Apple blossom laurel wreath

6 inch (15 cm) hoop, 4.4 × 4.8 in (11.2 × 12.2 cm)



Colors by number: page 2.
Fabric: sage green cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of sage green cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

21 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 4 strands
   Branches

2. **Fishbone stitch**, 2 strands
   Laurel leaves



3. **Long and short stitch**, 1 strand
   Carmine buds, rosy petal backs, white petals, fallen petal



4. **Satin stitch**, 2 strands
   Sepals, flower centers



5. **Stem stitch**, 2 strands
   Downy stalks

6. **Split stitch**, 1 strand
   Lines of the carmine buds, petal edges

7. **Straight stitch**, 1 strand
   Filaments



8. **French knot**, 1 strand, two wraps
   Stamen tips



Take out lines that still show, press face down, finish the hoop or sew a pillow.

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Apple blossom laurel wreath

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 840 Medium Beige Brown	8	DMC 3733 Dusty Rose	15	DMC 819 Light Baby Pink
2	DMC 3347 Medium Yellow Green	9	DMC 3685 Very Dark Mauve	16	DMC 3023 Light Brown Gray
3	DMC 469 Avocado Green	10	DMC 309 Ultra Very Dark Rose	17	DMC 3866 Ultra Very Light Mocha
4	DMC 936 Very Dark Avocado Green	11	DMC 3831 Dark Raspberry	18	DMC BLANC White
5	DMC 522 Fern Green	12	DMC 3689 Light Mauve	19	DMC 3348 Light Yellow Green
6	DMC 520 Dark Fern Green	13	DMC 3687 Mauve	20	DMC 744 Pale Yellow
7	DMC 523 Light Fern Green	14	DMC 3688 Medium Mauve	21	DMC 3820 Dark Straw

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Apple blossom laurel wreath

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

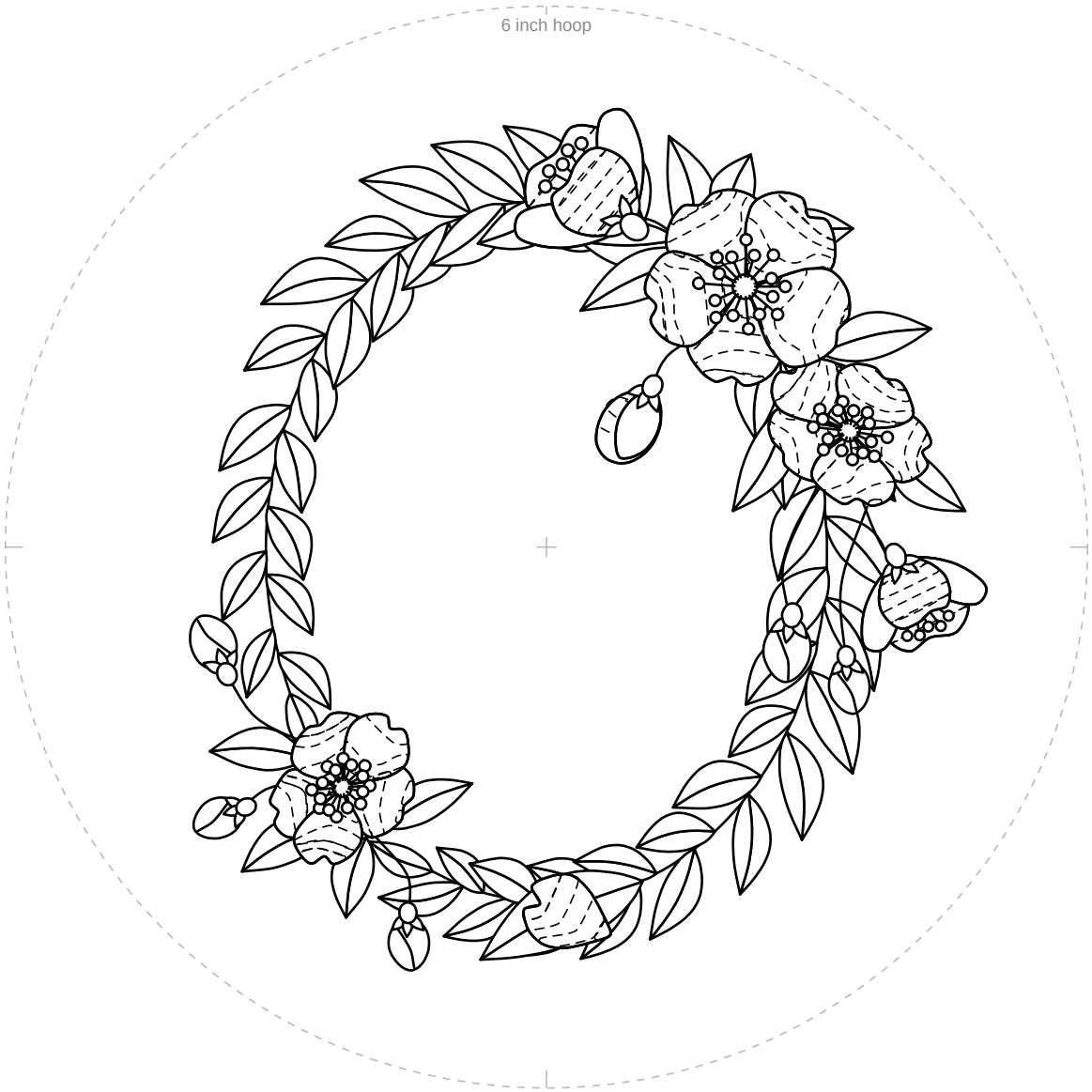
Not 1 inch (25.4 mm)? Print again at 100%.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Apple blossom laurel wreath

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.