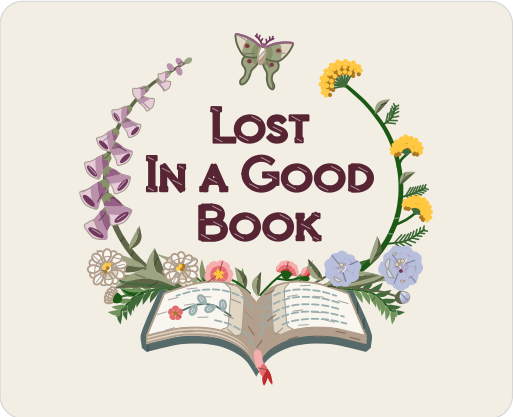
Lost in a good book, book and flowers

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.9 in (12.4 × 12.4 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Satin stitch**, 2 strands
   Fern leaves, grass blades, foxglove stem, and 17 more
2. **Long and short stitch**, 1 strand
   Foxglove bells, scabious petals, page edges, pages, and 2 more
3. **Fishbone stitch**, 2 strands
   Foxglove leaves, fennel bracts, scabious leaves, and 2 more
4. **Padded satin stitch**, 2 strands
   Moth body
5. **Stem stitch**, strands by part on page 2
   Fern stems, fennel stem, scabious stems, daisy stems, and 4 more
6. **Back stitch**, strands by part on page 2
   Fennel leaves, fennel rays, flower on the page, feelers
7. **Straight stitch**, 1 strand
   Fennel leaves, flower on the page, feelers
8. **Split stitch**, 1 strand
   Daisy edges, page edges, page outline, wing edges, and 2 more
9. **Running stitch**, 1 strand
   Lines of the page
10. **Lazy daisy stitch**, 1 strand
    Flower on the page
11. **French knot**, 1 strand, two wraps
    Fennel flowers, scabious hearts, daisy hearts, and 3 more

Floss

- **1 DMC 3345 Dark Hunter Green**
  Fennel stem and fern stems and 6 more parts
- **2 DMC 3346 Hunter Green** Fennel rays and 4 more parts
- **3 DMC 3347 Medium Yellow Green**
  Fern leaves (lighter) and 3 more parts
- **4 DMC 3053 Green Gray** Foxglove leaves (lighter) and 7 more parts
- **5 DMC 3052 Medium Green Gray** Foxglove cups and 3 more parts
- **6 DMC 3051 Dark Green Gray** Foxglove stem and 7 more parts
- **7 DMC 3836 Light Grape** Foxglove bells (light), foxglove buds (darker)
- **8 DMC 3834 Dark Grape** Foxglove throats and feelers and 3 more parts
- **9 DMC 3835 Medium Grape** Foxglove bells (dark) and 2 more parts
- **10 DMC 153 Very Light Violet** Foxglove bells (lightest)
- **11 DMC 782 Dark Topaz** Fennel flowers (darker) and 3 more parts
- **12 DMC 725 Medium Light Topaz**
  Fennel flowers (lighter) and 2 more parts
- **13 DMC 3747 Very Light Blue Violet**
  Scabious buds and scabious petals (light)
- **14 DMC 340 Medium Blue Violet**
  Scabious petals (dark) and 2 more parts
- **15 DMC 341 Light Blue Violet**
  Scabious petals and scabious buds (middle)
- **16 DMC 3033 Very Light Mocha Brown**
  Pages (middle) and 5 more parts
- **17 DMC 3032 Medium Mocha Brown** Daisy edges and 7 more parts
- **18 DMC 3865 Winter White** Pages, daisy petals and moth body (light)
- **19 DMC 760 Salmon** Avens petals (light) and 2 more parts
- **20 DMC 347 Very Dark Salmon** Avens petals (dark) and 2 more parts
- **21 DMC 3328 Dark Salmon** Avens petals (middle) and 3 more parts
- **22 DMC 924 Very Dark Gray Green**
  Cover and cover edge and 1 more part
- **23 DMC 926 Medium Gray Green**
  Lines of the page, flower on the page (lightest)
- **24 DMC 154 Very Dark Grape** Words

