Linked spiral ring

6 inch (15 cm) hoop, 3.4 × 3.4 in (8.6 × 8.6 cm)



A number is a row of the list.
Fabric: teal cotton or linen.

Floss

- **DMC 928 Very Light Gray Green**
  Leaves and leaf stems
- **DMC BLANC White**
  Waves and rope circle
- **DMC 712 Cream**
  Pearls and foam knots

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of teal cotton or linen.

Embroidery needles, size 7, and size 5 for 4 strands.

One skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 2 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 2 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 2 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

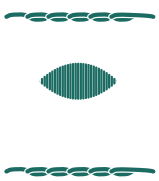
Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Leaf stems
2. **Satin stitch**, 2 strands
   Leaves
3. **Stem stitch**, 4 strands
   Rope circle



Stitch in this order, continued

4. **Padded satin stitch**, 2 strands
   Waves, pearls
5. **French knot**
   2 strands, two wraps
   Foam knots



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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Linked spiral ring

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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