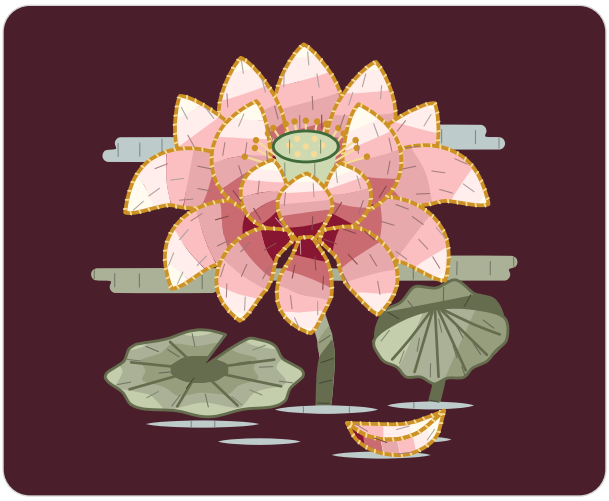
Japanese lotus in ancient silk style

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.4 × 4.3 in (11.2 × 10.9 cm).



Which color goes where: by number on page 2.
Fabric: wine red cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Blue mist, sage mist, stem, water, flower heart, seed pod, seed pod top
2. **Long and short stitch**, 1 strand
   Leaf from above, folded leaf, petals, fallen petal
3. **Stem stitch**, strands by part on page 2
   Leaf veins, leaf edge, seed pod edge
4. **Couching**, 2 strands
   Gold edges
5. **Straight stitch**, 2 strands
   Stamens
6. **French knot**, 2 strands, two wraps
   Stamens, seeds

Floss

- **1 DMC 927 Light Gray Green**
  Blue mist and water
- **2 DMC 523 Light Fern Green**
  Leaf from above, folded leaf and stem (light), sage mist
- **3 DMC 520 Dark Fern Green**
  Folded leaf and leaf from above (darkest), leaf edge and leaf veins, stem (dark)
- **4 DMC 522 Fern Green**
  Folded leaf and leaf from above (dark), stem (middle)
- **5 DMC 524 Very Light Fern Green**
  Leaf from above and folded leaf (lightest)
- **6 DMC 3685 Very Dark Mauve**
  Petals and fallen petal (darkest), flower heart
- **7 DMC 3687 Mauve** Petals and fallen petal (dark)
- **8 DMC 3688 Medium Mauve**
  Petals and fallen petal (middle dark)
- **9 DMC 3689 Light Mauve**
  Petals and fallen petal (middle light)
- **10 DMC 819 Light Baby Pink**
  Petals and fallen petal (light)
- **11 DMC 712 Cream**
  Petals and fallen petal (lightest)
- **12 DMC 783 Medium Topaz**
  Gold edges and stamens (darker)
- **13 DMC 3822 Light Straw**
  Gold edges and stamens (lighter), seeds
- **14 DMC 3348 Light Yellow Green**
  Seed pod and seed pod top
- **15 DMC 3346 Hunter Green** Seed pod edge

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Japanese lotus in ancient silk style

