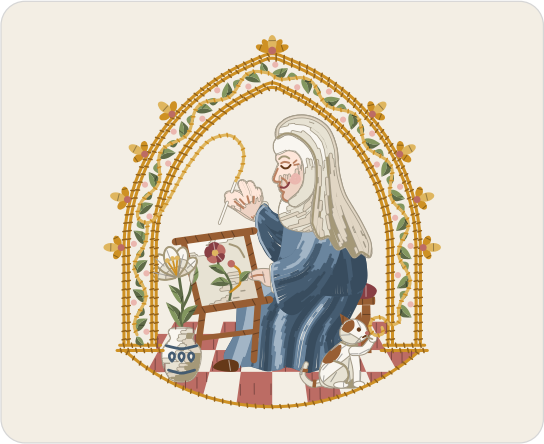
Medieval nun at her needlework

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.3 × 4.8 in (10.9 × 12.2 cm).



Which color goes where.

Stitches

- **Satin stitch**, 2 strands
  Floor tiles, stool, cushion, cuffs, shoe, frame, little work, hands, cat paws, cat ears, cat patches, crockets, finial
- **Split stitch**, 1 to 2 strands
  Hands, finger lines, habit, linen, wimple, face, profile, cheek, brow, eye, eye lid, laugh lines, smile, veil, veil edge, petal edges, jar, cat lines
- **Stem stitch**, 2 to 3 strands
  Habit edges, little work, lily stem, jar bands
- **Fishbone stitch**, 2 strands
  Little work, lily leaves, lily buds, leaves
- **French knot**, 1 to 2 strands, two wraps
  Little work, lily stamens, cat face, berries, crocket knots
- **Back stitch**, 1 strand
  Little work
- **Straight stitch**, 1 to 2 strands
  Laugh lines, needle, lily stamens, whiskers, cat face
- **Long and short stitch**, 1 strand
  Lily petals, cat
- **Lazy daisy stitch**, 2 strands
  Jar flowers
- **Couching**, 4 to 6 strands
  Arch, floor edge, vine

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **DMC 3722 Medium Shell Pink**
  Floor tiles and crocket knots, little work (shade 3 of 7), cat face (lighter)
- **DMC 434 Light Brown** Frame, stool, cat patches and cat ears
- **DMC 221 Very Dark Shell Pink**
  Cushion and smile, little work (shade 1 of 7)
- **DMC 948 Very Light Peach** Face and hands (light)
- **DMC 407 Dark Desert Sand**
  Profile, finger lines, laugh lines and eye lid, hands and face (dark)
- **DMC 950 Light Desert Sand** Face and hands (middle)
- **DMC 822 Light Beige Gray**
  Linen, wimple, cat and lily petals (middle), veil and jar (light) and 2 more parts
- **DMC 3750 Very Dark Antique Blue** Habit (darkest)
- **DMC 930 Dark Antique Blue** Habit (dark), jar bands and jar flowers
- **DMC 931 Medium Antique Blue** Habit (light)
- **DMC 932 Light Antique Blue** Habit (lightest), habit edges
- **DMC 801 Dark Coffee Brown** Shoe and eye, cat face (darker)
- **DMC 3033 Very Light Mocha Brown**
  Veil, linen, jar, wimple and lily petals (dark), veil edge (lighter)
- **DMC 3865 Winter White**
  Wimple, cat, lily petals and linen (light), jar and veil (lightest), cat paws and needle
- **DMC 3362 Dark Pine Green**
  Leaves and lily leaves (darker), little work (shade 2 of 7), lily stem
- **DMC 783 Medium Topaz**
  Arch and floor edge (lighter), vine, crockets and finial (darker) and 2 more parts
- **DMC 3364 Pine Green**
  Leaves and lily leaves (lighter), little work (shade 4 of 7), lily buds (darker)
- **DMC 3820 Dark Straw**
  Vine, crockets, finial and lily stamens (lighter), little work (shade 7 of 7)
- **DMC 642 Dark Beige Gray**
  Veil and jar (darkest), petal edges and cat lines, veil edge (darker) and 4 more parts
- **DMC 224 Very Light Shell Pink** Berries and cheek
- **DMC 780 Ultra Very Dark Topaz** Arch and floor edge (darker)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF.

Medieval nun at her needlework

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Medieval nun at her needlework

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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