# Kashmiri style yoke with chinar leaves

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.7 in (12.4 × 11.9 cm).



Which color goes where: by number on page 2.
Fabric: teal cotton or linen.

## Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Almond leaves, almond drops
2. **Satin stitch**, 2 strands
   Boughs, blue buds, almond husks, leaf stalk
3. **Long and short stitch**, 1 strand
   Almonds, blossom petals, small chinar leaves, chinar leaf
4. **Stem stitch**, strands by part on page 2
   Twigs, leaf veins, neckline cord
5. **Back stitch**, 1 strand
   Twigs
6. **Split stitch**, strands by part on page 2
   Almond grooves, almond edges, blossom edges, small chinar leaves edge, chinar leaf edge, leaf veins
7. **Straight stitch**, 1 strand
   Stamens
8. **Chain stitch**, 3 strands
   Neckline

## Floss

- **1 DMC 471 Very Light Avocado Green** Almond leaves (lighter)
- **2 DMC 469 Avocado Green** Almond leaves (darker)
- **3 DMC 435 Very Light Brown**
  Boughs, almonds (dark), twigs and almond grooves (lighter)
- **4 DMC 3766 Light Peacock Blue** Blue buds and neckline knots
- **5 DMC 433 Medium Brown**
  Almond edges, almond grooves and twigs (darker)
- **6 DMC 3364 Pine Green** Almond husks (darker)
- **7 DMC 3013 Light Khaki Green** Almond husks (lighter)
- **8 DMC 437 Light Tan** Almonds (middle)
- **9 DMC 738 Very Light Tan** Almonds (light)
- **10 DMC 819 Light Baby Pink** Blossom petals (lightest)
- **11 DMC 3350 Ultra Dark Dusty Rose**
  Stamens and neckline cord, blossom petals (darkest)
- **12 DMC 3731 Very Dark Dusty Rose**
  Blossom edges, blossom petals (dark)
- **13 DMC 3733 Dusty Rose** Blossom petals (middle)
- **14 DMC 3354 Light Dusty Rose** Blossom petals (light)
- **15 DMC 3822 Light Straw**
  Small chinar leaves (lightest), chinar leaf edge, leaf veins (light) and 3 more parts
- **16 DMC 3820 Dark Straw**
  Small chinar leaves (light), blossom hearts
- **17 DMC 720 Dark Orange Spice**
  Chinar leaf (middle dark), small chinar leaves (darkest)
- **18 DMC 783 Medium Topaz** Small chinar leaves (dark)
- **19 DMC 918 Dark Red Copper**
  Small chinar leaves edge, chinar leaf and leaf veins (dark)
- **20 DMC 3854 Medium Autumn Gold**
  Chinar leaf (lightest), almond drops (lighter), leaf veins (middle)
- **21 DMC 815 Medium Garnet** Chinar leaf (darkest)
- **22 DMC 721 Medium Orange Spice**
  Chinar leaf (middle light), almond drops (darker)
- **23 DMC 722 Light Orange Spice** Chinar leaf (light)

Stitches, continued

9. **French knot**, strands by part on page 2, two wraps
   Stamen tips, blossom hearts, neckline knots

## Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.


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# Kashmiri style yoke with chinar leaves