6 inch hoop

How to read it

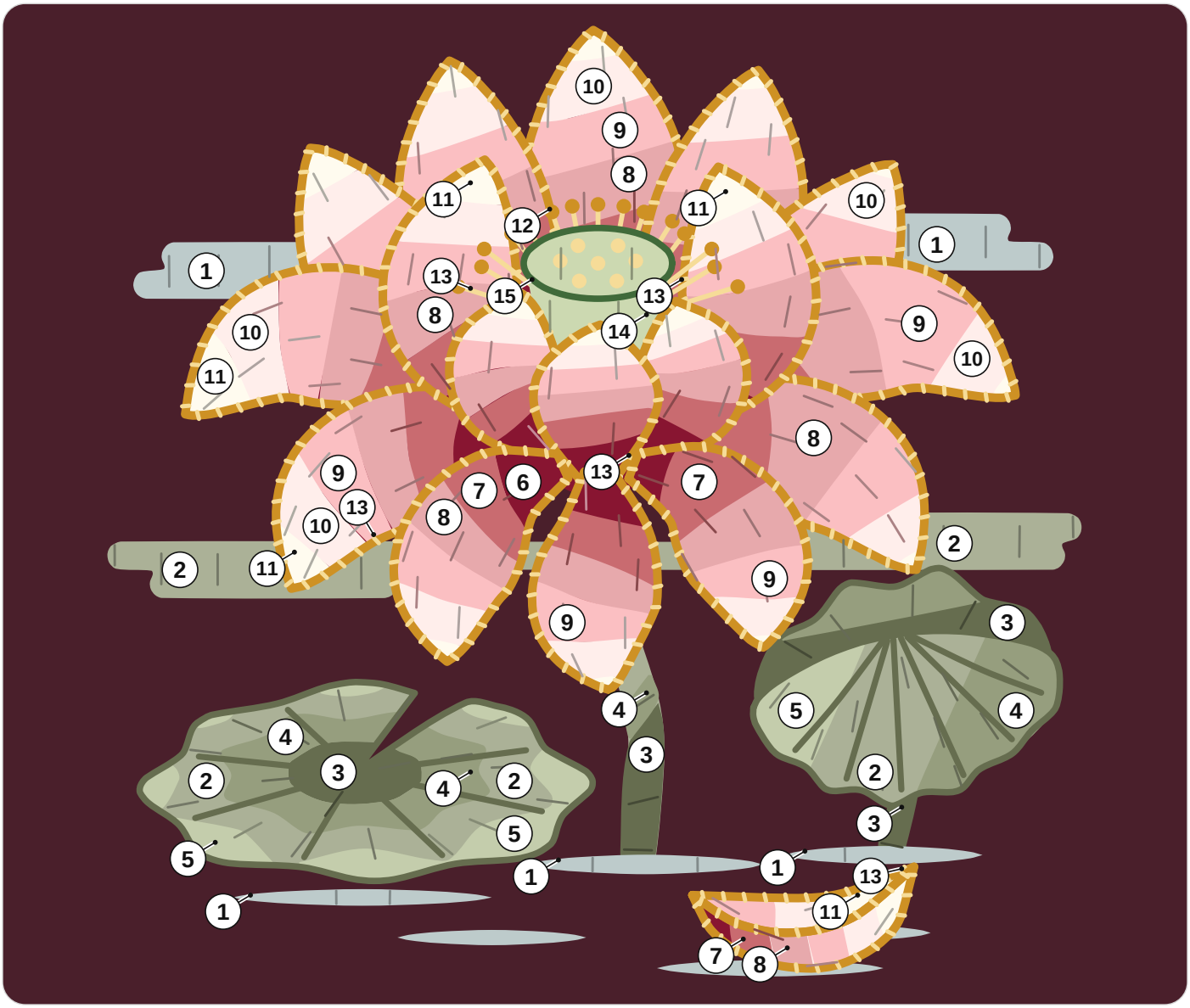
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 927 Light Gray Green	6	DMC 3685 Very Dark Mauve	11	DMC 712 Cream
2	DMC 523 Light Fern Green	7	DMC 3687 Mauve	12	DMC 783 Medium Topaz
3	DMC 520 Dark Fern Green	8	DMC 3688 Medium Mauve	13	DMC 3822 Light Straw
4	DMC 522 Fern Green	9	DMC 3689 Light Mauve	14	DMC 3348 Light Yellow Green
5	DMC 524 Very Light Fern Green	10	DMC 819 Light Baby Pink	15	DMC 3346 Hunter Green

