I’ve got your back

6 inch (15 cm) hoop, 4.2 × 4.3 in (10.7 × 10.9 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

9 colors of floss (page 2): 2 skeins of DMC 310; one of each other color (an estimate from the drawing’s lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker’s carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen’s packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Outlines
2. **Chain stitch**, 2 strands
   Scarves
3. **Long and short stitch**
   1 strand
   Skin (colors 2, 4 and 6), combed hair, ball of yarn
4. **Trellis stitch**, 1 strand
   Diamond sweater
5. **Satin stitch**
   2 strands: shoes, needles, topknot, skin (color 8)
   3 strands: letters
6. **Running stitch**, 1 strand
   Corduroy, seams
7. **Back stitch**
   1 strand: sock stripes, skin edges, star sweater (color 1)
   2 strands: cuffs, face lines
8. **Straight stitch**
   1 strand: collar ribs, star sweater (color 1)
   2 strands: fringe
9. **Stem stitch**, 2 strands
   Floor, edges of the ball of yarn, yarn
10. **French knot**
    2 strands, two wraps
    Curls, knots of the needles

Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1 DMC 310 Black	**4** DMC 434 Light Brown	**7** DMC 435 Very Light Brown
2 DMC 433 Medium Brown	**5** DMC 321 Red	**8** DMC 437 Light Tan
3 DMC 801 Dark Coffee Brown	**6** DMC 738 Very Light Tan	**9** DMC 815 Medium Garnet

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I’ve got your back

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a dashed line is running stitch; a finer one inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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I’ve got your back

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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