**6 inch hoop**

## How to read it

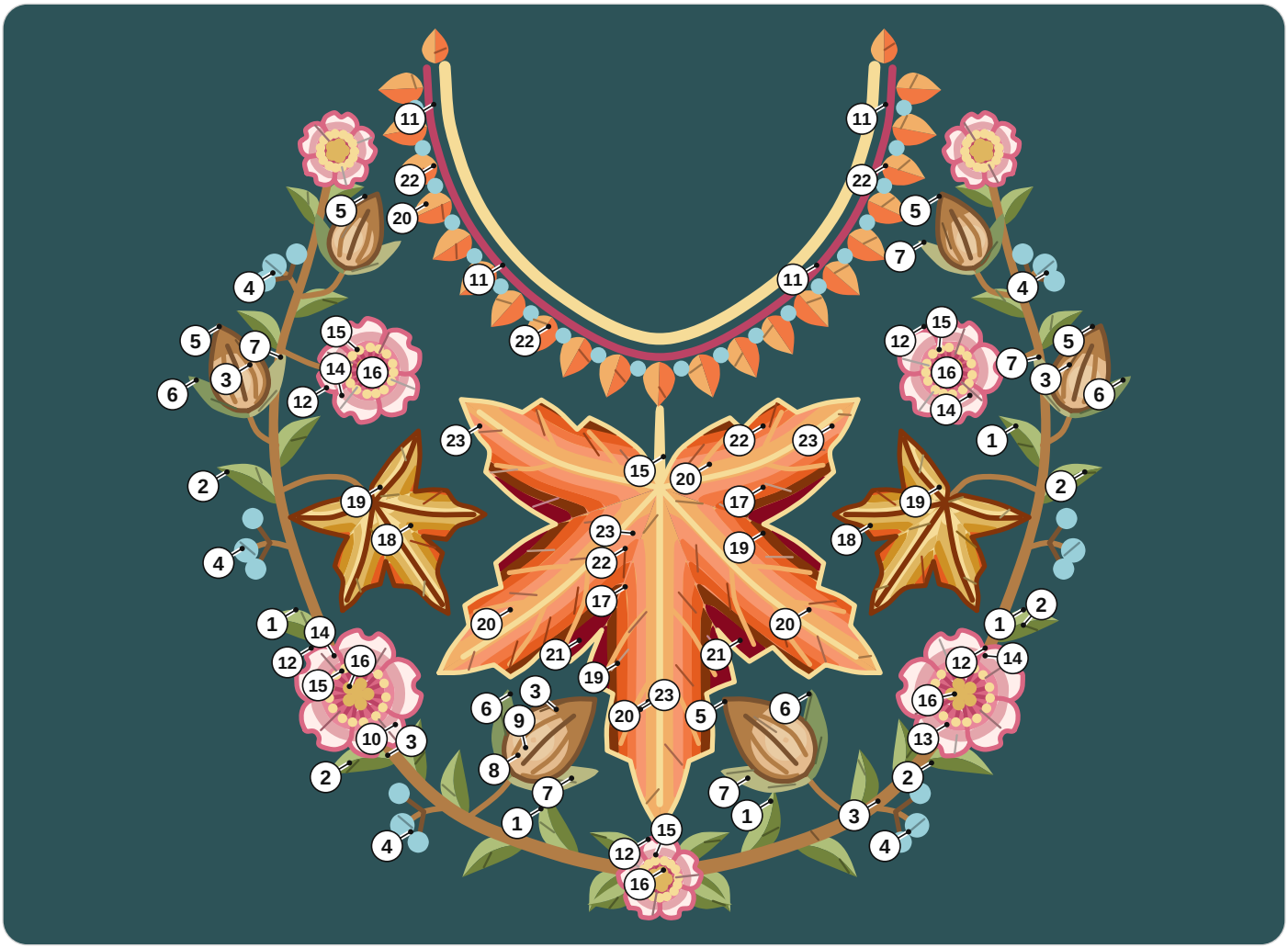
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Begin with no knot on the back where it is seen and washed, as on a towel, a napkin or clothes; for a piece in a hoop a small knot is fine. End each thread by whipping it around the backs of four or five stitches, with one small hitch.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



| | | | | | |
|---|---|---|---|---|---|
| 1 | DMC 471 Very Light Avocado Green | 9 | DMC 738 Very Light Tan | 17 | DMC 720 Dark Orange Spice |
| 2 | DMC 469 Avocado Green | 10 | DMC 819 Light Baby Pink | 18 | DMC 783 Medium Topaz |
| 3 | DMC 435 Very Light Brown | 11 | DMC 3350 Ultra Dark Dusty Rose | 19 | DMC 918 Dark Red Copper |
| 4 | DMC 3766 Light Peacock Blue | 12 | DMC 3731 Very Dark Dusty Rose | 20 | DMC 3854 Medium Autumn Gold |
| 5 | DMC 433 Medium Brown | 13 | DMC 3733 Dusty Rose | 21 | DMC 815 Medium Garnet |
| 6 | DMC 3364 Pine Green | 14 | DMC 3354 Light Dusty Rose | 22 | DMC 721 Medium Orange Spice |
| 7 | DMC 3013 Light Khaki Green | 15 | DMC 3822 Light Straw | 23 | DMC 722 Light Orange Spice |
| 8 | DMC 437 Light Tan | 16 | DMC 3820 Dark Straw | | |

