Lefkara style whitework motif

Sized for a 6 inch hoop (15 cm). The stitched design is about 5 × 5 in (12.7 × 12.7 cm).



Which color goes where. Each number is a stitch of the list.
Fabric: dark teal cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Satin stitch**
   3 strands: center star, outer lozenges, river, river triangles
   2 strands: open square frames



2. **Buttonhole stitch**
   2 strands: center eyelet
   1 strand: edging arches



3. **Straight stitch**
   2 strands: hem sheaf ties
   1 strand: lace stars, hem sheaves



4. **Stem stitch**
   3 strands: edging line
   2 strands: hem lines

5. **Lazy daisy stitch**, 2 strands
   Daisies



6. **French knot**
   2 strands, two wraps
   Lace star centers, daisy centers, picots



Floss

- **DMC BLANC White**
  Edging arches, river, center star, outer lozenges and hem lines and 5 more parts
- **DMC 739 Ultra Very Light Tan**
  Hem sheaves, open square frames, hem sheaf ties, daisy centers and center eyelet
- **DMC 841 Light Beige Brown**
  River triangles

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 2 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 2 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 2 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 2 is the pattern at actual size (page 3 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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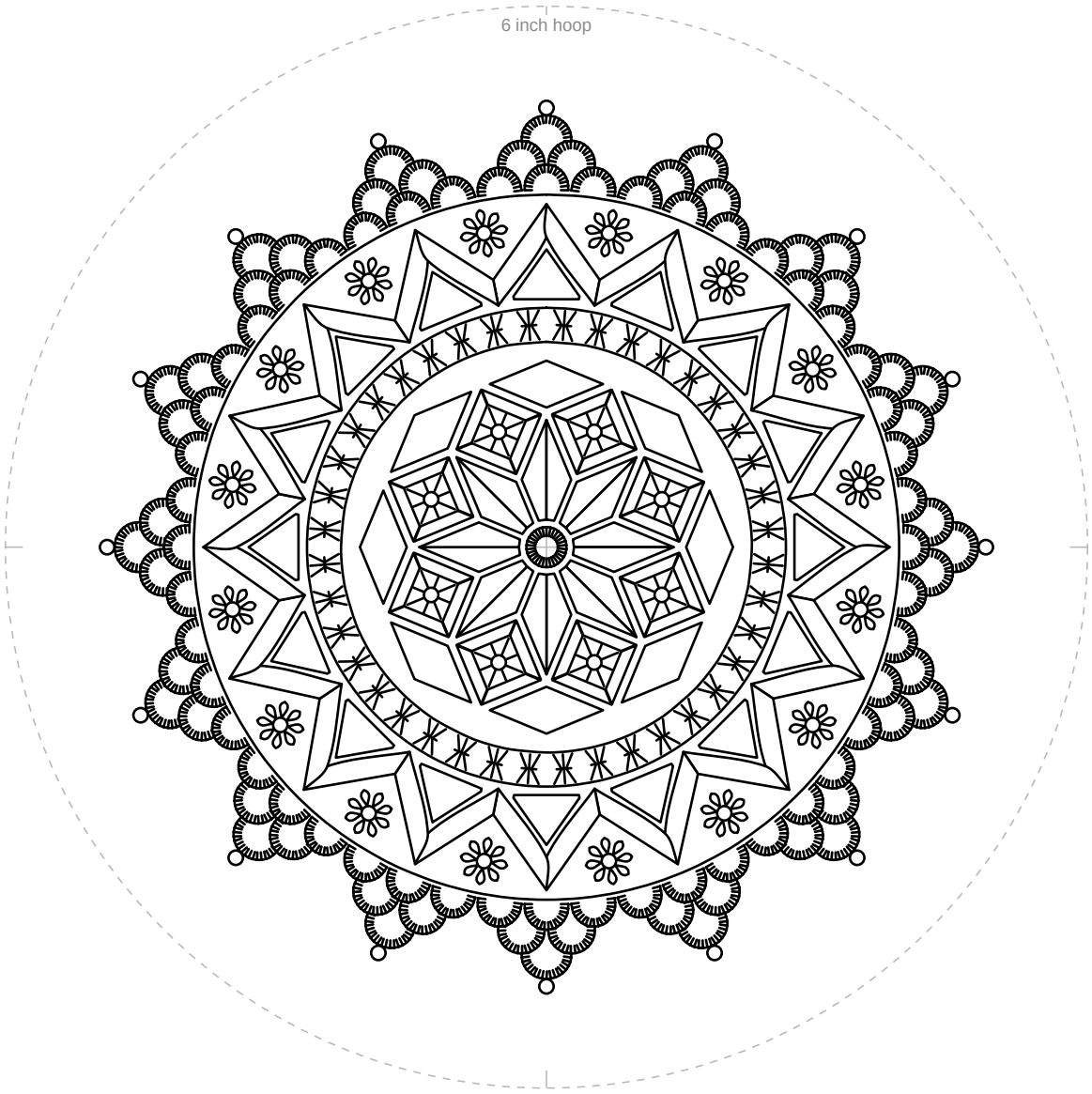
6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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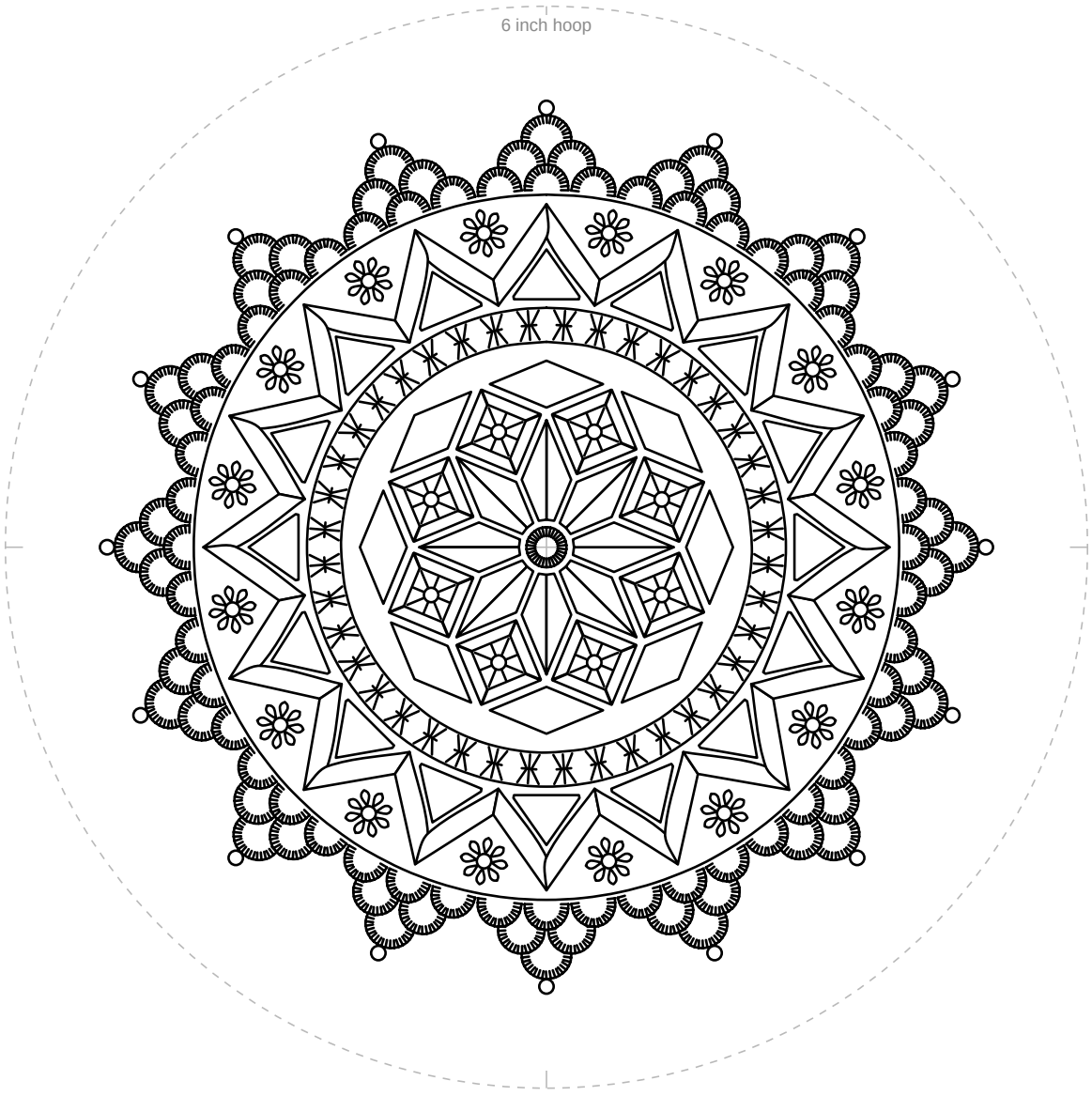
6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



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