Medieval Slavic ornament with two birds

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 5 in (11.9 × 12.7 cm).



Which color goes where: by number on page 2.
Fabric: navy cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Leaves, finials
2. **Satin stitch**, 2 strands
   Branches, berries, finials, tree stem, straps, drops, bloom, clasps, legs, crests, thighs, collars, tail coverts, eyes, cheeks, beaks, and 2 more
3. **Long and short stitch**, 1 strand
   Body
4. **Couching**, 2 to 3 strands
   Gold edges
5. **Straight stitch**, 4 strands
   Toes
6. **Stem stitch**, strands by part on page 2
   Crests, gold edges, wing spirals
7. **Back stitch**, 1 strand
   Breast scales
8. **French knot**
   strands by part on page 2, two wraps
   Pearls, eye lights

Floss

- **1 DMC 3345 Dark Hunter Green**
  Leaves (darker), finials (dark)
- **2 DMC 471 Very Light Avocado Green**
  Leaves (lighter), finials (light)
- **3 DMC 470 Light Avocado Green**
  Branches and tree stem
- **4 DMC 349 Dark Coral**
  Flight feathers and bloom (dark), wing shoulders (darker), thighs and 7 more parts
- **5 DMC 3820 Dark Straw**
  Gold edges, collars and crests (lighter), legs, beaks and toes, clasps (darker)
- **6 DMC 782 Dark Topaz** Gold edges (darker)
- **7 DMC 3810 Dark Turquoise**
  Straps, flight feathers (middle), wing shoulders (lighter)
- **8 DMC 3865 Winter White** Pearls and eye lights
- **9 DMC 598 Light Turquoise**
  Flight feathers (light), bloom (middle)
- **10 DMC 3822 Light Straw**
  Wing spirals, clasps (lighter), bloom (light)
- **11 DMC 739 Ultra Very Light Tan** Body (middle)
- **12 DMC 422 Light Hazelnut Brown** Body (dark)
- **13 DMC 712 Cream** Body (light), tail coverts (lighter)
- **14 DMC 3045 Dark Yellow Beige** Breast scales
- **15 DMC 939 Very Dark Navy Blue** Eyes

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3345 Dark Hunter Green	**6**	DMC 782 Dark Topaz	**11**	DMC 739 Ultra Very Light Tan
2	DMC 471 Very Light Avocado Green	**7**	DMC 3810 Dark Turquoise	**12**	DMC 422 Light Hazelnut Brown
3	DMC 470 Light Avocado Green	**8**	DMC 3865 Winter White	**13**	DMC 712 Cream
4	DMC 349 Dark Coral	**9**	DMC 598 Light Turquoise	**14**	DMC 3045 Dark Yellow Beige
5	DMC 3820 Dark Straw	**10**	DMC 3822 Light Straw	**15**	DMC 939 Very Dark Navy Blue

How many strands

Stem stitch. 3 strands: wing spirals; 2 strands: crests; 1 strand: gold edges.
French knot. 2 strands: pearls; 1 strand: eye lights.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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