Louisiana outline with a little heart

6 inch (15 cm) hoop, 4.9 × 4.9 in (12.4 × 12.4 cm)



Colors by number: page 2.
Fabric: indigo cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of indigo cotton or linen.

Embroidery needles, size 7, and size 3 for 4 to 6 strands.

7 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Running stitch**
   colors 1, 2, 3, 4, 5
   3 strands: ripples
   2 strands: night ripples

2. **Couching**, 6 strands, color 6
   State outline



Stitch in this order, continued

3. **Stem stitch**, 3 strands, color 2
   Ring

4. **Padded satin stitch**
   2 strands, color 7
   Heart



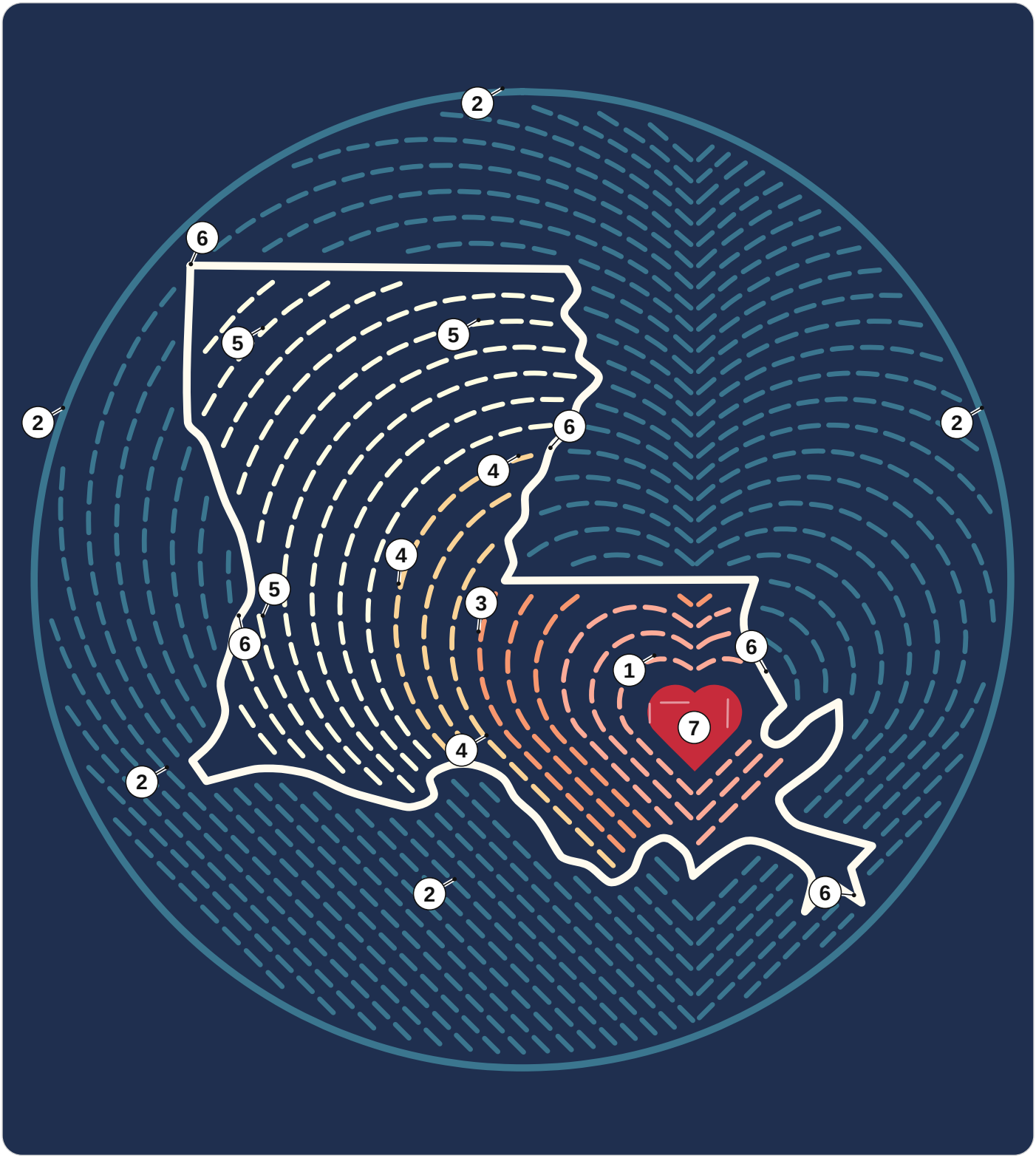
Take out lines that still show, press face down, finish the hoop or sew a pillow.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Louisiana outline with a little heart

