Lacrosse stick bookmark

Sized for a 6 inch hoop (15 cm). The stitched design is about 1.6 × 4.7 in (4.1 × 11.9 cm).



Which color goes where: by number on page 2.
Fabric: dark green cotton or linen.

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 712 Cream**
  Border, head, net, border line, throat and shaft sides and 2 more parts
- **2 DMC 3852 Very Dark Straw**
  Ball and throat fan, satin chevrons (middle), satin points (lighter) and 2 more parts
- **3 DMC 3830 Terra Cotta**
  Butt end, satin chevrons (dark), satin points (darker) and 4 more parts
- **4 DMC 932 Light Antique Blue**
  Herringbone bands, rim knots and vine flowers, satin chevrons and chain bands (light)
- **5 DMC 3053 Green Gray**
  Vine leaves, vines, daisy leaves and berry stalks

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Blanket stitch**, 2 strands
   Border
2. **Satin stitch**, 2 strands
   Ball, throat, head, satin chevrons, satin points, butt end
3. **Fishbone stitch**, 2 strands
   Vine leaves
4. **Stem stitch**, strands by part on page 2
   Border line, ball edge, shaft sides, vines
5. **Back stitch**, 2 strands
   Net
6. **Chain stitch**, 4 strands
   Chain bands
7. **Herringbone stitch**, 3 strands
   Herringbone bands
8. **Straight stitch**, 1 strand
   Berry stalks
9. **Lazy daisy stitch**, 3 strands
   Throat fan, daisy flowers, daisy leaves, vine flowers
10. **French knot**, 2 strands, two wraps
    Rim knots, knots, vine berries

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Lacrosse stick bookmark

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 712 Cream
2 DMC 3852 Very Dark Straw
3 DMC 3830 Terra Cotta
4 DMC 932 Light Antique Blue
5 DMC 3053 Green Gray

How many strands

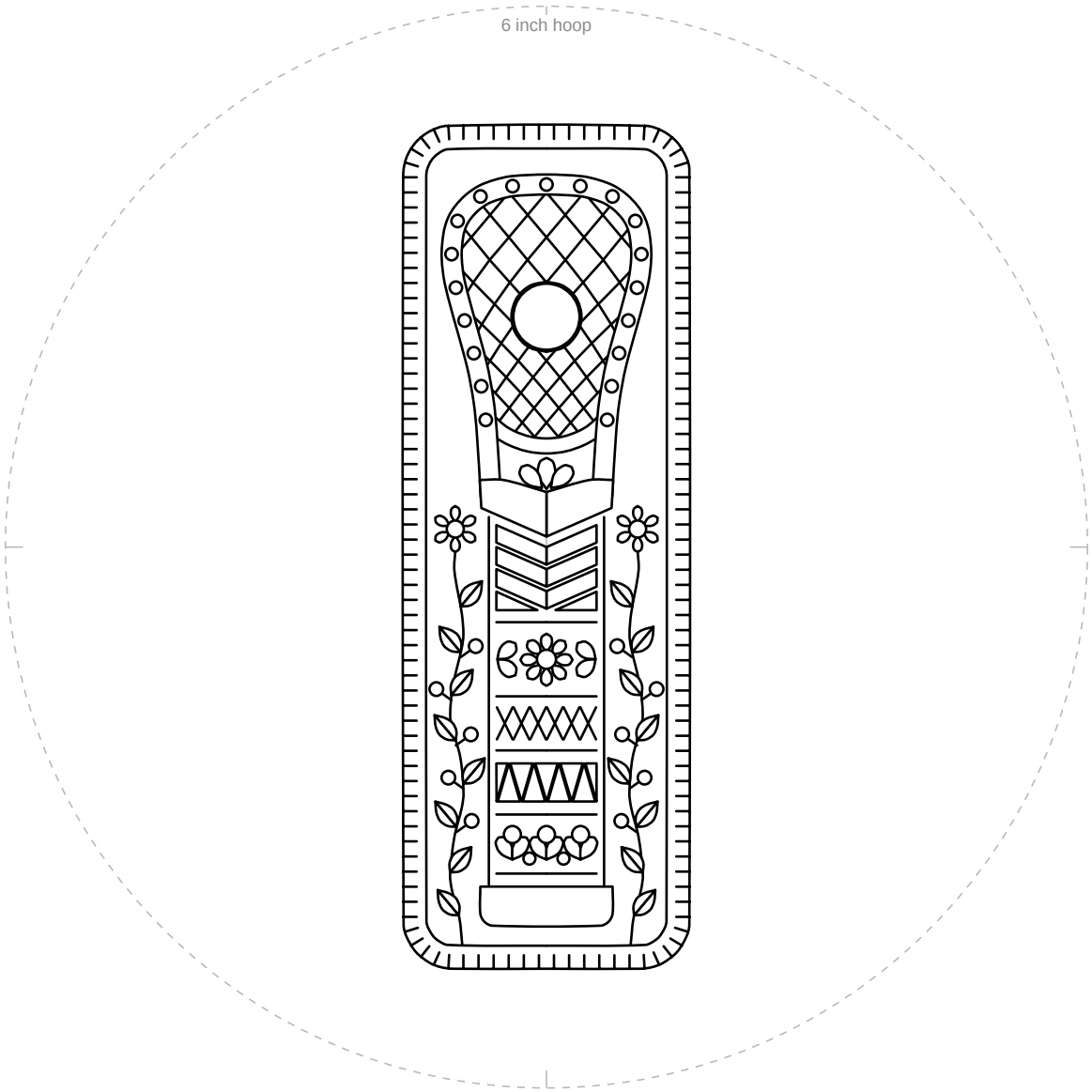
Stem stitch. 3 strands: shaft sides; 2 strands: border line, ball edge, vines.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Lacrosse stick bookmark

