Laced running stitch sampler

Sized for a 6 inch hoop (15 cm). The stitched design is about 4 × 4.7 in (10.2 × 11.9 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**
   strands by part on page 2
   Handle, lemons, blossom petals
2. **Satin stitch**, 2 strands
   Inside of the jug, rim, buds, blossom cups, satin hoops, diamonds, jug sides, foot, lemon half rind, lemon half pith, lemon half segments
3. **Fishbone stitch**, 2 strands
   Leaves
4. **Whipped running stitch**, 6 strands
   Laces
5. **Running stitch**, 6 strands
   Running stitch rows
6. **Split stitch**, strands by part on page 2
   Handle edges, lemon edges, blossom edges
7. **Stem stitch**, strands by part on page 2
   Leaf stalks, branches, lemon stalks
8. **French knot**, 2 strands, two wraps
   Blossom hearts

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 350 Medium Coral** Laces (dark)
- **2 DMC 799 Medium Delft Blue**
  Satin hoops (lighter), laces (middle)
- **3 DMC 820 Very Dark Royal Blue**
  Jug sides, inside of the jug, running stitch rows, foot and handle edges, handle (dark)
- **4 DMC 798 Dark Delft Blue** Handle (light), rim
- **5 DMC 797 Royal Blue**
  Satin hoops (darker), diamonds, handle (middle)
- **6 DMC 895 Very Dark Hunter Green** Leaves (darkest)
- **7 DMC 3346 Hunter Green**
  Leaves (dark), leaf stalks (lighter), blossom cups
- **8 DMC 3347 Medium Yellow Green** Leaves (light)
- **9 DMC 433 Medium Brown**
  Branches and lemon stalks, leaf stalks (darker)
- **10 DMC 989 Forest Green** Leaves (lightest)
- **11 DMC 726 Light Topaz**
  Lemons (light), lemon half segments
- **12 DMC 783 Medium Topaz**
  Lemon edges and blossom hearts, lemons (darkest)
- **13 DMC 725 Medium Light Topaz**
  Lemons (dark), lemon half rind, laces (light)
- **14 DMC 727 Very Light Topaz** Lemons (lightest)
- **15 DMC 3688 Medium Mauve** Buds
- **16 DMC BLANC White**
  Blossom petals (lighter), lemon half pith
- **17 DMC 762 Very Light Pearl Gray**
  Blossom petals (darker)
- **18 DMC 415 Pearl Gray** Blossom edges

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Laced running stitch sampler

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 350 Medium Coral	**7**	DMC 3346 Hunter Green	**13**	DMC 725 Medium Light Topaz
2	DMC 799 Medium Delft Blue	**8**	DMC 3347 Medium Yellow Green	**14**	DMC 727 Very Light Topaz
3	DMC 820 Very Dark Royal Blue	**9**	DMC 433 Medium Brown	**15**	DMC 3688 Medium Mauve
4	DMC 798 Dark Delft Blue	**10**	DMC 989 Forest Green	**16**	DMC BLANC White
5	DMC 797 Royal Blue	**11**	DMC 726 Light Topaz	**17**	DMC 762 Very Light Pearl Gray
6	DMC 895 Very Dark Hunter Green	**12**	DMC 783 Medium Topaz	**18**	DMC 415 Pearl Gray

How many strands

Long and short stitch. 2 strands: handle; 1 strand: lemons, blossom petals.
Split stitch. 2 strands: handle edges; 1 strand: lemon edges, blossom edges.
Stem stitch. 3 or 4 strands: branches; 3 strands: lemon stalks; 2 strands: leaf stalks.

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Laced running stitch sampler

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Laced running stitch sampler

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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