# Mexican dress yoke with bright flowers

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.2 × 4.1 in (10.7 × 10.4 cm).



Which color goes where: by number on page 2.

## Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Leaves
2. **Satin stitch**, 2 strands
   Buds, bud tips, bud cups, corner bloom rims, corner bloom petals, corner bloom inner petals, flower hearts, daisy petals, tail feathers, and 17 more
3. **Stem stitch**, strands by part on page 2
   Dress lines, branches, daisy petal rims, gift buds, skirt gathers
4. **Straight stitch**, 3 strands
   Feet
5. **Chain stitch**, strands by part on page 2
   Skirt hem, yoke seam, sleeve hem, neck edge
6. **French knot**
   strands by part on page 2, two wraps
   Heart knots, wing knots, eyes

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

## Floss

- **1 DMC 3845 Medium Bright Turquoise**
  Body, dress lines, skirt gathers, neck edge, skirt hem, yoke seam and sleeve hem
- **2 DMC 699 Green**
  Branches, bud cups and gift buds, leaves (darker)
- **3 DMC 704 Bright Chartreuse**
  Leaves (lighter)
- **4 DMC 970 Light Pumpkin**
  Center bloom rims, daisy petal rims (lighter), daisy petals (middle) and 9 more parts
- **5 DMC 973 Bright Canary**
  Daisy petals (light), breast, flower hearts (lighter) and 6 more parts
- **6 DMC 3804 Dark Cyclamen Pink**
  Daisy petal rims (darker), center bloom petals and 8 more parts
- **7 DMC 3806 Light Cyclamen Pink**
  Corner bloom rims and tulip rim, bud tips (middle)
- **8 DMC 552 Medium Violet**
  Corner bloom petals and center bloom inner rims and 10 more parts
- **9 DMC 553 Violet**
  Wing feathers (lighter), bud tips (dark)

## Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.



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# Mexican dress yoke with bright flowers

**6 inch hoop**

## How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Begin with no knot on the back where it is seen and washed, as on a towel, a napkin or clothes; for a piece in a hoop a small knot is fine. End each thread by whipping it around the backs of four or five stitches, with one small hitch.

Each small ring is one French knot.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



**1** DMC 3845 Medium Bright Turquoise
**2** DMC 699 Green
**3** DMC 704 Bright Chartreuse
**4** DMC 970 Light Pumpkin
**5** DMC 973 Bright Canary
**6** DMC 3804 Dark Cyclamen Pink
**7** DMC 3806 Light Cyclamen Pink
**8** DMC 552 Medium Violet
**9** DMC 553 Violet

## How many strands

Stem stitch. 2 or 3 strands: dress lines, branches; 2 strands: gift buds, skirt gathers; 1 strand: daisy petal rims.
Chain stitch. 3 strands: skirt hem, yoke seam, neck edge; 2 strands: sleeve hem.
French knot. 2 strands: heart knots, wing knots; 1 strand: eyes.



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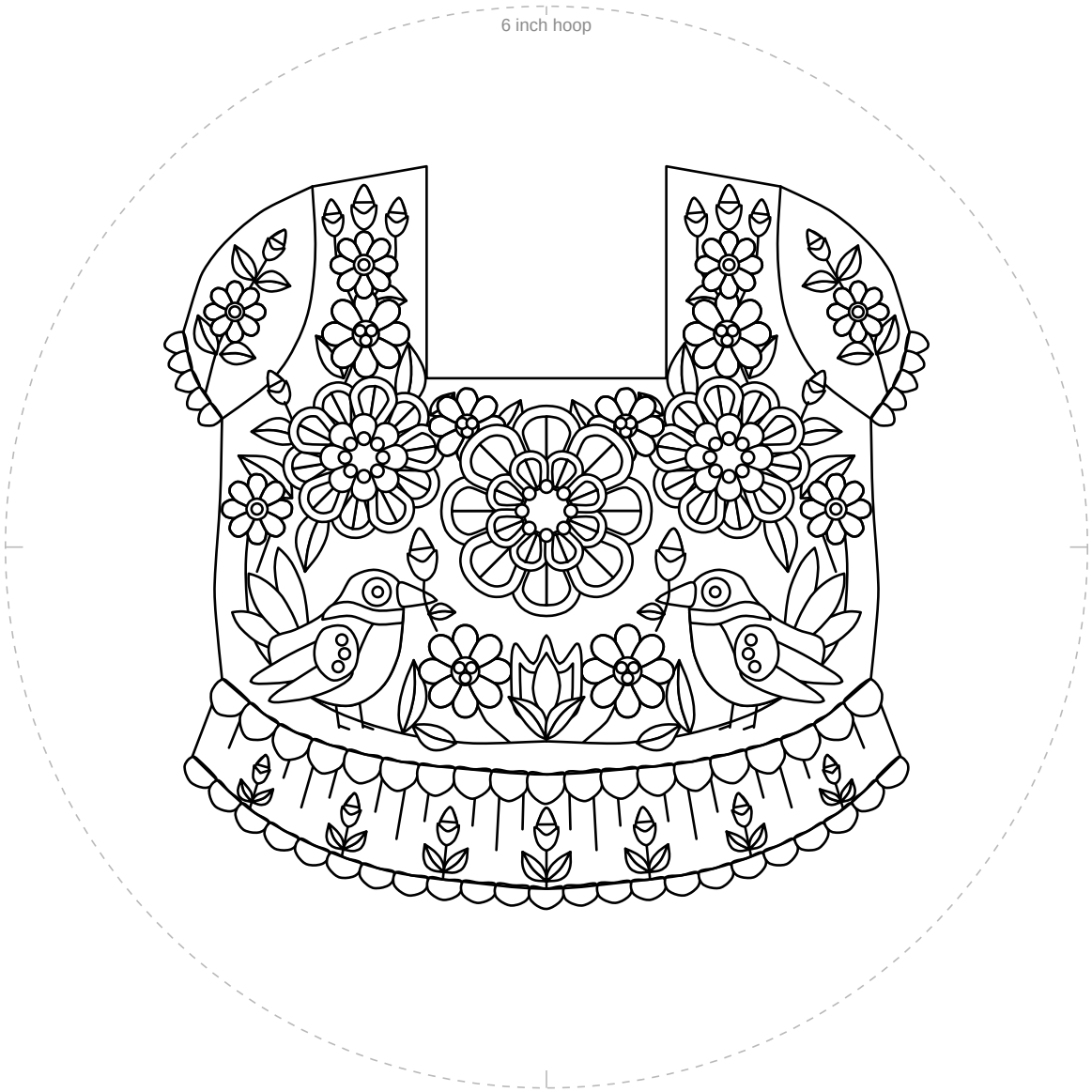
**6 inch hoop**

