Mama grizzly bear and cub in a meadow

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.3 in (11.9 × 10.9 cm).



Which color goes where: by number on page 2.
Fabric: pale blue cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Long and short stitch**, 1 strand
   Mama fur, mama ears, mama head, mama muzzle, cub fur, cub ears, cub head, cub muzzle, meadow grass
2. **Satin stitch**, 2 strands
   Mama nose, mama eyes, cub nose, cub eyes, meadow grass, paintbrush, paintbrush leaves, lupine leaves, cub's flower stem, cub's flower
3. **Straight stitch**, strands by part on page 2
   Mama nose, mama eyes, cub nose, cub eyes
4. **Stem stitch**, strands by part on page 2
   Mama mouth, mama eyes, cub mouth, cub eyes, grasses, lupine stems, yarrow stems, paintbrush stems, cub's flower stem
5. **Fly stitch**, 2 strands
   Grass heads
6. **Lazy daisy stitch**, 3 strands
   Lupines
7. **French knot**
   strands by part on page 2, two wraps
   Yarrow, yarrow hearts

In a 6 inch hoop the shortest lazy daisy loops are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 433 Medium Brown**
  Mama fur, mama head and mama ears (middle dark), cub muzzle (dark) and 4 more parts
- **2 DMC 898 Very Dark Coffee Brown**
  Cub head, cub fur and cub ears (middle), mama fur (darkest) and 3 more parts
- **3 DMC 801 Dark Coffee Brown**
  Mama fur, mama ears and mama head (dark), cub head and cub fur (light) and 2 more parts
- **4 DMC 435 Very Light Brown**
  Mama head, mama fur and mama ears (middle light), cub muzzle (light), mama muzzle (dark)
- **5 DMC 437 Light Tan**
  Mama muzzle, mama head, mama fur and mama ears (light), cub muzzle (lightest)
- **6 DMC 738 Very Light Tan**
  Mama head, mama muzzle, mama fur and mama ears (lightest) and 2 more parts
- **7 DMC 3371 Black Brown**
  Mama nose and cub nose (darker), cub ears and cub fur (dark) and 5 more parts
- **8 DMC 3865 Winter White** Yarrow, mama eyes (light), cub eyes (lighter)
- **9 DMC 938 Ultra Dark Coffee Brown** Cub fur, cub head and cub ears (darkest)
- **10 DMC 3345 Dark Hunter Green** Meadow grass (dark), paintbrush stems
- **11 DMC 895 Very Dark Hunter Green** Meadow grass (darkest)
- **12 DMC 3346 Hunter Green** Meadow grass (middle), lupine stems
- **13 DMC 3347 Medium Yellow Green**
  Meadow grass (light), yarrow stems, lupine leaves (darker) and 3 more parts
- **14 DMC 3348 Light Yellow Green**
  Meadow grass (lightest), grass heads, grasses (lighter) and 2 more parts
- **15 DMC 340 Medium Blue Violet** Lupines (light)
- **16 DMC 3746 Dark Blue Violet** Lupines (middle)
- **17 DMC 333 Very Dark Blue Violet** Lupines (dark)
- **18 DMC 744 Pale Yellow** Yarrow hearts
- **19 DMC 349 Dark Coral** Paintbrush and cub's flower (dark)
- **20 DMC 351 Coral** Paintbrush and cub's flower (middle)
- **21 DMC 352 Light Coral** Paintbrush and cub's flower (light)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 433 Medium Brown	**8**	DMC 3865 Winter White	**15**	DMC 340 Medium Blue Violet
2	DMC 898 Very Dark Coffee Brown	**9**	DMC 938 Ultra Dark Coffee Brown	**16**	DMC 3746 Dark Blue Violet
3	DMC 801 Dark Coffee Brown	**10**	DMC 3345 Dark Hunter Green	**17**	DMC 333 Very Dark Blue Violet
4	DMC 435 Very Light Brown	**11**	DMC 895 Very Dark Hunter Green	**18**	DMC 744 Pale Yellow
5	DMC 437 Light Tan	**12**	DMC 3346 Hunter Green	**19**	DMC 349 Dark Coral
6	DMC 738 Very Light Tan	**13**	DMC 3347 Medium Yellow Green	**20**	DMC 351 Coral
7	DMC 3371 Black Brown	**14**	DMC 3348 Light Yellow Green	**21**	DMC 352 Light Coral

How many strands

Straight stitch. 2 strands: mama eyes, cub eyes; 1 strand: mama nose, cub nose.
Stem stitch. 3 strands: lupine stems, paintbrush stems, cub's flower stem; 2 strands: mama mouth, cub mouth; 1 or 2 strands: yarrow stems; 1 strand: mama eyes, cub eyes, grasses.
French knot. 2 strands: yarrow; 1 strand: yarrow hearts.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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