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



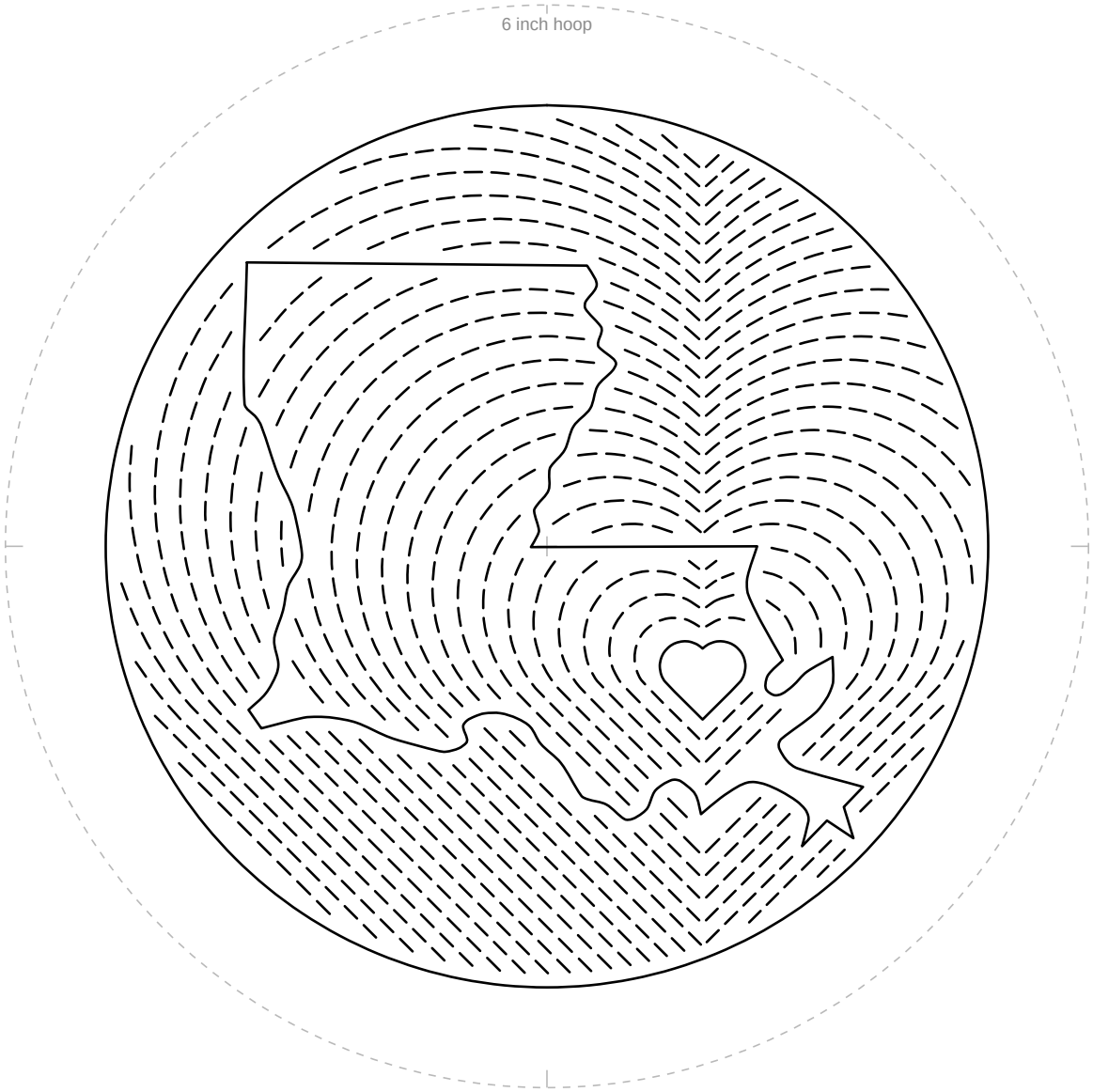
1 DMC 3341 Apricot
2 DMC 517 Dark Wedgwood
3 DMC 722 Light Orange Spice
4 DMC 3855 Light Autumn Gold
5 DMC 3823 Ultra Pale Yellow
6 DMC 712 Cream
7 DMC 321 Red

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Louisiana outline with a little heart

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a dashed line is running stitch.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.