Journal page corners, four flowers

6 inch (15 cm) hoop, 4.2 × 4.2 in (10.7 × 10.7 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

18 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Corner scrolls, stems

2. **Fishbone stitch**, 2 strands
   Leaves, hoods



3. **Satin stitch**, 2 strands
   Snowdrop petals (color 5), inner cup, green marks, sepals, rose eye, back rays, front rays, aster cups, aster center, holly buds, holly leaves, holly blossoms



4. **Long and short stitch**
   1 strand
   Snowdrop petals (color 6), rosebud petals, rose petals



5. **Split stitch**, 1 strand
   Rose petal edges, edges of the berries

6. **Straight stitch**
   1 strand: stamens, lines of the aster cups
   2 strands: berry highlights



7. **Stem stitch**, 1 strand
   Lines of the leaves, edges of the hoods, holly veins

8. **Back stitch**, 1 strand
   Petal edges, holly leaf edges

9. **Padded satin stitch**, 2 strands
   Seed cases, rose hips, berries



10. **French knot**
    2 strands, two wraps
    Scroll knots, gold ring, knots of the aster center, blossom centers



Take out lines that still show, press face down, finish the hoop.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 931 Medium Antique Blue	7	DMC 3753 Ultra Very Light Antique Bl...	13	DMC 3820 Dark Straw
2	DMC 520 Dark Fern Green	8	DMC 3328 Dark Salmon	14	DMC 211 Light Lavender
3	DMC 3363 Medium Pine Green	9	DMC 3721 Dark Shell Pink	15	DMC 3835 Medium Grape
4	DMC 523 Light Fern Green	10	DMC 760 Salmon	16	DMC 301 Medium Mahogany
5	DMC 3752 Very Light Antique Blue	11	DMC 761 Light Salmon	17	DMC 347 Very Dark Salmon
6	DMC 3865 Winter White	12	DMC 3713 Very Light Salmon	18	DMC 815 Medium Garnet

