Pocket with laurel and heart

6 inch (15 cm) hoop, 3.9 × 4.7 in (9.9 × 11.9 cm)



Colors by number: page 2.
Fabric: indigo cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of indigo cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

11 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Tulip stem, spray stems

2. **Fishbone stitch**, 2 strands
   Outer laurel leaves, inner laurel leaves, tulip leaves, spray leaves



3. **Long and short stitch**, 1 strand
   Heart center



4. **Satin stitch**, 2 strands
   Tulip petals, tulip center, heart border, flower petals, pocket edge, pocket trim, border hearts, border leaves, spray petals, spray tulip centers



5. **Stem stitch**, 3 strands
   Laurel stems

6. **Straight stitch**, 2 strands
   Berry stalks



7. **Chain stitch**, 2 strands
   Hem line



8. **Running stitch**, 4 strands
   Topstitching

9. **French knot**
   2 strands, two wraps
   Laurel berries, heart knots, flower center, trim knots



Take out lines that still show, press face down on soft cloth.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 989 Forest Green	**5**	DMC 3820 Dark Straw	**9**	DMC 3822 Light Straw
2	DMC 987 Dark Forest Green	**6**	DMC 321 Red	**10**	DMC 334 Medium Baby Blue
3	DMC 368 Light Pistachio Green	**7**	DMC 498 Dark Red	**11**	DMC 3325 Light Baby Blue
4	DMC 666 Bright Red	**8**	DMC 712 Cream		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a dashed line is running stitch; a finer one inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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