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

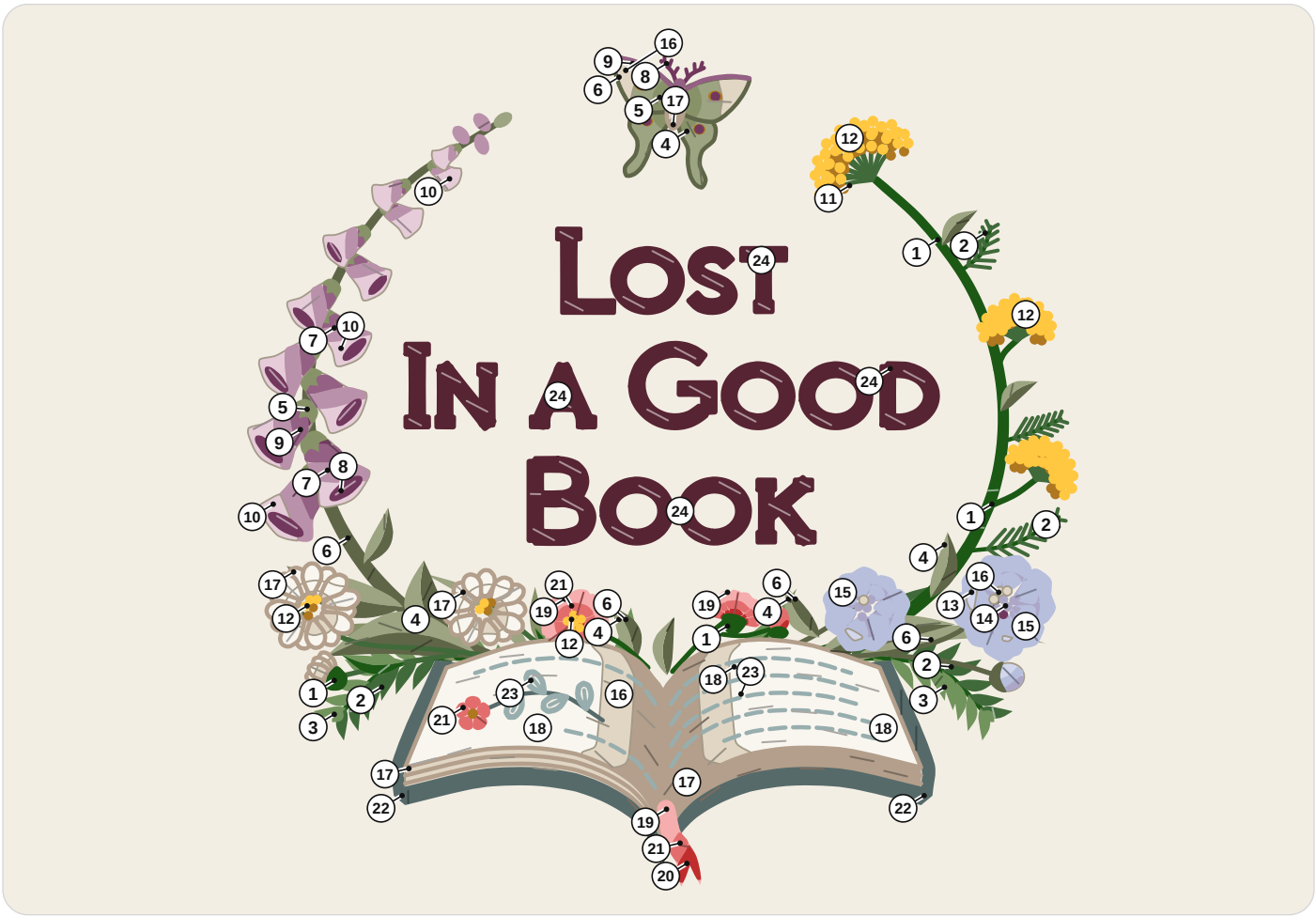
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A dashed line is running stitch. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3345 Dark Hunter Green	**9**	DMC 3835 Medium Grape	**17**	DMC 3032 Medium Mocha Brown
2	DMC 3346 Hunter Green	**10**	DMC 153 Very Light Violet	**18**	DMC 3865 Winter White
3	DMC 3347 Medium Yellow Green	**11**	DMC 782 Dark Topaz	**19**	DMC 760 Salmon
4	DMC 3053 Green Gray	**12**	DMC 725 Medium Light Topaz	**20**	DMC 347 Very Dark Salmon
5	DMC 3052 Medium Green Gray	**13**	DMC 3747 Very Light Blue Violet	**21**	DMC 3328 Dark Salmon
6	DMC 3051 Dark Green Gray	**14**	DMC 340 Medium Blue Violet	**22**	DMC 924 Very Dark Gray Green
7	DMC 3836 Light Grape	**15**	DMC 341 Light Blue Violet	**23**	DMC 926 Medium Gray Green
8	DMC 3834 Dark Grape	**16**	DMC 3033 Very Light Mocha Brown	**24**	DMC 154 Very Dark Grape

How many strands

Stem stitch. 3 strands: fennel stem; 2 strands: fern stems, scabious stems, daisy stems, fold, wing edges; 1 or 2 strands: avens stems; 1 strand: cover edge.
Back stitch. 2 strands: fennel leaves; 1 strand: fennel rays, flower on the page, feelers.

