Medieval heraldic devices sampler

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.5 × 3.5 in (8.9 × 8.9 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Woven filling stitch**, 2 strands
   Cloth squares
2. **Padded satin stitch**, 2 strands
   Frame, lion's paw, fleur-de-lis, fleur band, rose petals, petal rims, inner petals, rose heart, clapper, bell loop, bell, bell bands, and 6 more
3. **Satin stitch**, 2 strands
   Claws, paw pads, rose leaves, arrow slits, doorway, door
4. **Couching**, strands by part on page 2
   Dividing cords, frame cords, cord edges, lion's paw, bell, shell lines, tower
5. **Split stitch**, strands by part on page 2
   Paw lines, bell lines, shell lines, star lines
6. **Straight stitch**, 2 strands
   Tower stones, door straps
7. **French knot**
   strands by part on page 2, two wraps
   Corner studs, rose heart, door knob

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 3777 Very Dark Terra Cotta**
  Cloth squares (darker), rose petals, door and paw pads
- **2 DMC 312 Very Dark Baby Blue**
  Cloth squares (lighter), tower (darker)
- **3 DMC 3820 Dark Straw**
  Frame, fleur-de-lis and key, lion's paw and dividing cords (lighter) and 11 more parts
- **4 DMC 3371 Black Brown**
  Cord edges, frame cords and star lines, dividing cords (darker) and 3 more parts
- **5 DMC 712 Cream**
  Shell, fleur band, claws and tower stones, star and tower (lighter) and 2 more parts
- **6 DMC 782 Dark Topaz**
  Shell lines and lion's paw (darker)
- **7 DMC 3362 Dark Pine Green**
  Bell (darker), rose leaves
- **8 DMC 3830 Terra Cotta**
  Petal rims and inner petals

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker’s carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen’s packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3777 Very Dark Terra Cotta	**4**	DMC 3371 Black Brown	**7**	DMC 3362 Dark Pine Green
2	DMC 312 Very Dark Baby Blue	**5**	DMC 712 Cream	**8**	DMC 3830 Terra Cotta
3	DMC 3820 Dark Straw	**6**	DMC 782 Dark Topaz		

