Jamaica outline with flowers

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.6 × 4.5 in (11.7 × 11.4 cm).



Which color goes where: by number on page 2.
Fabric: black cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Fern fronds, lignum vitae buds, lignum vitae, sepals, gold hibiscus throat, flower columns, coral hibiscus throat, red hibiscus throat, waves
2. **Fishbone stitch**, 2 strands
   Small leaves, leaves
3. **Long and short stitch**, 1 strand
   Buds, gold hibiscus petals, coral hibiscus petals, red hibiscus petals, frangipani, island
4. **Stem stitch**, strands by part on page 2
   Fern fronds, stems
5. **Split stitch**, 1 strand
   Gold hibiscus veins, coral hibiscus veins, red hibiscus veins, frangipani edges
6. **Couching**, 6 strands
   Beach
7. **French knot**
   strands by part on page 2, two wraps
   Blossom hearts, pollen, stigma tips

Floss

- **1 DMC 988 Medium Forest Green**
  Leaves and small leaves (middle), fern fronds and stems, sepals (darker)
- **2 DMC 472 Ultra Light Avocado Green**
  Leaves and small leaves (light)
- **3 DMC 699 Green** Island, leaves and small leaves (dark)
- **4 DMC 798 Dark Delft Blue**
  Lignum vitae (dark), lignum vitae buds
- **5 DMC 3325 Light Baby Blue** Lignum vitae (light)
- **6 DMC 799 Medium Delft Blue** Lignum vitae (middle)
- **7 DMC 742 Light Tangerine**
  Gold hibiscus petals (middle), beach (lighter), pollen and 2 more parts
- **8 DMC 350 Medium Coral**
  Red hibiscus petals (light), coral hibiscus veins and 3 more parts
- **9 DMC 498 Dark Red**
  Red hibiscus petals (darkest), red hibiscus veins and stigma tips and 4 more parts
- **10 DMC 321 Red** Red hibiscus petals and buds (dark)
- **11 DMC 351 Coral** Red hibiscus petals and buds (lightest)
- **12 DMC 471 Very Light Avocado Green**
  Sepals (lighter)
- **13 DMC 783 Medium Topaz**
  Frangipani edges, beach (darker), gold hibiscus petals (dark)
- **14 DMC 744 Pale Yellow**
  Gold hibiscus petals (light), frangipani (dark), flower columns
- **15 DMC 352 Light Coral** Coral hibiscus petals (dark)
- **16 DMC 353 Peach** Coral hibiscus petals (light)
- **17 DMC 948 Very Light Peach**
  Coral hibiscus petals (lightest)
- **18 DMC 746 Off White** Frangipani (lightest)
- **19 DMC 3865 Winter White** Frangipani (light)
- **20 DMC 701 Light Green** Island (middle)
- **21 DMC 702 Kelly Green** Island (light)
- **22 DMC 598 Light Turquoise** Waves (lighter)
- **23 DMC 3810 Dark Turquoise** Waves (darker)

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Jamaica outline with flowers

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 988 Medium Forest Green	9	DMC 498 Dark Red	17	DMC 948 Very Light Peach
2	DMC 472 Ultra Light Avocado Green	10	DMC 321 Red	18	DMC 746 Off White
3	DMC 699 Green	11	DMC 351 Coral	19	DMC 3865 Winter White
4	DMC 798 Dark Delft Blue	12	DMC 471 Very Light Avocado Green	20	DMC 701 Light Green
5	DMC 3325 Light Baby Blue	13	DMC 783 Medium Topaz	21	DMC 702 Kelly Green
6	DMC 799 Medium Delft Blue	14	DMC 744 Pale Yellow	22	DMC 598 Light Turquoise
7	DMC 742 Light Tangerine	15	DMC 352 Light Coral	23	DMC 3810 Dark Turquoise
8	DMC 350 Medium Coral	16	DMC 353 Peach		

How many strands

Stem stitch. 2 or 3 strands: stems; 2 strands: fern fronds.
French knot. 2 strands: blossom hearts; 1 strand: pollen, stigma tips.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Jamaica outline with flowers

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Jamaica outline with flowers

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.