Petal mandala

6 inch (15 cm) hoop, 5 × 5 in (12.7 × 12.7 cm)



Colors by number: page 2.
Fabric: blush pink cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of blush pink cotton or linen.

Embroidery needles, size 9, and size 3 for 4 or 5 strands.

5 colors of floss (page 2): 2 skeins of DMC 939; one of each other color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Satin stitch**
   2 strands, colors 1, 3, 4
   Outer petals, middle petals, inner petals, buds, rosette



2. **Back stitch**, 1 strand, color 2
   Echo lines

3. **Split stitch**, color 2
   4 strands: petal veins, inner petals outline
   5 strands: outer petals outline, middle petals outline
   3 strands: bud outline

4. **Stem stitch**, color 2
   3 strands: bud stems, scalloped line, heart ring
   2 strands: tendrils

5. **French knot**
   2 strands, two wraps, colors 3, 5
   Tendril knots, edge knots, heart knots, tip knots



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1 DMC 336 Navy Blue
2 DMC 939 Very Dark Navy Blue
3 DMC 931 Medium Antique Blue
4 DMC 932 Light Antique Blue
5 DMC 729 Medium Old Gold

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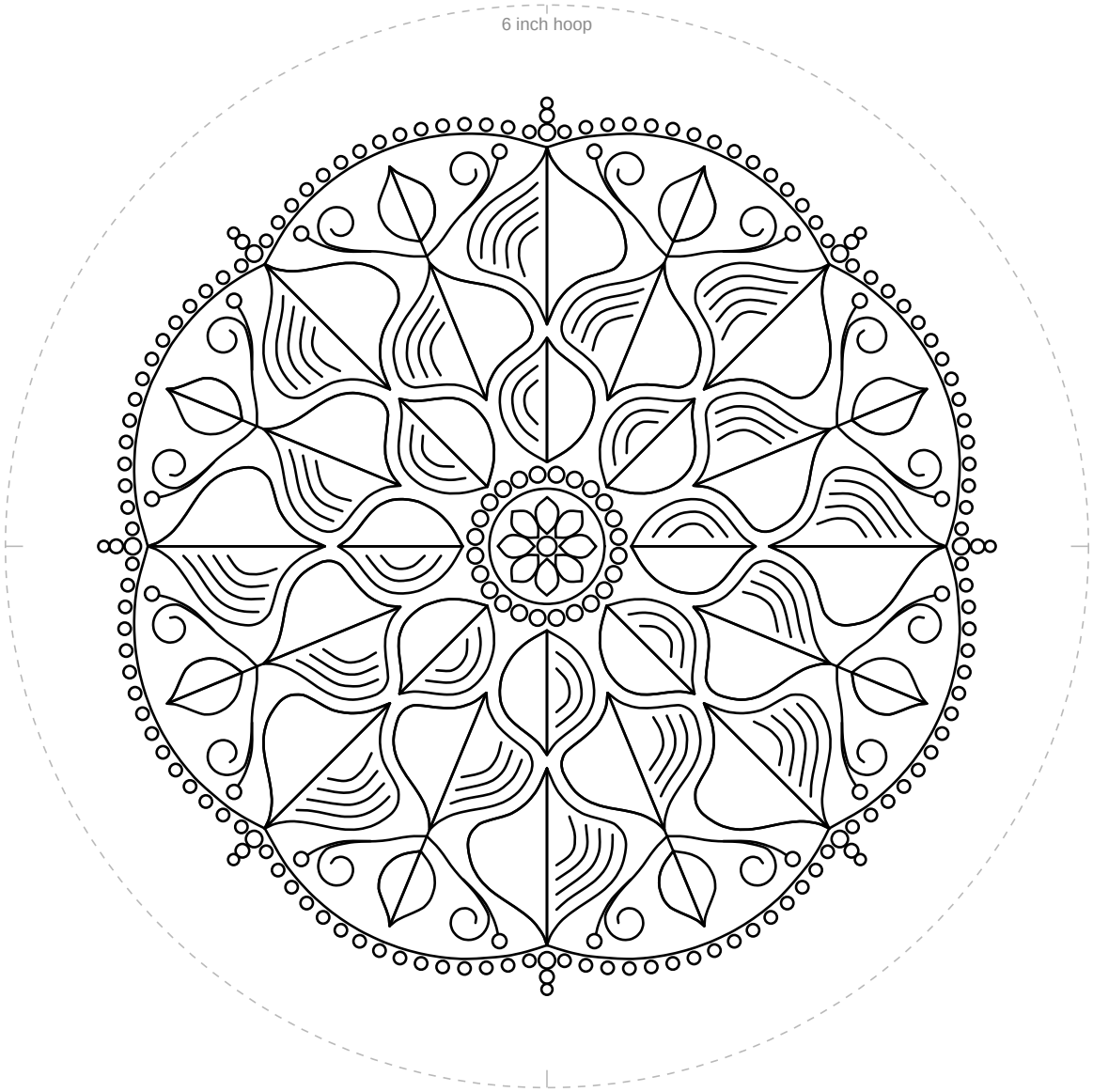
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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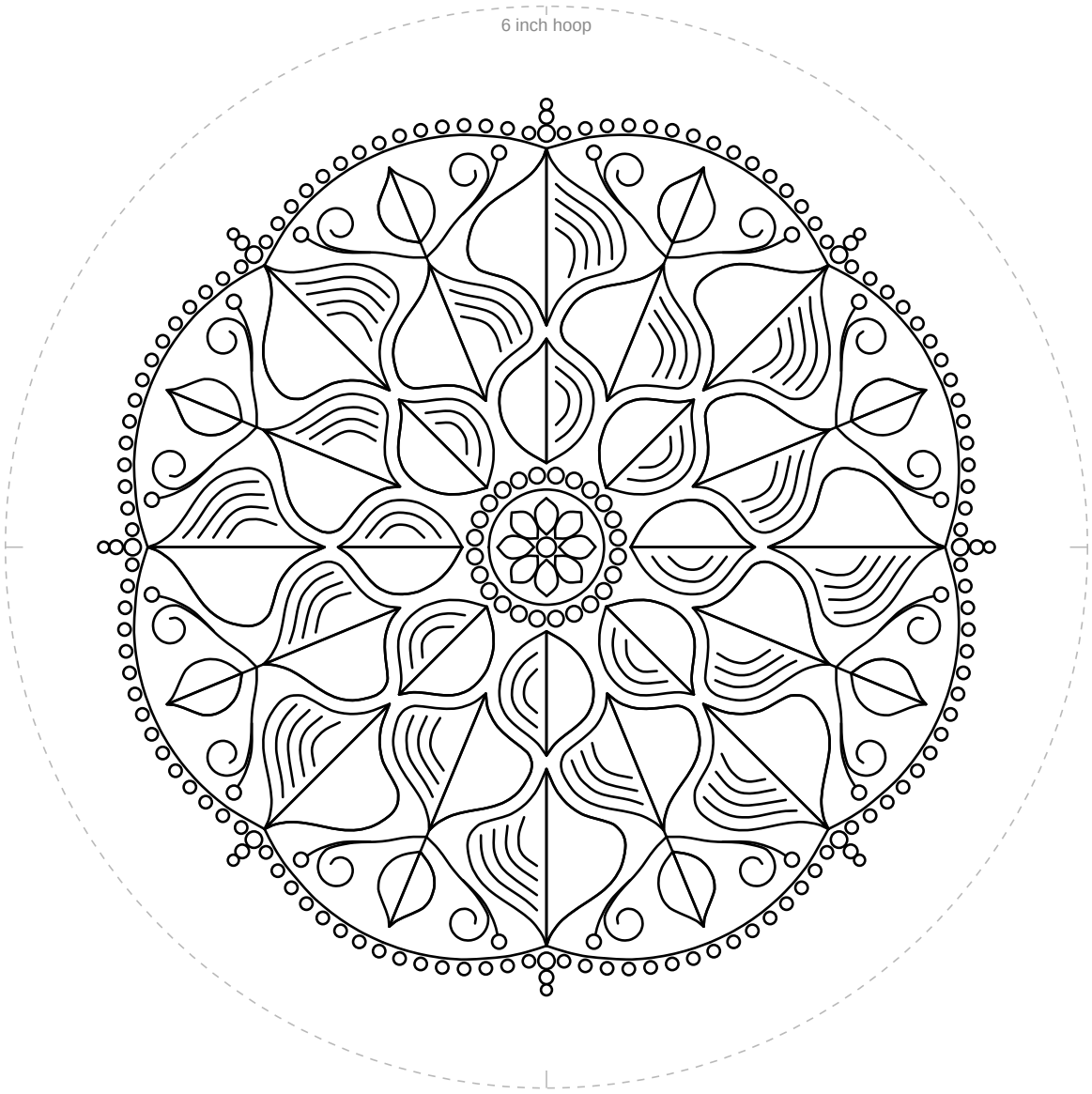
6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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