## How many strands

Stem stitch. 4 strands: neckline cord; 1 to 3 strands: leaf veins; 2 strands: twigs.
Split stitch. 2 strands: almond edges, chinar leaf edge; 1 strand: almond grooves, blossom edges, small chinar leaves edge, leaf veins.
French knot. 2 strands: blossom hearts, neckline knots; 1 strand: stamen tips.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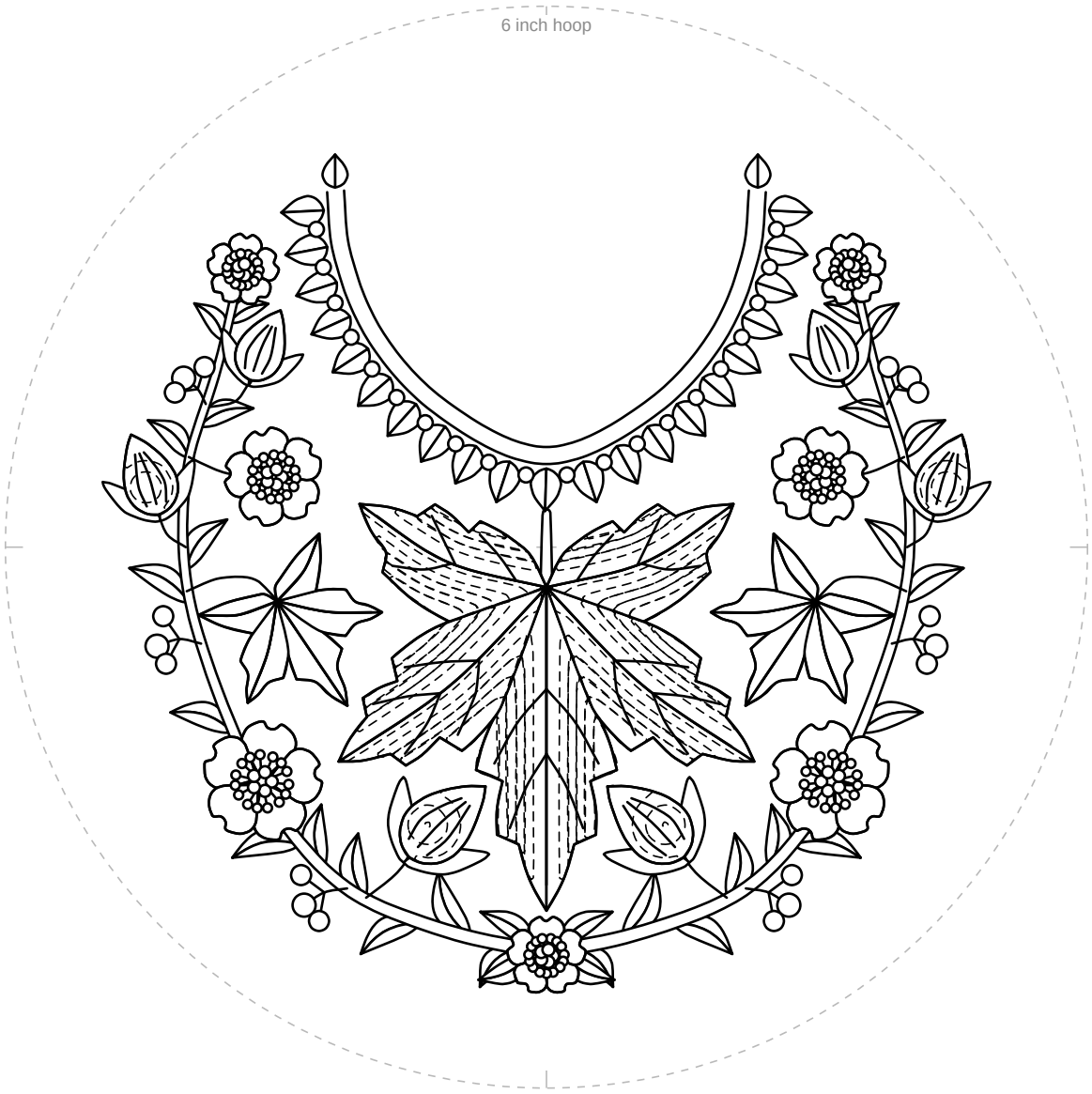
**6 inch hoop**

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.