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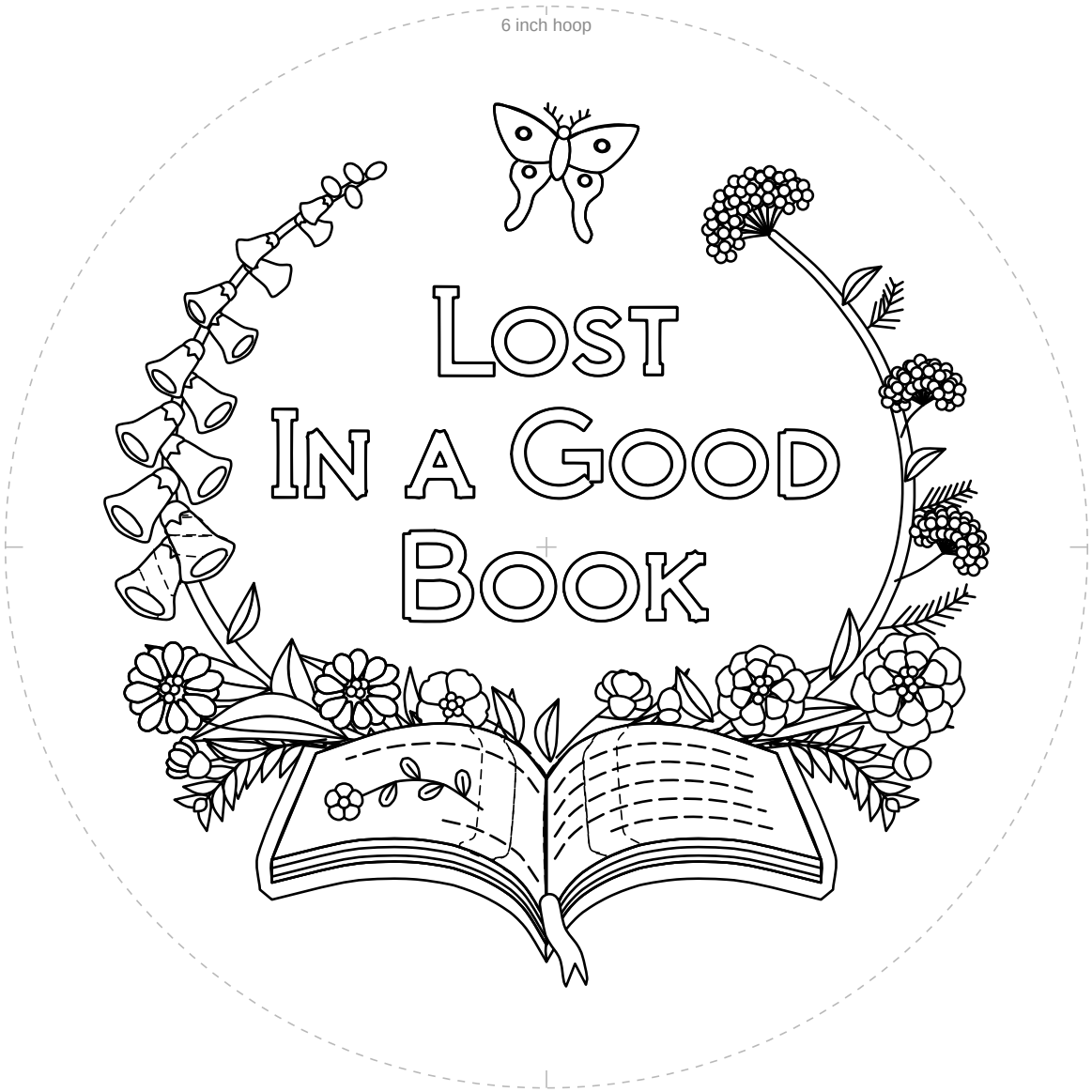
6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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