How many strands

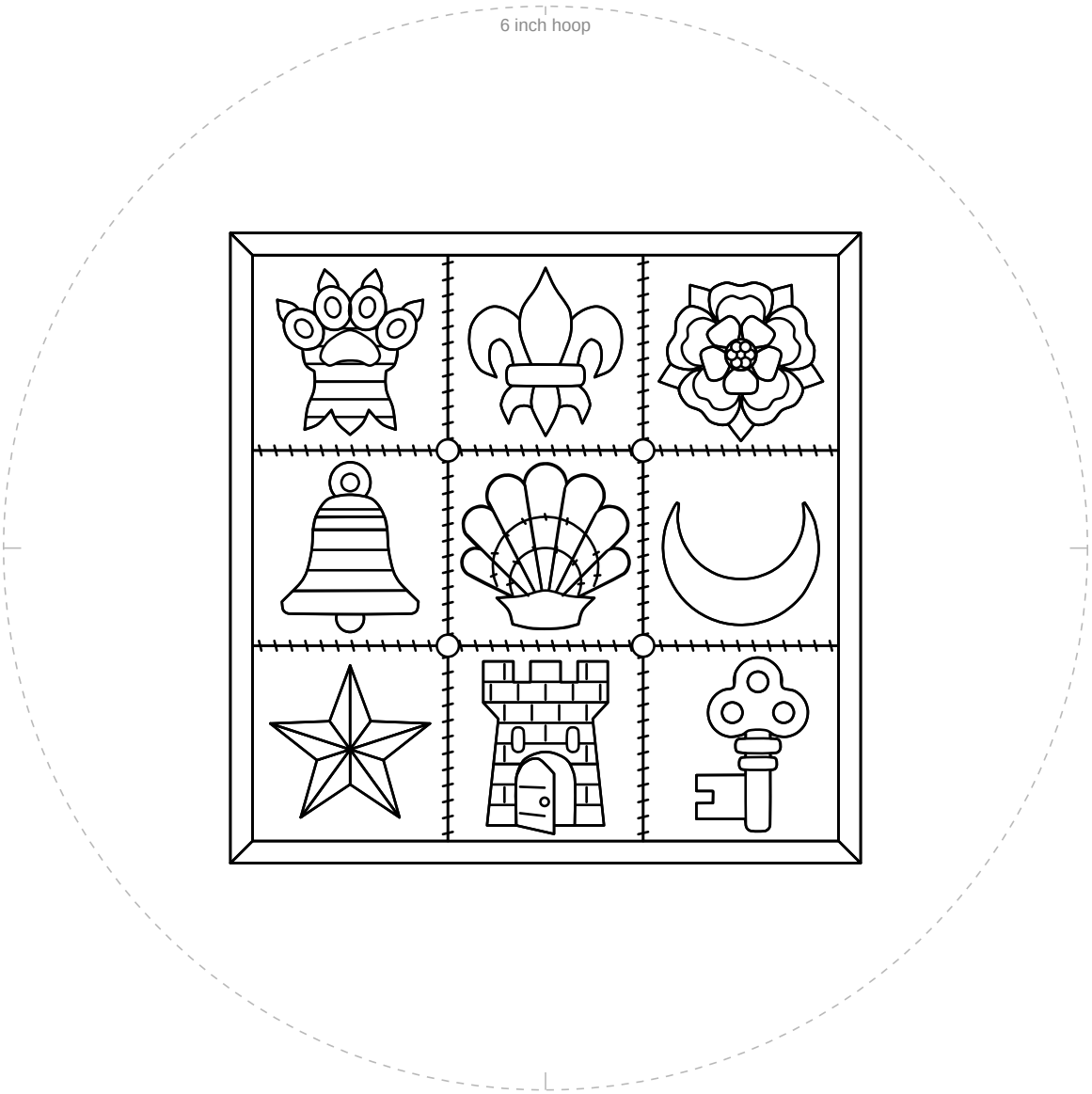
Couching. 6 strands: dividing cords, frame cords; 2 or 3 strands: cord edges; 2 strands: lion's paw, bell, shell lines, tower.
Split stitch. 2 strands: paw lines, shell lines; 1 or 2 strands: bell lines; 1 strand: star lines.
French knot. 2 strands: corner studs, rose heart; 1 strand: door knob.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

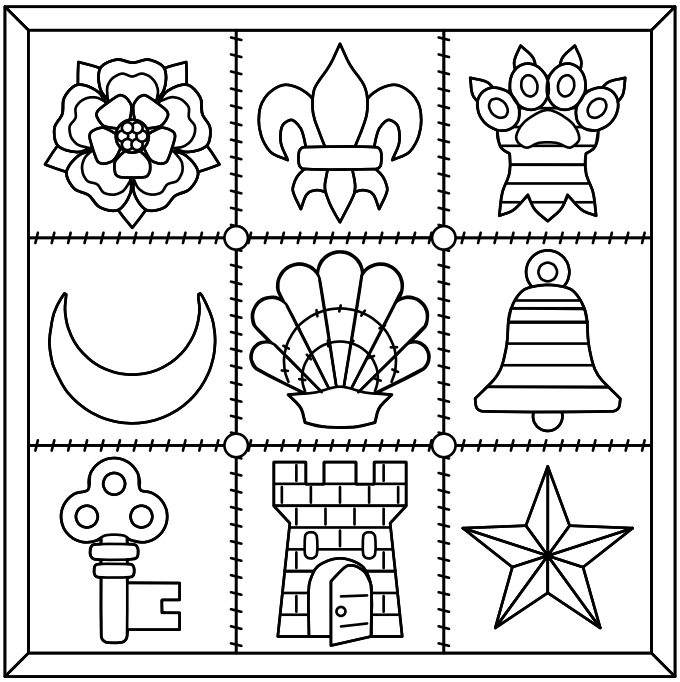
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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.

6 inch hoop



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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