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

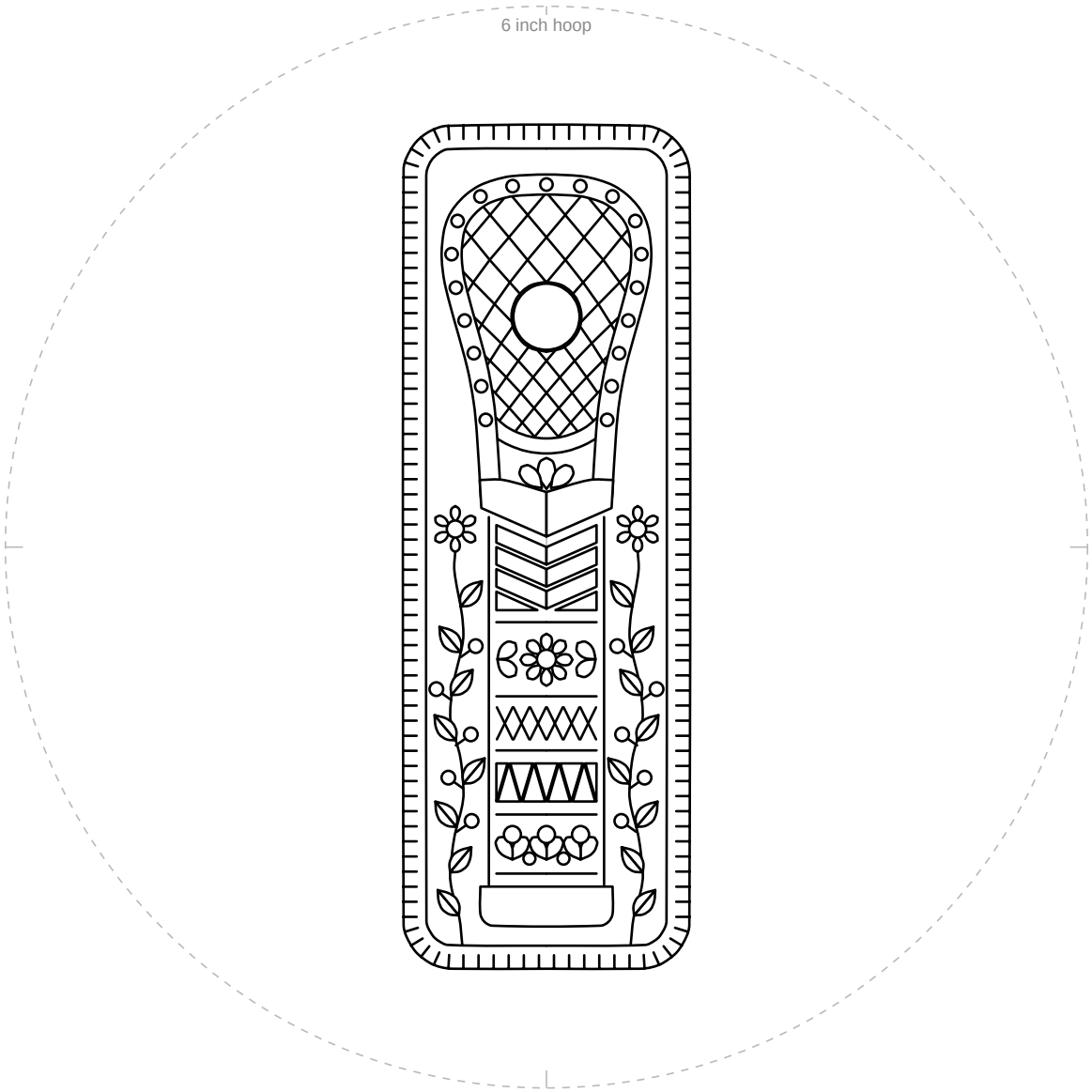
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Lacrosse stick bookmark

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.