# Jacobean flower

6 inch (15 cm) hoop, 4.3 × 4.6 in (10.9 × 11.7 cm)



Colors by number: page 2.

## What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

15 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

## Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

## How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

## Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Tendrils



2. **Long and short stitch**, 1 strand
   Top petal, back petals, upper petals, petal turnovers, lower petals, inner petals



3. **Satin stitch**, 2 strands
   Upper leaf rims, leaf turnovers, lower leaves, stems, bud sepals, mound, heart band, green cup



4. **Trellis stitch**, 2 strands
   Upper leaf trellis, heart trellis



5. **Stem stitch**
   1 strand: upper leaf edges, lower leaf edges
   2 strands: leaf turnover edges, bud lines, mound edges, top petal edge, back petal edges, upper petal edges, petal turnover edges, lower petal edges, inner petal edges, heart edges, green cup edges
   3 strands: lower leaf veins



6. **Back stitch**, 1 strand
   Petal veins



7. **Padded satin stitch**, 2 strands
   Berries, green cup button



8. **French knot**, 1 strand, two wraps
   Knots of the heart trellis



Take out lines that still show, press face down, finish the hoop or sew a pillow.



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**6 inch hoop**

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



| | | | | | |
|---|---|---|---|---|---|
| 1 | DMC 3362 Dark Pine Green | 6 | DMC 3822 Light Straw | 11 | DMC 154 Very Dark Grape |
| 2 | DMC 934 Black Avocado Green | 7 | DMC 902 Very Dark Garnet | 12 | DMC 3835 Medium Grape |
| 3 | DMC 3834 Dark Grape | 8 | DMC 3726 Dark Antique Mauve | 13 | DMC 3803 Dark Mauve |
| 4 | DMC 783 Medium Topaz | 9 | DMC 315 Medium Dark Antique Mauve | 14 | DMC 3685 Very Dark Mauve |
| 5 | DMC 3364 Pine Green | 10 | DMC 3727 Light Antique Mauve | 15 | DMC 3687 Mauve |



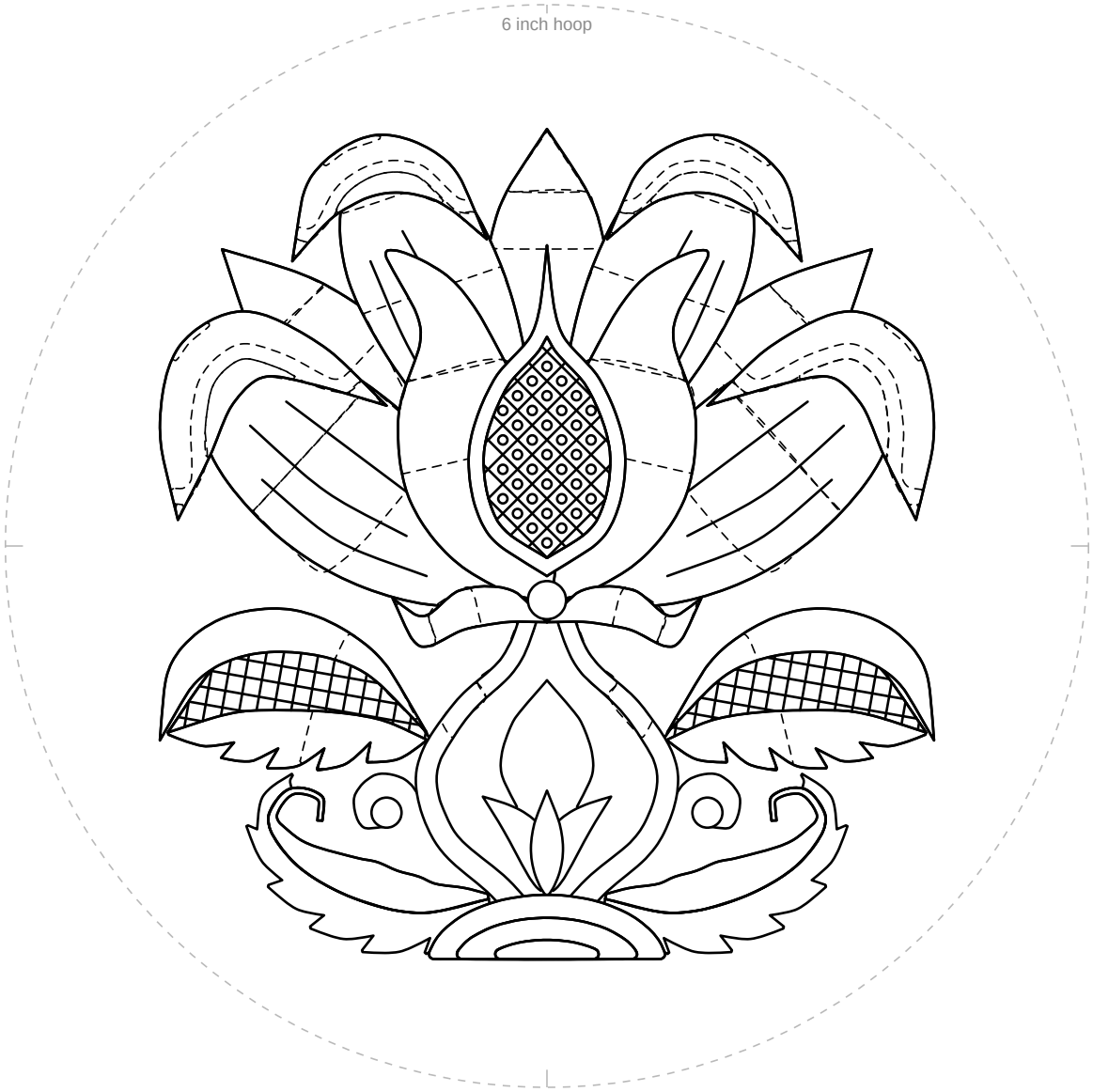
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**6 inch hoop**

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.




**1 in**
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.



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# Jacobean flower

**6 inch hoop**

For an iron-on pen only. Go over the lines, press ink side down.




**1 in**
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.



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