetti (dark)
- **15 DMC 3820 Dark Straw** Spaghetti (light), bowl flowers (darker)
- **16 DMC 3822 Light Straw** Spaghetti (lightest)
- **17 DMC 895 Very Dark Hunter Green** Basil (darker)
- **18 DMC 3346 Hunter Green**
  Basil (lighter), tomato leaves and basil stems
- **19 DMC 932 Light Antique Blue** Hat and jacket (darkest)
- **20 DMC 413 Dark Pewter Gray** Hair (middle), mustache (lighter)
- **21 DMC 3799 Very Dark Pewter Gray**
  Hair (dark), mustache and face lines (darker), brows and eyes
- **22 DMC 414 Dark Steel Gray** Hair (light)

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3752 Very Light Antique Blue	**9**	DMC 321 Red	**17**	DMC 895 Very Dark Hunter Green
2	DMC BLANC White	**10**	DMC 760 Salmon	**18**	DMC 3346 Hunter Green
3	DMC 762 Very Light Pearl Gray	**11**	DMC 815 Medium Garnet	**19**	DMC 932 Light Antique Blue
4	DMC 931 Medium Antique Blue	**12**	DMC 336 Navy Blue	**20**	DMC 413 Dark Pewter Gray
5	DMC 3064 Desert Sand	**13**	DMC 780 Ultra Very Dark Topaz	**21**	DMC 3799 Very Dark Pewter Gray
6	DMC 3772 Very Dark Desert Sand	**14**	DMC 783 Medium Topaz	**22**	DMC 414 Dark Steel Gray
7	DMC 21 Light Alizarin	**15**	DMC 3820 Dark Straw		
8	DMC 3856 Ultra Very Light Mahogany	**16**	DMC 3822 Light Straw		

How many strands

Split stitch. 2 strands: jacket lines, cuffs lines, hat lines; 1 or 2 strands: face lines; 1 strand: hand lines, scarf lines, tomato lines, spaghetti lines.
Stem stitch. 3 strands: tablecloth edge, basil stems; 2 strands: face lines; 1 or 2 strands: jacket lines; 1 strand: hat lines.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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