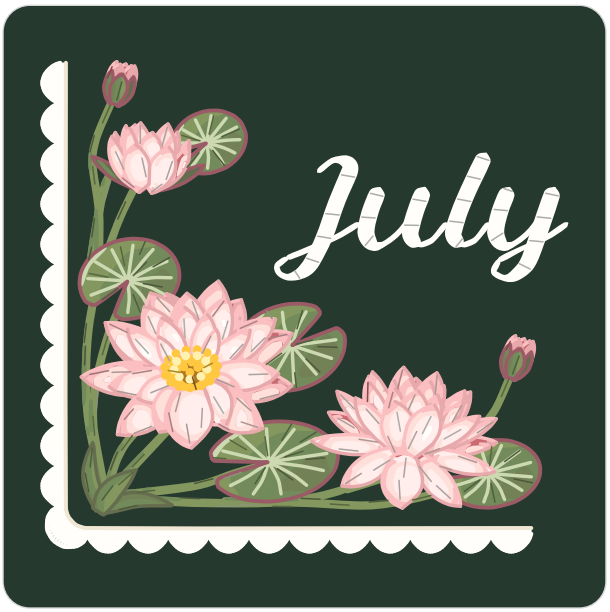
July birth flower, water lily

6 inch (15 cm) hoop, 3.9 × 3.6 in (9.9 × 9.1 cm)



Colors by number: page 2.
Fabric: dark green cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of dark green cotton or linen.

An embroidery needle, size 9.

16 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   1 strand, colors 1, 3, 4, 5, 6, 8, 9, 10, 11, 12, 13, 14, 15
   Stalks, lily pads, sheath, petals, stamens, sepals



2. **Satin stitch**, 2 strands, color 1
   Month



3. **Buttonhole stitch**
   2 strands, color 1
   Scalloped edge



4. **Stem stitch**, colors 2, 7
   2 strands: edge cord
   1 strand: pad rims

5. **Split stitch**
   1 strand, colors 6, 7, 8, 9, 11
   Pad veins, edges of the sheath, petal edges, sepal edges

6. **French knot**
   1 strand, two wraps, colors 14, 16
   Stamen tips



Take out lines that still show, press face down, finish the hoop.

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July birth flower, water lily

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC BLANC White	7	DMC 3726 Dark Antique Mauve	13	DMC 819 Light Baby Pink
2	DMC ECRU Ecru	8	DMC 520 Dark Fern Green	14	DMC 725 Medium Light Topaz
3	DMC 3364 Pine Green	9	DMC 3688 Medium Mauve	15	DMC 782 Dark Topaz
4	DMC 988 Medium Forest Green	10	DMC 3687 Mauve	16	DMC 727 Very Light Topaz
5	DMC 3363 Medium Pine Green	11	DMC 3689 Light Mauve		
6	DMC 3348 Light Yellow Green	12	DMC 818 Baby Pink		

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July birth flower, water lily

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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