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.




**1 in**
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.



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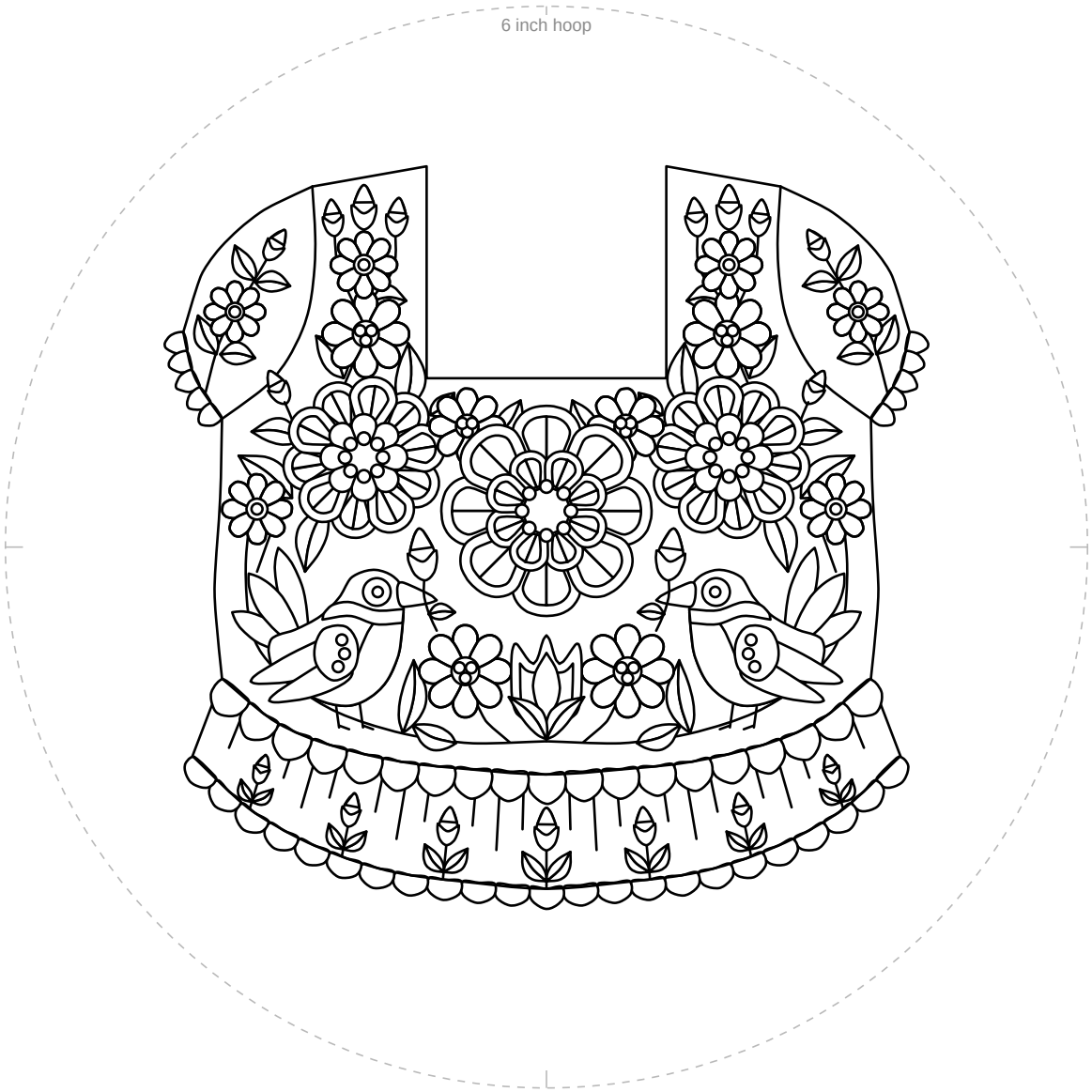
**6 inch hoop**

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.




**1 in**
25.4 mm

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