**1 in**
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.



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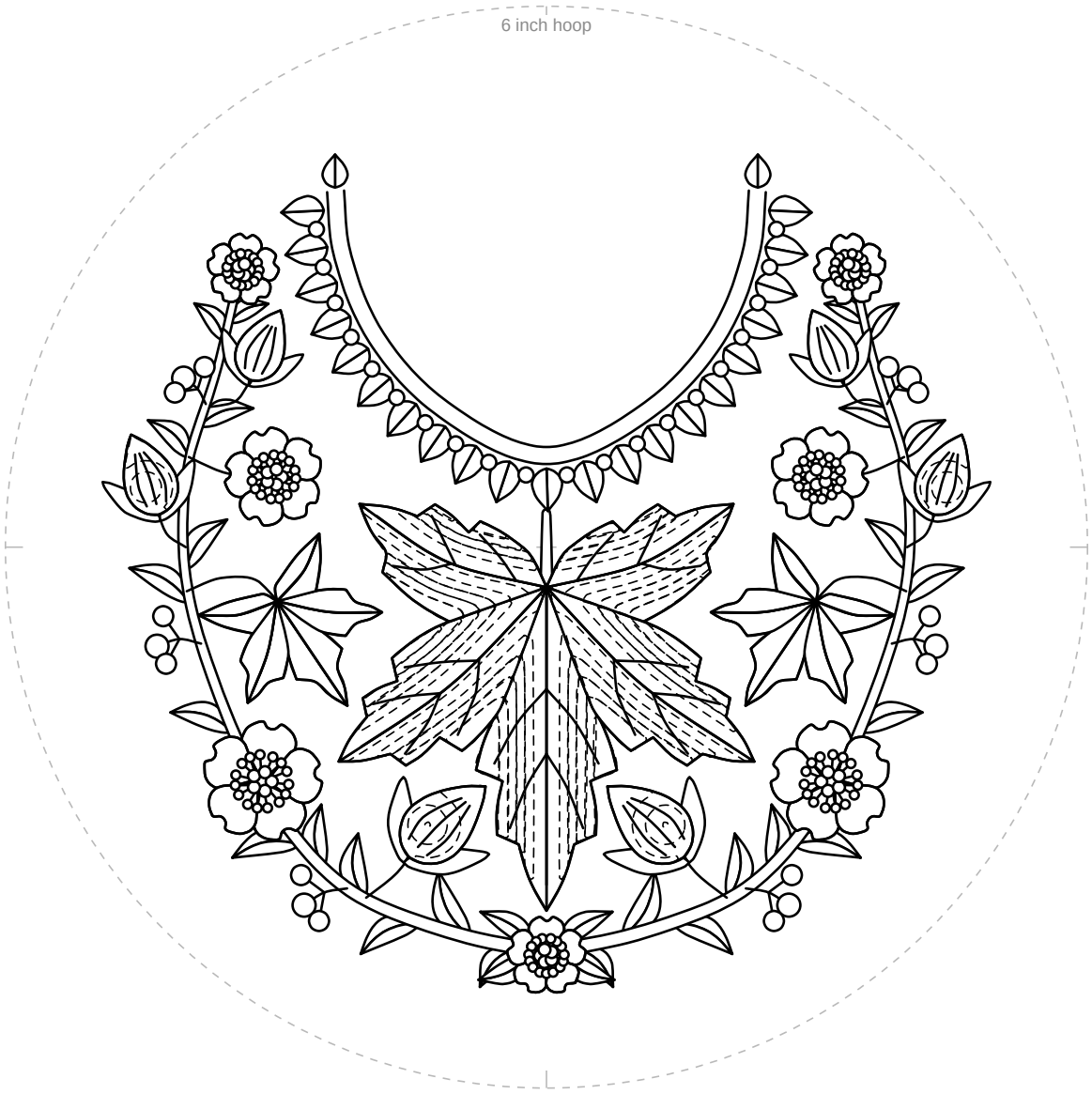
**6 inch hoop**

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.




**1 in**
25.4 mm

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