January birth flower: carnation

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.1 × 4.7 in (7.9 × 11.9 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Satin stitch**, 2 strands
   Border lozenges, stem, joints, cut end, bud slit
2. **Long and short stitch**, 1 strand
   Leaves, petals, calyx, tumbled petal, bud petals, bud
3. **Fishbone stitch**, 2 strands
   Calyx scales
4. **Chain stitch**, 2 strands
   Oval border
5. **Split stitch**, 1 strand
   Leave veins, petal edges, calyx ribs, calyx edge, bud edge
6. **Stem stitch**, 3 strands
   Bud stalk
7. **Lazy daisy stitch**, 2 strands
   Border leaves
8. **French knot**, 2 strands, two wraps
   Border knots

Floss

1 DMC 522 Fern Green
Oval border, leaves, calyx, bud and calyx scales (light), joints (middle)

2 DMC 783 Medium Topaz
Border knots and border lozenges

3 DMC 3364 Pine Green
Leaves, bud and calyx (dark), border leaves, stem (lighter) and 3 more parts

4 DMC 3362 Dark Pine Green
Stem (darker), leaves and calyx (darkest), leave veins and calyx edge and 4 more parts

5 DMC 3348 Light Yellow Green
Calyx, leaves and bud (lightest), joints (light), cut end

6 DMC 3685 Very Dark Mauve
Petals and petal edges (darkest)

7 DMC 3687 Mauve
Petals, petal edges and bud petals (dark), tumbled petal (darkest)

8 DMC 3688 Medium Mauve
Petals and petal edges (light), tumbled petal (dark), bud petals (middle), bud slit

9 DMC 3689 Light Mauve
Petal edges and petals (lightest), tumbled petal and bud petals (light)

10 DMC 3865 Winter White
Tumbled petal (lightest)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 522 Fern Green	**5**	DMC 3348 Light Yellow Green	**9**	DMC 3689 Light Mauve
2	DMC 783 Medium Topaz	**6**	DMC 3685 Very Dark Mauve	**10**	DMC 3865 Winter White
3	DMC 3364 Pine Green	**7**	DMC 3687 Mauve		
4	DMC 3362 Dark Pine Green	**8**	DMC 3688 Medium Mauve		

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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