How many strands

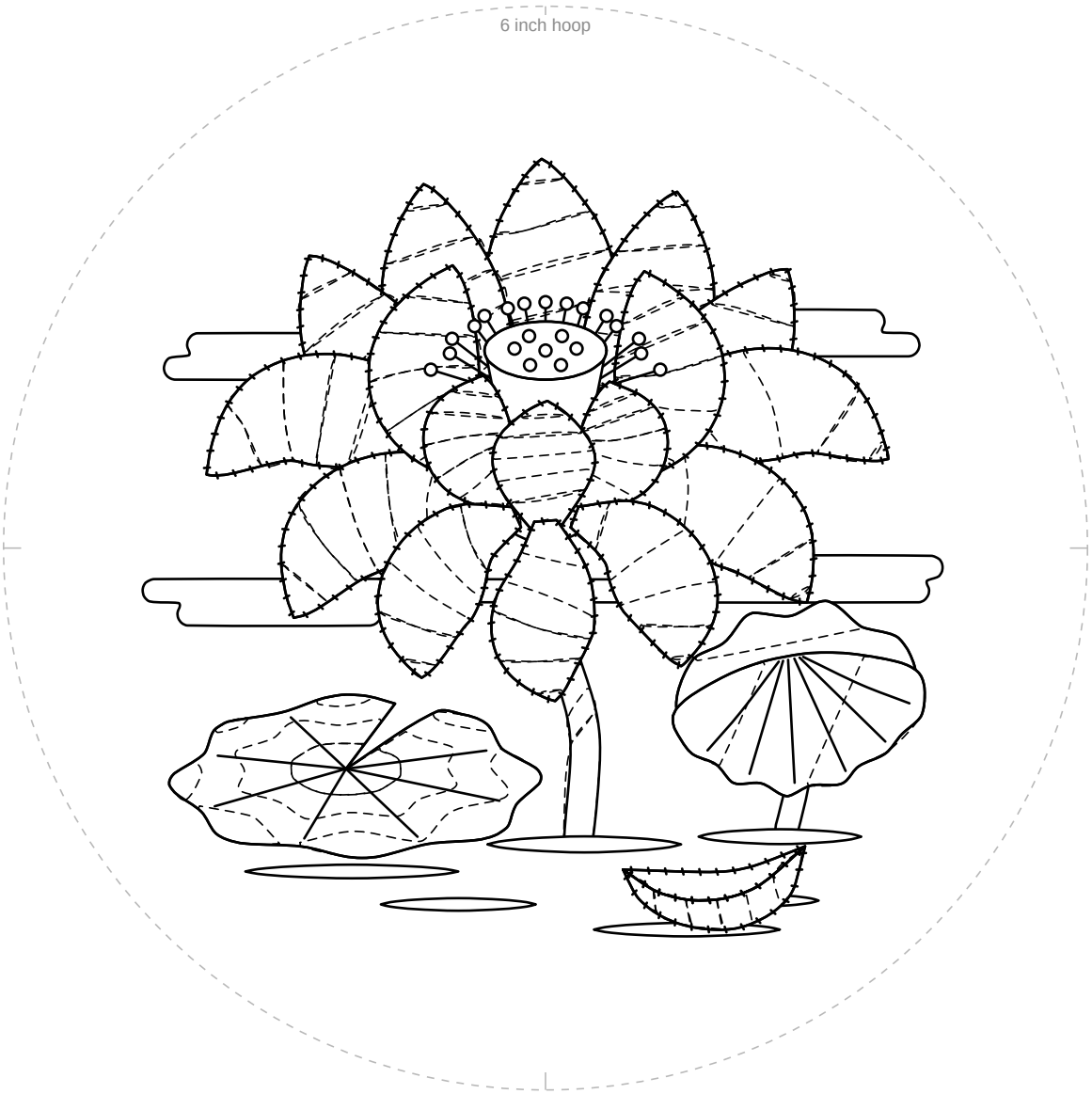
Stem stitch. 2 strands: leaf edge, seed pod edge; 1 strand: leaf veins.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

