Love postage stamp with a heart

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.7 × 4.1 in (9.4 × 10.4 cm).



Which color goes where: by number on page 2.
Fabric: dark teal cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Stamp edge, heart rim, daisy petals, tulip petals, tulip heart, buds, bud cups, little heart, letters



2. **Long and short stitch**
   1 strand
   Heart



3. **Fishbone stitch**, 2 strands
   Folk leaves, leaves



4. **Back stitch**, 2 strands
   Inner frame

5. **Stem stitch**, 2 strands
   Folk stem, sprigs

6. **French knot**
   2 strands, two wraps
   Gold beads, daisy hearts



Floss

- **1 DMC 3865 Winter White**
  Stamp edge, letters, daisy petals and tulip heart
- **2 DMC 3822 Light Straw**
  Inner frame, gold beads and daisy hearts
- **3 DMC 351 Coral**
  Heart rim
- **4 DMC 3832 Medium Raspberry**
  Heart (light)
- **5 DMC 326 Very Dark Rose**
  Heart (dark)
- **6 DMC 309 Ultra Very Dark Rose**
  Heart (middle)
- **7 DMC 964 Light Seagreen**
  Leaves and folk leaves (lighter), folk stem
- **8 DMC 993 Very Light Aquamarine**
  Sprigs and bud cups, folk leaves (darker)
- **9 DMC 761 Light Salmon**
  Tulip petals
- **10 DMC 3814 Aquamarine**
  Leaves (darker)
- **11 DMC 352 Light Coral**
  Buds and little heart

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Love postage stamp with a heart

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3865 Winter White	5	DMC 326 Very Dark Rose	9	DMC 761 Light Salmon
2	DMC 3822 Light Straw	6	DMC 309 Ultra Very Dark Rose	10	DMC 3814 Aquamarine
3	DMC 351 Coral	7	DMC 964 Light Seagreen	11	DMC 352 Light Coral
4	DMC 3832 Medium Raspberry	8	DMC 993 Very Light Aquamarine		

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Love postage stamp with a heart

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Love postage stamp with a heart

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.