Life is not a race with a Jacobean stem

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.8 in (12.2 × 12.2 cm).



Which color goes where.

Stitches

- **Fishbone stitch**, 2 strands
  Small leaves, end leaf, calyx, strawberry leaves
- **Satin stitch**, 2 strands
  Scroll leaf, pink petals, pink cup, hanging leaf, and 14 more
- **Stem stitch**, 1 to 4 strands
  Scroll leaf edges, upright leaf, upright leaf edge, and 11 more
- **Long and short stitch**, 1 to 2 strands
  Scroll leaf, main stem, tulip back petals, and 6 more
- **Chain stitch**, 2 strands
  Scroll leaf vein, hanging leaf vein, heart edge
- **Fly stitch**, 2 strands
  Upright leaf
- **Split stitch**, 1 to 2 strands
  Pink edges, stem grain, berry edges, wing edge, and 7 more
- **Trellis stitch**, 1 to 2 strands
  Hanging leaf lattice, heart lattice, hillock lattice
- **French knot**, 1 to 2 strands, two wraps
  Berry knots, stamen knots, petal knots, and 8 more
- **Back stitch**, 1 strand
  Stamens
- **Padded satin stitch**, 2 strands
  Calyx
- **Straight stitch**, 1 to 2 strands
  Crest, feet, snail horns

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **DMC 3012 Medium Khaki Green**
  Main stem and calyx (light) and 8 more parts
- **DMC 936 Very Dark Avocado Green**
  Stem edges and 17 more parts
- **DMC 3011 Dark Khaki Green**
  Main stem (middle) and 10 more parts
- **DMC 3013 Light Khaki Green** Hillock scales and 4 more parts
- **DMC 3750 Very Dark Antique Blue**
  Outer petals (darkest) and 11 more parts
- **DMC 930 Dark Antique Blue** Outer petals (dark) and 4 more parts
- **DMC 931 Medium Antique Blue**
  Outer petals (light) and 4 more parts
- **DMC 932 Light Antique Blue**
  Outer petals (lightest) and 2 more parts
- **DMC 729 Medium Old Gold**
  Hillocks (shade 8 of 9) and 7 more parts
- **DMC 3778 Light Terra Cotta**
  Inner petals (lightest) and 4 more parts
- **DMC 3777 Very Dark Terra Cotta**
  Inner petals (darkest) and 10 more parts
- **DMC 356 Medium Terra Cotta** Inner petals (light) and 5 more parts
- **DMC 680 Dark Old Gold** Heart lattice (middle) and 9 more parts
- **DMC 3042 Light Antique Violet** Berries and tulip heart (light)
- **DMC 3740 Dark Antique Violet** Tulip heart (dark) and 3 more parts
- **DMC 3041 Medium Antique Violet** Berries and tulip heart (middle)
- **DMC 3047 Light Yellow Beige**
  Strawberry blossom (lighter) and 5 more parts
- **DMC 869 Very Dark Hazelnut Brown**
  Hillocks (shade 3 of 9) and 9 more parts
- **DMC 355 Dark Terra Cotta** Inner petals (dark) and 5 more parts
- **DMC 676 Light Old Gold** Breast (lightest) and 4 more parts
- **DMC 823 Dark Navy Blue** Words

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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