# Love deeply

6 inch (15 cm) hoop, 4.8 × 4.8 in (12.2 × 12.2 cm)




Colors by number: page 2.
Fabric: navy cotton or linen.

## What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of navy cotton or linen.

An embroidery needle, size 9.

16 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

## Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

## How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

## Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Satin stitch**
   2 strands, colors 1, 2, 3, 4, 5, 6, 14, 15, 16
   Sea ribbons, kelp, letters



2. **Long and short stitch**
   1 strand, colors 7, 8, 9, 10, 11, 12
   Flukes, whale backs, throats, long fins



3. **Split stitch**
   1 strand, colors 7, 8, 9
   Edges of the flukes, whale edges (colors 7 and 8), edges of the long fins



4. **Stem stitch**, colors 4, 7, 8, 9, 15
   1 strand: throat pleats, whale edges (colors 7 and 8)
   2 strands: mouths
   3 strands: kelp stems, ring



5. **Straight stitch**, 1 strand, color 14
   Eye highlights, bubble highlights



6. **Back stitch**, 1 strand, color 12
   Lines of the bubbles



7. **French knot**
   two wraps, colors 12, 13, 16
   2 strands: eyes, kelp floats, knots of the bubbles
   1 strand: barnacles



Take out lines that still show, press face down, finish the hoop or sew a pillow.



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**6 inch hoop**

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.




| | | | | | |
|---|---|---|---|---|---|
| **1** | DMC 3811 Very Light Turquoise | **7** | DMC 931 Medium Antique Blue | **13** | DMC 939 Very Dark Navy Blue |
| **2** | DMC 598 Light Turquoise | **8** | DMC 930 Dark Antique Blue | **14** | DMC 3865 Winter White |
| **3** | DMC 597 Turquoise | **9** | DMC 932 Light Antique Blue | **15** | DMC 730 Very Dark Olive Green |
| **4** | DMC 3810 Dark Turquoise | **10** | DMC 3752 Very Light Antique Blue | **16** | DMC 734 Light Olive Green |
| **5** | DMC 3809 Very Dark Turquoise | **11** | DMC 3756 Ultra Very Light Baby Blue | | |
| **6** | DMC 3808 Ultra Very Dark Turquoise | **12** | DMC 3753 Ultra Very Light Antique Bl... | | |



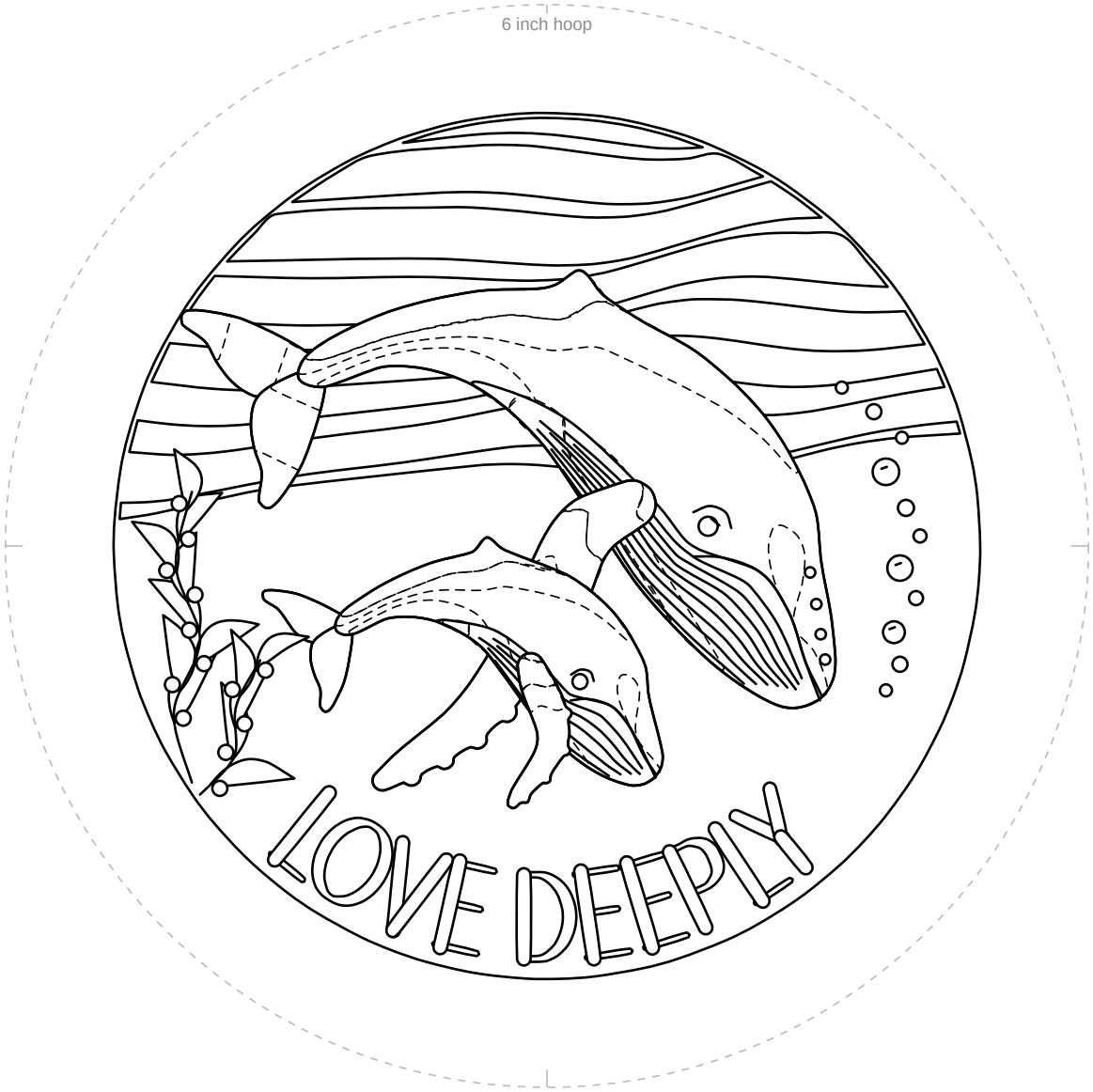
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# Love deeply

**6 inch hoop**

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.




**1 in**
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.



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