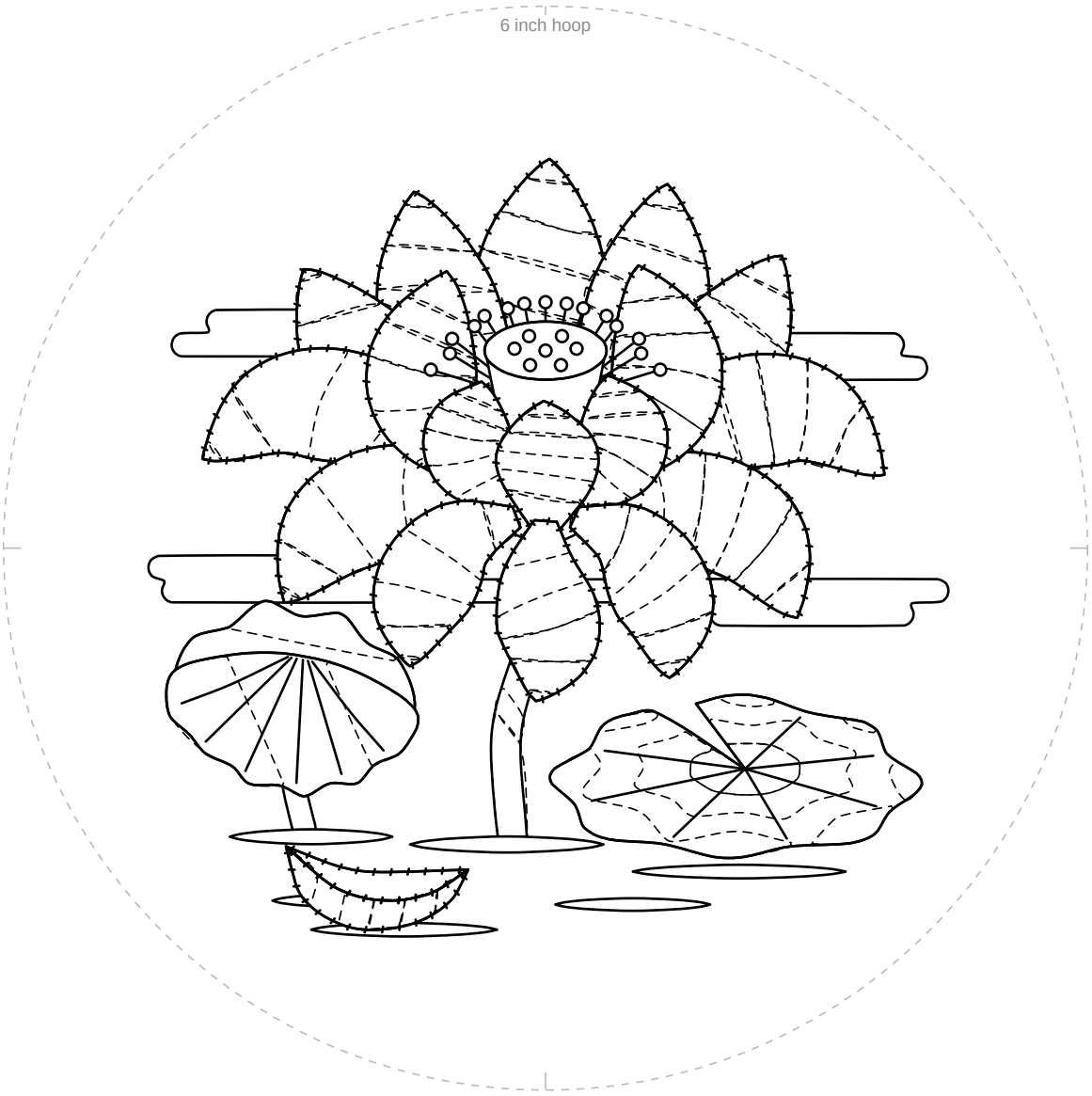
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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