Let’s eat in laurel

Sized for a 6 inch hoop (15 cm). The stitched design is about 5 × 5 in (12.7 × 12.7 cm).



Which color goes where: by number on page 2.
Fabric: charcoal cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Table edge, noodle bowl, egg halves, egg yolks, scallions, salad bowl, cucumber slices, tomato slices, tomato seeds, steamer, dumplings, and 26 more
2. **Long and short stitch**, 2 strands
   Noodle broth, salad, steamer leaf, bread board, platter, berry plate, sleeves
3. **Fishbone stitch**, 2 strands
   Lettuce, mint leaves, laurel leaves
4. **Stem stitch**, strands by part on page 2
   Table edge, noodles, lettuce, steamer bands, berry plate rim, sleeve folds, laurel stem
5. **Split stitch**, strands by part on page 2
   Noodle bowl, salad bowl, dumpling edges, board edge, loaf edge, platter rim, finger lines, sleeve folds, letter edges
6. **Straight stitch**, strands by part on page 2
   Cucumber seeds, dumpling folds, strawberry seeds, strawberry caps, lemon slices, nails
7. **French knot**
   strands by part on page 2, two wraps
   Squash seeds, laurel berries

Floss

- **1 DMC 312 Very Dark Baby Blue**
  Table edge, noodle bowl and berry plate rim (darker) and 2 more parts
- **2 DMC 3325 Light Baby Blue**
  Table edge (lighter), tumblers, sleeves (shade 5 of 7) and 3 more parts
- **3 DMC 3853 Dark Autumn Gold**
  Noodle broth, sleeves (shade 4 of 7), cuffs (middle)
- **4 DMC 3822 Light Straw**
  Noodles, steamer and fork and spoon, lemon slices (darker) and 2 more parts
- **5 DMC 712 Cream**
  Letters, platter, berry plate, letter edges, dumplings and bread crumb and 9 more parts
- **6 DMC 3854 Medium Autumn Gold**
  Squash flesh, tomato seeds and egg yolks, drinks (light)
- **7 DMC 3347 Medium Yellow Green**
  Steamer leaf and laurel stem, laurel leaves and lettuce (middle) and 3 more parts
- **8 DMC 433 Medium Brown**
  Steamer bands and bread crust, salad bowl (darker), hands and arms (dark)
- **9 DMC 3345 Dark Hunter Green**
  Salad, laurel leaves and lettuce (dark), cucumber slices (darker) and 3 more parts
- **10 DMC 437 Light Tan**
  Dumpling edges, board edge, dumpling folds and dumpling tops, salad bowl (lighter)
- **11 DMC 3348 Light Yellow Green**
  Laurel leaves and lettuce (light), sleeves (shade 6 of 7) and 2 more parts
- **12 DMC 349 Dark Coral**
  Strawberries and tomato slices, sleeves (shade 1 of 7), drinks (dark)
- **13 DMC 738 Very Light Tan** Bread board
- **14 DMC 3371 Black Brown** Finger lines (dark), board hole
- **15 DMC 801 Dark Coffee Brown**
  Hands and arms (darkest), loaf (darker), loaf edge
- **16 DMC 435 Very Light Brown** Loaf (lighter)
- **17 DMC 3687 Mauve**
  Sleeves (shade 2 of 7), platter rim (darker), drinks (middle), laurel berries
- **18 DMC 3774 Very Light Desert Sand**
  Hands and arms (lightest), platter rim (lighter), cuffs and nails (light)
- **19 DMC 920 Medium Copper** Squash rind and squash hollows
- **20 DMC 632 Ultra Very Dark Desert Sand**
  Hands and arms (middle dark), finger lines (middle)
- **21 DMC 815 Medium Garnet** Sleeve folds (darker), chopsticks
- **22 DMC 950 Light Desert Sand** Hands and arms (light), nails (dark)
- **23 DMC 3064 Desert Sand**
  Hands and arms (middle light), finger lines (light), nails (darkest)
- **24 DMC 415 Pearl Gray** Fork

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 312 Very Dark Baby Blue	9	DMC 3345 Dark Hunter Green	17	DMC 3687 Mauve
2	DMC 3325 Light Baby Blue	10	DMC 437 Light Tan	18	DMC 3774 Very Light Desert Sand
3	DMC 3853 Dark Autumn Gold	11	DMC 3348 Light Yellow Green	19	DMC 920 Medium Copper
4	DMC 3822 Light Straw	12	DMC 349 Dark Coral	20	DMC 632 Ultra Very Dark Desert Sand
5	DMC 712 Cream	13	DMC 738 Very Light Tan	21	DMC 815 Medium Garnet
6	DMC 3854 Medium Autumn Gold	14	DMC 3371 Black Brown	22	DMC 950 Light Desert Sand
7	DMC 3347 Medium Yellow Green	15	DMC 801 Dark Coffee Brown	23	DMC 3064 Desert Sand
8	DMC 433 Medium Brown	16	DMC 435 Very Light Brown	24	DMC 415 Pearl Gray

How many strands

Stem stitch. 3 strands: table edge; 2 strands: noodles, laurel stem; 1 strand: lettuce, steamer bands, berry plate rim, sleeve folds.
Split stitch. 2 strands: noodle bowl, salad bowl, board edge; 1 strand: dumpling edges, loaf edge, platter rim, finger lines, sleeve folds, letter edges.
Straight stitch. 2 or 3 strands: strawberry caps; 2 strands: nails; 1 strand: cucumber seeds, dumpling folds, strawberry seeds, lemon slices.
French knot. 2 strands: laurel berries; 1 strand: squash seeds.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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