Mama in laurel

6 inch (15 cm) hoop, 4.9 × 4.8 in (12.4 × 12.2 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of pale blue cotton or linen.

An embroidery needle, size 9.

24 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   1 strand, colors 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24
   Leaves, bough, eggs, nest, tail, breast, flank, back, wing, head, throat



2. **Satin stitch**
   2 strands, colors 8, 12, 13, 15, 24
   Berries, nest hollow, brow, eye, bill, words



3. **Stem stitch**
   colors 4, 5, 12, 15, 20, 21, 22
   2 or 3 strands: wren legs
   1 to 3 strands: twigs in the nest
   2 strands: berry stalks, words
   1 strand: leaves, leaf stalks

4. **Straight stitch**
   1 strand, colors 14, 20, 21, 24
   Berry highlights, bars, eye highlight



5. **Split stitch**, 1 strand, color 17
   Eggs

6. **French knot**
   1 strand, two wraps, color 24
   Wing spots



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 319 Very Dark Pistachio Green	9	DMC 3031 Very Dark Mocha Brown	17	DMC 3848 Medium Teal Green
2	DMC 3346 Hunter Green	10	DMC 3781 Dark Mocha Brown	18	DMC 598 Light Turquoise
3	DMC 3347 Medium Yellow Green	11	DMC 841 Light Beige Brown	19	DMC 435 Very Light Brown
4	DMC 3348 Light Yellow Green	12	DMC 823 Dark Navy Blue	20	DMC 433 Medium Brown
5	DMC 469 Avocado Green	13	DMC 939 Very Dark Navy Blue	21	DMC 437 Light Tan
6	DMC 470 Light Avocado Green	14	DMC 160 Medium Gray Blue	22	DMC 738 Very Light Tan
7	DMC 890 Ultra Dark Pistachio Green	15	DMC 898 Very Dark Coffee Brown	23	DMC 842 Very Light Beige Brown
8	DMC 3790 Ultra Dark Beige Gray	16	DMC 3811 Very Light Turquoise	24	DMC 739 Ultra Very Light Tan

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Mama in laurel

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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Mama in laurel

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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