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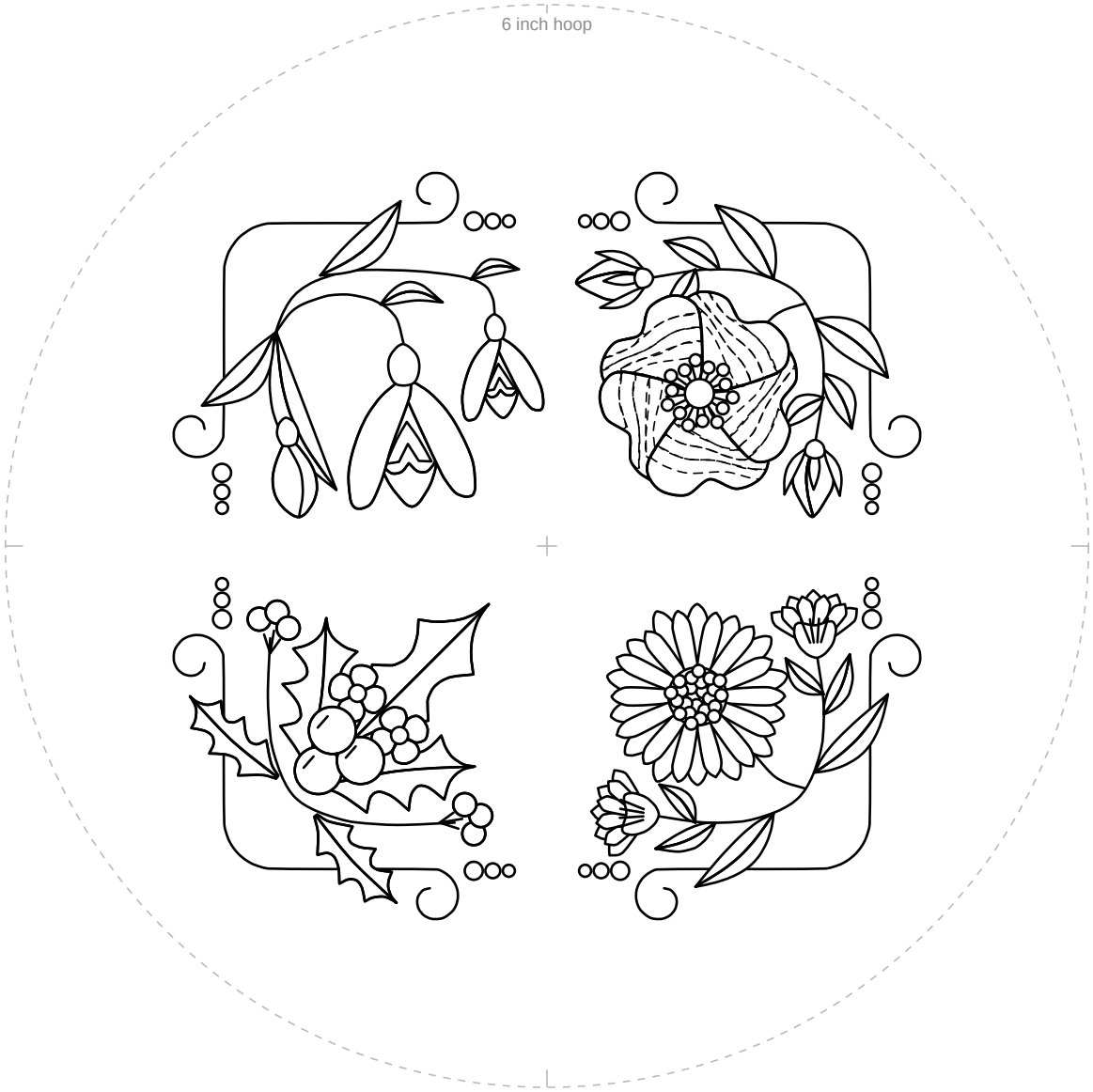
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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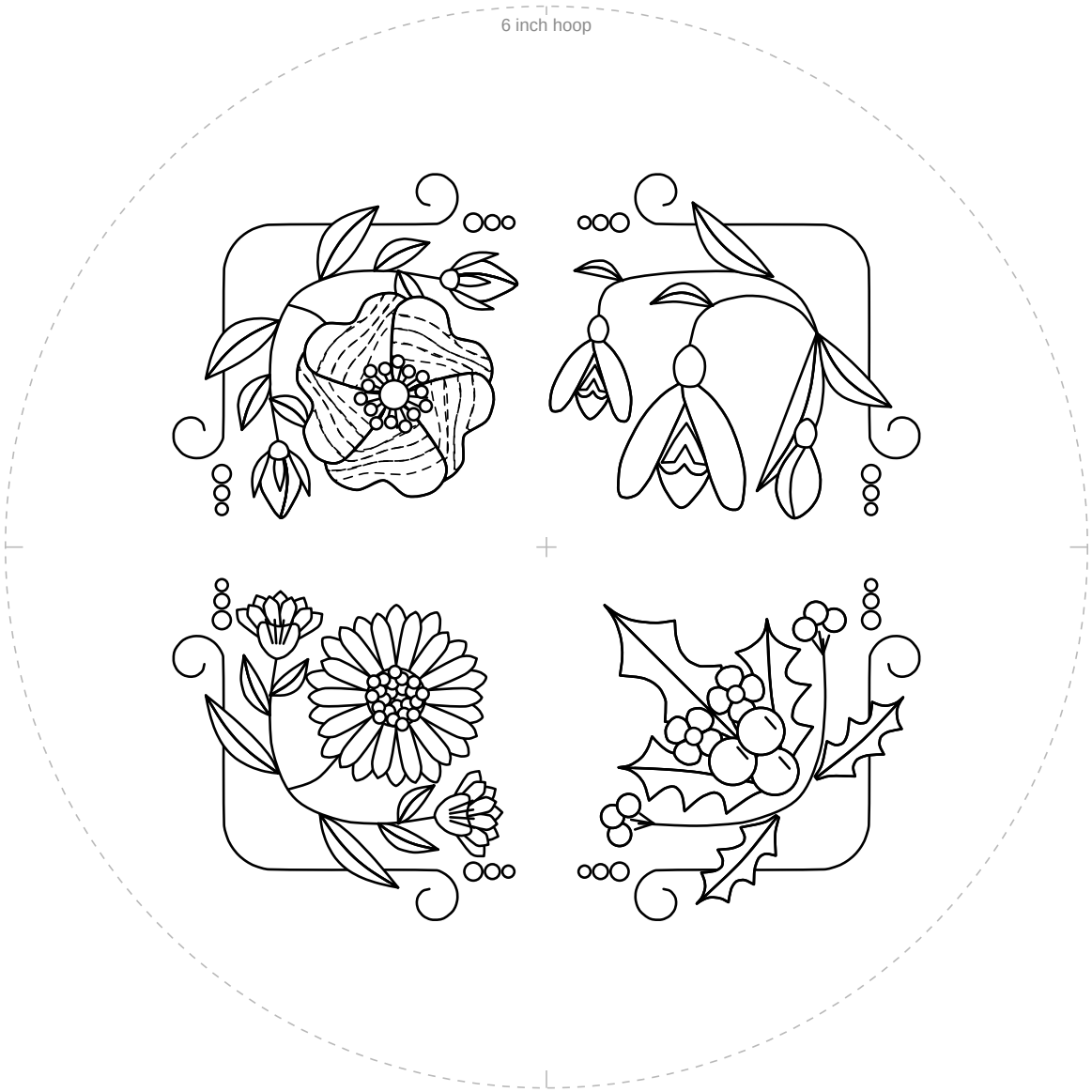
6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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