Kayak on a mountain lake

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.7 in (11.9 × 11.9 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**, 1 strand
   Sky, clouds, far ridge, granite peaks, snow, lake, pines, deck, arms, sleeves, shirt, vest, face, hair, bank
2. **Satin stitch**, 2 strands
   Sun, ripples, shore, wake ripples, wake, boat reflection, hull, cockpit, paddle shaft, paddle blades, hands, neck, braid, braid tie, ear, and 3 more
3. **Split stitch**, strands by part on page 2
   Wake folds, deck lines, blade edges, hair lights
4. **Stem stitch**, strands by part on page 2
   Gunwale, cockpit rim, blade ridge, vest straps, lupine stems, rim
5. **Straight stitch**, strands by part on page 2
   Fingers, braid
6. **Chain stitch**, 2 strands
   Braid
7. **French knot**
   strands by part on page 2, two wraps
   Earring, lupine blooms

Floss

- **1 DMC 3341 Apricot**
  Sky (darkest), deck and boat reflection (lighter), clouds (dark)
- **2 DMC 3747 Very Light Blue Violet**
  Sky (dark), far ridge (lighter), granite peaks (light), wake and 4 more parts
- **3 DMC 3824 Light Apricot**
  Sky (light), lake (lightest), clouds (middle)
- **4 DMC 745 Light Pale Yellow**
  Sky (lightest), vest and snow (lighter), paddle blades and cockpit rim and 4 more parts
- **5 DMC 742 Light Tangerine**
  Vest (darker), sun, blade ridge and earring, ripples (middle light)
- **6 DMC 318 Light Steel Gray**
  Granite peaks (middle), far ridge (darker), ripples (dark)
- **7 DMC 317 Pewter Gray**
  Granite peaks (dark), blade edges, ripples (darkest)
- **8 DMC 597 Turquoise** Lake (dark)
- **9 DMC 3809 Very Dark Turquoise** Lake (darkest)
- **10 DMC 598 Light Turquoise**
  Lake (light), wake folds and wake ripples, ripples (middle dark)
- **11 DMC 500 Very Dark Blue Green**
  Pines and bank (darker), rim and shore
- **12 DMC 501 Dark Blue Green**
  Pines and bank (lighter), lupine leaves and lupine stems
- **13 DMC 349 Dark Coral**
  Hull, vest straps, deck lines and braid tie, deck and boat reflection (darker)
- **14 DMC 3371 Black Brown**
  Cockpit, hair, paddle shaft and fingers, braid (darker)
- **15 DMC 433 Medium Brown**
  Arms and face (lighter), hands and ear
- **16 DMC 801 Dark Coffee Brown**
  Neck and hair lights, arms and face (darker), braid (lighter)
- **17 DMC 209 Dark Lavender**
  Lupine blooms (middle), sleeves and shirt (lighter)
- **18 DMC 333 Very Dark Blue Violet**
  Shirt and sleeves (darker), lupine blooms (dark)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Kayak on a mountain lake

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3341 Apricot	**7**	DMC 317 Pewter Gray	**13**	DMC 349 Dark Coral
2	DMC 3747 Very Light Blue Violet	**8**	DMC 597 Turquoise	**14**	DMC 3371 Black Brown
3	DMC 3824 Light Apricot	**9**	DMC 3809 Very Dark Turquoise	**15**	DMC 433 Medium Brown
4	DMC 745 Light Pale Yellow	**10**	DMC 598 Light Turquoise	**16**	DMC 801 Dark Coffee Brown
5	DMC 742 Light Tangerine	**11**	DMC 500 Very Dark Blue Green	**17**	DMC 209 Dark Lavender
6	DMC 318 Light Steel Gray	**12**	DMC 501 Dark Blue Green	**18**	DMC 333 Very Dark Blue Violet

How many strands

Split stitch. 2 strands: wake folds, deck lines; 1 strand: blade edges, hair lights.
Stem stitch. 3 strands: vest straps, rim; 2 or 3 strands: cockpit rim; 2 strands: gunwale, blade ridge, lupine stems.
Straight stitch. 2 strands: braid; 1 strand: fingers.
French knot. 2 strands: lupine blooms; 1 strand: earring.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Kayak on a mountain lake

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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