Jacobean tree of life book cover

6 inch (15 cm) hoop, 3.2 × 3.9 in (8.1 × 9.9 cm)



Colors by number: page 2.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

Buy: 17 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of white or light cotton or linen, a water-soluble pen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**
   2 strands: inner frame line, tendrils
   3 strands: leaf stalks
2. **Trellis stitch**, 2 strands
   Trellis leaf
3. **Satin stitch**, 2 strands
   Chain row leaf heart, bird tail, bird beak
4. **Long and short stitch**, 2 strands
   Shaded leaf, trellis leaf edge, bud, trunk, blue petals, rose center, rose petals, mound, bird body, bird wing
5. **Fishbone stitch**, 2 strands
   Fishbone leaf, green cup
6. **Chain stitch**
   2 strands: cover frame
   3 strands: chain row leaf
7. **Back stitch**, 2 strands
   Spine lines
8. **Straight stitch**
   1 strand: leaf veins (color 13), petal veins
   2 strands: bird legs
9. **Stem stitch**
   2 strands: frame vine, leaf edges, mound edges
   3 strands: leaf veins (colors 5 and 13)
   1 strand: petal edges, trunk edges, bird edges
10. **Lazy daisy stitch**, 2 strands
    Loops of the spine flowers, frame leaves, loops of the frame flower
11. **Padded satin stitch**, 2 strands
    Spine bands
12. **French knot**, two wraps
    2 strands: knots of the spine flowers, frame berries, knots of the frame flower, knotted leaf, tendril berries, bloom knots
    1 strand: bird eye

Take out lines that still show, press face down, finish the hoop.

In a 6 inch hoop the shortest lazy daisy loops are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

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Jacobean tree of life book cover

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 347 Very Dark Salmon	7	DMC 3363 Medium Pine Green	13	DMC 712 Cream
2	DMC 815 Medium Garnet	8	DMC 334 Medium Baby Blue	14	DMC 761 Light Salmon
3	DMC 782 Dark Topaz	9	DMC 3328 Dark Salmon	15	DMC 3364 Pine Green
4	DMC 312 Very Dark Baby Blue	10	DMC 934 Black Avocado Green	16	DMC 433 Medium Brown
5	DMC 3820 Dark Straw	11	DMC 3325 Light Baby Blue	17	DMC 898 Very Dark Coffee Brown
6	DMC 3362 Dark Pine Green	12	DMC 823 Dark Navy Blue		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a loop is one lazy daisy, begun at its point; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

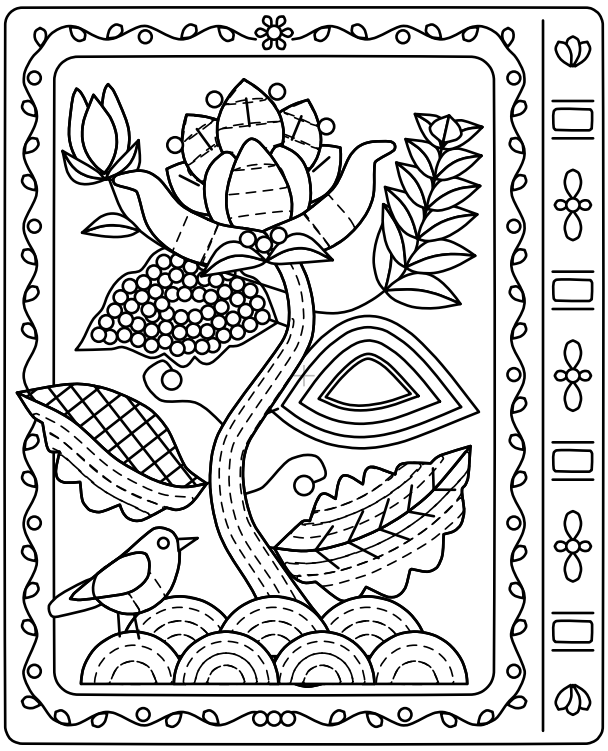
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Jacobean tree of life book cover

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.

6 inch hoop



1 in
25.4 mm

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