Jiu-jitsu belts, BJJ white to black

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.5 × 4.6 in (11.4 × 11.7 cm).



Which color goes where: by number on page 2.
Fabric: mustard cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines.

1. **Satin stitch**, 2 strands
   Nail, pole, rank bars, white stripes
2. **Long and short stitch**, 1 strand
   White belt, blue belt, purple belt, brown belt, inside back, lapels, sleeves, jacket front, black belt
3. **Trellis stitch**, 1 strand
   Quilted skirt
4. **Stem stitch**, 3 strands
   Cord
5. **Split stitch**, strands by part on page 2
   Seam lines, belt edges, pole edge, lapel rows, jacket edges, knot edges
6. **Back stitch**, 1 strand
   Cuff rows, hem rows

Floss

- **1 DMC 898 Very Dark Coffee Brown**
  Brown belt and pole (dark), seam lines (middle), belt edges (light), cord and pole edge
- **2 DMC 413 Dark Pewter Gray**
  Seam lines (light), belt edges (lightest), knot edges and nail
- **3 DMC 762 Very Light Pearl Gray**
  White belt (middle)
- **4 DMC 415 Pearl Gray** White belt (dark)
- **5 DMC 931 Medium Antique Blue**
  Inside back (light), lapel rows and quilted skirt, sleeves (darkest) and 4 more parts
- **6 DMC 797 Royal Blue** Blue belt (middle)
- **7 DMC 820 Very Dark Royal Blue**
  Belt edges (middle), seam lines and blue belt (dark)
- **8 DMC 552 Medium Violet** Purple belt (middle)
- **9 DMC 550 Very Dark Violet**
  Seam lines (darkest), belt edges and purple belt (dark)
- **10 DMC 433 Medium Brown**
  Pole and brown belt (middle)
- **11 DMC 434 Light Brown** Pole and brown belt (light)
- **12 DMC 3750 Very Dark Antique Blue**
  Jacket edges, inside back (dark)
- **13 DMC 930 Dark Antique Blue** Inside back (middle)
- **14 DMC 3752 Very Light Antique Blue**
  Jacket front and sleeves (light), lapels (middle)
- **15 DMC 3753 Ultra Very Light Antique Blue**
  Lapels (light), jacket front and sleeves (lightest)
- **16 DMC 932 Light Antique Blue**
  Sleeves, jacket front and lapels (dark)
- **17 DMC BLANC White** White stripes, white belt (light)
- **18 DMC 310 Black**
  Black belt, rank bars (darker), belt edges (darkest)
- **19 DMC 798 Dark Delft Blue** Blue belt (light)
- **20 DMC 553 Violet** Purple belt (light)
- **21 DMC 321 Red** Rank bars (lighter)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 898 Very Dark Coffee Brown	**8**	DMC 552 Medium Violet	**15**	DMC 3753 Ultra Very Light Antique Bl...
2	DMC 413 Dark Pewter Gray	**9**	DMC 550 Very Dark Violet	**16**	DMC 932 Light Antique Blue
3	DMC 762 Very Light Pearl Gray	**10**	DMC 433 Medium Brown	**17**	DMC BLANC White
4	DMC 415 Pearl Gray	**11**	DMC 434 Light Brown	**18**	DMC 310 Black
5	DMC 931 Medium Antique Blue	**12**	DMC 3750 Very Dark Antique Blue	**19**	DMC 798 Dark Delft Blue
6	DMC 797 Royal Blue	**13**	DMC 930 Dark Antique Blue	**20**	DMC 553 Violet
7	DMC 820 Very Dark Royal Blue	**14**	DMC 3752 Very Light Antique Blue	**21**	DMC 321 Red

How many strands

Split stitch. 3 strands: belt edges, jacket edges, knot edges; 1 strand: seam lines, pole edge, lapel rows.

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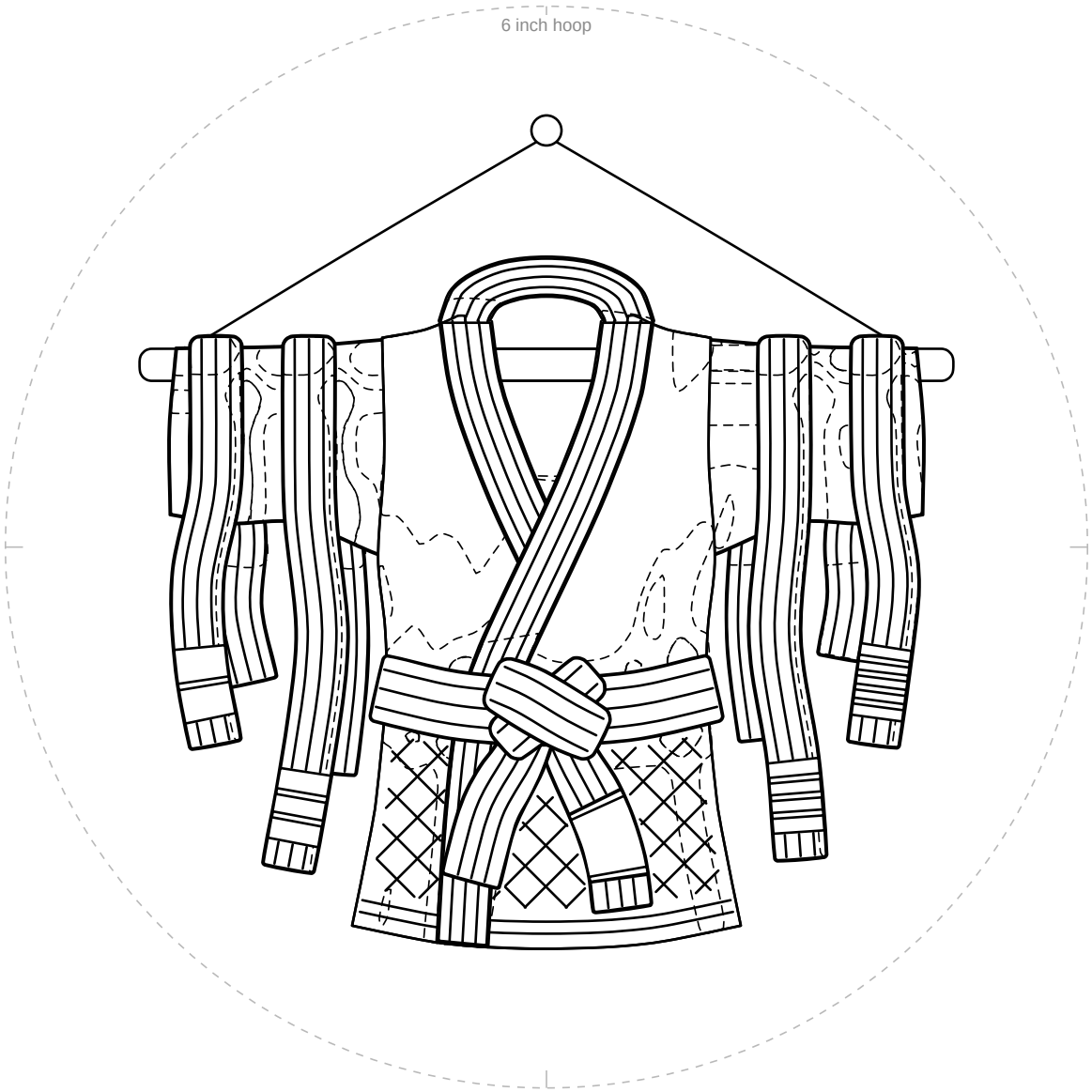
6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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